

Race Date
July 04, 2019

One Nation Under God Independence Day 5K

Age Group Results

5K Run

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Emily Roy	Sweetwater TN	2008	4	20:24.7	20:25.1	6:35/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Brent Bueche	Maryville TN	2025	1	18:03.7	18:05.1	5:50/M

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Age Group Results

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Female 12 and Under

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Bella Hicks	Sweetwater TN	2145	53	28:29.4	28:30.8	9:11/M
2	Lily Cleveland	Sweetwater TN	2047	63	29:52.5	30:02.0	9:38/M
3	Avery Yates	Tellico Plains TN	2049	138	52:37.6	52:53.7	16:59/M
4	Julie Larson	Madisonville TN	2107	139	52:38.0	52:53.7	16:59/M

Male Age 12

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Jeremy Larson	Madisonville TN	2106	129	47:51.3	47:59.5	15:26/M
2	Luke Larson	Madisonville TN	2105	130	47:55.3	47:59.5	15:28/M

Female 13 to 18

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Kennisha Jackson	Sweetwater TN	2043	52	28:28.3	28:29.2	9:11/M
2	Emily McDowell	Okemah OK	2140	59	29:39.5	29:45.5	9:34/M
3	Lauren McDowell	Okemah OK	2139	69	30:29.1	30:35.5	9:50/M
4	Eria Horton	Sweetwater TN	1248	77	31:33.7	31:47.1	10:11/M
5	Brooke Talley	Tellico Plains TN	2091	85	32:46.6	32:52.2	10:34/M
6	Sarah Davis	Vonore TN	2745	112	40:23.3	40:47.8	13:02/M

Male 13 to 18

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Will Vance	Madisonville TN	2740	3	20:08.0	20:09.5	6:30/M
2	Ben Pina	Sweetwater TN	4334	5	20:36.1	20:37.1	6:39/M
3	Jacob McDaniel	Euharlee GA	1246	9	21:27.7	21:28.9	6:55/M
4	Dalton Merrell	Tellico Plains TN	2089	12	22:02.7	22:02.7	7:07/M
5	Trevor Connatser	Lithia FL	1516	17	22:52.4	22:53.5	7:23/M
6	Adam Jones	Madisonville TN	2034	22	23:20.9	23:26.2	7:32/M
7	Caleb Cain	Tellico Plains TN	2038	37	24:47.9	24:52.8	8:00/M
8	Christian Hardiman	Lithia FL	2040	86	32:47.4	32:56.3	10:35/M
9	Evan Baker	Harrison TN	2135	107	38:44.5	38:50.8	12:30/M

Female 19 to 29

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Mandalyn McNabb	Philadelphia TN	1241	38	25:12.3	25:20.8	8:08/M
2	April Freeman	Kingston TN	2147	45	26:57.6	26:57.6	8:42/M
3	Angie Duncan	Dekalb IL	2056	46	27:01.0	27:12.6	8:43/M
4	Rachelle Frye	Sweetwater TN	2057	49	27:30.9	27:36.1	8:53/M
5	Madison McWilliams	Etowah TN	2035	58	29:30.8	29:34.8	9:31/M
6	Hannah Walker	Powell TN	2738	68	30:28.9	30:36.5	9:50/M
7	Jessie Pedersen	Chattanooga TN	1247	88	33:07.9	33:17.0	10:41/M
8	Samantha Shope	Sweetwater TN	1500	92	34:03.2	34:19.2	10:59/M
9	Destiny Plemons	Sweetwater TN	4335	93	34:11.4	34:22.7	11:02/M
10	Hannah Foust	Knoxville TN	1237	103	37:32.7	37:42.4	12:07/M
11	Katie Morris	Loudon TN	2033	106	38:31.5	38:37.7	12:26/M
12	Danica Proulx	Tellico Plains TN	2748	116	42:49.9	42:55.5	13:49/M
13	Samantha Hall	Okemah OK	2136	117	43:20.1	43:27.1	13:59/M
14	Kathryn McDowell	Okemah OK	2137	118	43:27.6	43:34.3	14:01/M
15	Sarah Pedersen	Chattanooga TN	1245	122	45:59.7	46:09.3	14:50/M
16	Kara Day	Cleveland TN	2092	127	47:19.6	47:40.4	15:16/M
17	Deadra Plemons	Sweetwater TN	4336	133	48:45.7	48:57.2	15:44/M
18	Selah Luke	Madisonville TN	2749	142	53:43.8	54:07.3	17:20/M
19	Kindra Loreda	Sweetwater TN	1960	146	56:28.0	56:40.2	18:13/M

Male 19 to 29

								-----Total-----
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace	
1	Peyton Harris	Tellico Plains TN	2039	8	21:23.5	21:28.1	6:54/M	
2	Sonny Clough	Madisonville TN	1517	18	22:54.6	22:57.5	7:23/M	
3	Jacob Lauth	Sweetwater TN	2150	26	23:52.2	23:57.0	7:42/M	
4	Benjamin Shope	Sweetwater TN	1503	55	28:52.7	29:08.2	9:19/M	
5	Patrick McDowell	Okemah OK	2138	60	29:39.9	29:45.4	9:34/M	
6	Trae Horton	Sweetwater TN	1249	61	29:43.2	29:56.7	9:35/M	
7	Dakota Walker	Powell TN	2739	65	30:15.0	30:22.6	9:45/M	
8	James Best	Madisonville TN	1574	81	32:09.3	32:28.5	10:22/M	
9	Kurt Cannon	Sweetwater TN	2023	83	32:21.8	32:32.2	10:26/M	
10	Jonathan Baldelomar	Athens TN	2726	95	34:54.5	35:00.8	11:16/M	
11	Andrew Bivens	Madisonville TN	2729	96	35:02.1	35:16.3	11:18/M	
12	Taylor Morris	Loudon TN	2032	105	38:31.2	38:38.4	12:26/M	

Female 30 to 39

								-----Total-----
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace	
1	Cory Wood	Knoxville TN	2097	19	22:56.1	22:58.6	7:24/M	
2	Kacy Weigle	Lenoir City TN	2027	25	23:46.4	23:50.0	7:40/M	
3	Nancy Jones	Madisonville TN	1234	35	24:35.5	24:40.9	7:56/M	
4	Amanda Bowman	Etowah TN	2730	42	26:30.5	26:34.5	8:33/M	
5	Jaclyn Cleveland	Sweetwater TN	2046	64	29:52.8	30:02.6	9:38/M	
6	Brett Foster	Knoxville TN	4326	72	30:55.9	31:04.0	9:59/M	
7	Danielle Whaley	Sweetwater TN	1233	75	31:22.1	31:35.4	10:07/M	
8	Mindy Kessler	Athens TN	2085	78	31:38.0	31:50.9	10:12/M	
9	Kelly Switzer	Maryville TN	2728	79	31:52.8	32:08.1	10:17/M	
10	Audrey Yorke	Coalville UT	2727	80	31:52.9	32:08.3	10:17/M	
11	Tiffany Cannon	Sweetwater TN	2017	82	32:21.2	32:32.0	10:26/M	
12	Amber Stewart	Loudon TN	1487	89	33:20.9	33:27.1	10:45/M	
13	Kallie Bivins	Tellico Plains TN	2723	120	45:35.4	45:45.7	14:42/M	

Male 30 to 39

								-----Total-----
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace	
1	Bryan Freeman	Kingston TN	2146	2	19:44.3	20:00.5	6:22/M	
2	Richard Bettis	Sweetwater TN	4340	13	22:22.2	22:24.7	7:13/M	
3	Jason Frye	Sweetwater TN	2099	14	22:37.4	22:39.4	7:18/M	
4	Bobby McClure	Kingston TN	2149	20	23:06.5	23:23.8	7:27/M	
5	Lance Hamilton	Tellico Plains TN	2088	24	23:45.0	23:47.9	7:40/M	
6	Adam Hickey	Knoxville TN	2094	28	24:02.4	24:04.7	7:45/M	
7	Lyle Edixon	Knoxville TN	2731	32	24:23.6	24:33.3	7:52/M	
8	Quentin Brown	Sweetwater TN	1978	34	24:34.3	24:38.1	7:56/M	
9	Aaron Westfield	Sweetwater TN	2098	48	27:30.6	27:33.0	8:52/M	
10	Brad Abernathy	Tellico Plains TN	2734	50	27:40.4	27:44.5	8:56/M	
11	Dara Sarshuri	Madisonville TN	2116	51	27:49.7	27:53.1	8:59/M	
12	Roman Hamilton	Tellico Plains TN	2733	57	29:12.9	29:16.8	9:25/M	
13	Kyle Allmond	Loudon TN	2036	76	31:27.1	31:33.3	10:09/M	
14	Chris Waddell	Lenoir City TN	4332	98	36:08.2	36:17.4	11:39/M	
15	Tyler Blankenship	Sweetwater TN	1242	100	36:32.8	36:48.3	11:47/M	

Female 40 to 49

								-----Total-----
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace	
1	Lora Bolt	Loudon TN	2026	31	24:16.8	24:21.5	7:50/M	
2	Julie Tate	Loudon TN	4327	62	29:44.0	29:53.6	9:35/M	
3	Gina Dotson	Loudon TN	1240	71	30:54.4	31:03.7	9:58/M	
4	Jenette Keller	Madisonville TN	2741	73	30:58.4	31:04.9	10:00/M	
5	Tracie Kile	Sweetwater TN	2750	87	33:04.9	33:17.0	10:40/M	
6	Dawn Massey	Philadelphia TN	2030	90	33:39.1	33:45.0	10:51/M	
7	April Wright	Niota TN	1990	91	33:42.0	33:52.5	10:52/M	
8	Tina James-Waddell	Lenoir City TN	4331	94	34:34.3	34:43.2	11:09/M	
9	April Scott	Madisonville TN	2031	102	36:59.3	37:03.4	11:56/M	
10	Jennifer Bullard	Loudon TN	4333	104	38:14.3	38:24.0	12:20/M	
11	Evie Baker	Harrison TN	2134	108	38:49.3	38:55.9	12:31/M	
12	Casey MacKintosh	Loudon TN	4329	109	39:51.0	39:59.1	12:51/M	

Female 40 to 49

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
13	Judy Hicks	Sweetwater TN	2044	111	40:22.3	40:34.9	13:01/M
14	Elizabeth Green	Toccoa GA	2118	115	41:59.3	42:13.3	13:33/M
15	Felicia Powers	Tellico Plains TN	2744	121	45:35.6	45:46.0	14:42/M
16	Lisa Latham	Cleveland TN	2093	126	47:19.2	47:40.0	15:16/M
17	Amy Talley	Tellico Plains TN	2090	128	47:49.1	47:55.0	15:26/M
18	Lella Baker	Marlborough MA	2133	137	50:22.8	50:31.5	16:15/M
19	Meg Larson	Madisonville TN	2104	140	52:55.3	53:10.8	17:04/M
20	Paula Kopesky	Lenoir City TN	2142	141	53:43.4	54:06.9	17:20/M

Male 40 to 49

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Mike Taylor	Madisonville TN	2048	7	21:01.0	21:04.5	6:47/M
2	Scott MacKintosh	Loudon TN	4328	10	21:45.0	21:46.7	7:01/M
3	Jason Vance	Madisonville TN	1243	30	24:15.9	24:19.1	7:50/M
4	John Johnston	Englewood TN	1575	33	24:27.9	24:29.9	7:54/M
5	Richard Cox	Knoxville TN	1489	39	25:16.8	25:19.9	8:09/M
6	Chad Johnson	Tellico Plains TN	2100	40	25:30.4	25:34.9	8:14/M
7	Cb Houston	Philadelphia TN	2096	47	27:10.7	27:12.8	8:46/M
8	Eric Hicks	Sweetwater TN	2045	110	40:21.8	40:34.6	13:01/M
9	Don McDowell	Okemah OK	2042	135	50:16.7	50:24.9	16:13/M

Female 50 to 59

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Karen Leavitt	Hixson TN	2024	29	24:08.6	24:10.8	7:47/M
2	Trish Newsom	Soddy Daisy TN	2725	36	24:35.9	24:38.9	7:56/M
3	Kim Rucker	Athens TN	2735	43	26:45.1	26:49.2	8:38/M
4	Coleen Castle	Knoxville TN	2737	44	26:47.8	26:59.5	8:39/M
5	Kim Fry	Knoxville TN	1499	56	29:01.3	29:04.5	9:22/M
6	Kim Gage	Loudon TN	4324	66	30:22.6	30:31.7	9:48/M
7	Debbie Wilson	Sweetwater TN	2724	67	30:25.0	30:30.4	9:49/M
8	Bev Ford	Lenoir City TN	1250	99	36:22.5	36:34.9	11:44/M
9	Lea Watson	Sweetwater TN	2064	113	40:52.9	41:04.0	13:11/M
10	Debbie Carver	Athens TN	2117	124	46:18.2	46:34.8	14:56/M
11	Karen Barrios	Athens TN	2143	125	46:20.3	46:36.7	14:57/M
12	Cathy Ivens	Tellico Plains TN	2747	131	47:55.9	48:07.3	15:28/M
13	Tina Byrd	Tellico Plains TN	2086	132	47:56.8	48:07.7	15:28/M
14	Tracey Davis	Sweetwater TN	4330	145	56:26.3	56:38.4	18:12/M

Male 50 to 59

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Rodney Grugin	Lenoir City TN	2743	6	20:44.8	20:46.4	6:42/M
2	Mark D'Alessandro	Greenback TN	2742	11	21:47.9	21:49.5	7:02/M
3	Mike La Rue	Madisonville TN	4342	15	22:46.4	22:49.3	7:21/M
4	Johnny Pilkey	Tellico Plains TN	4341	21	23:08.8	23:14.0	7:28/M
5	Chris Knight	Maryville TN	1995	23	23:30.0	23:33.1	7:35/M
6	Mike Townsend	Sweetwater TN	1238	27	23:57.0	23:58.2	7:44/M
7	David Vestal	Sweetwater TN	2037	41	25:41.3	25:43.5	8:17/M
8	Scott Watson	Sweetwater TN	2095	54	28:46.8	28:57.8	9:17/M
9	Marty McCarter	Greenback TN	2746	74	31:07.1	31:11.4	10:02/M
10	Doug Ford	Lenoir City TN	4323	114	40:55.9	41:13.1	13:12/M

Female 60 to 69

-----Total-----							
Place	Name	City	Bib No	Overall	Chip Time	Gun Time	Pace
1	Kathleen Mahoney	Knoxville TN	2736	70	30:52.9	31:04.8	9:58/M
2	Dorothy Case	Lenoir City TN	2132	101	36:56.9	37:11.5	11:55/M
3	Rhonda Sarshuri	Loudon TN	2029	147	57:26.9	57:46.8	18:32/M

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5K Run

Male 60 to 69

-----Total-----							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Brett Ward	Sweetwater TN	1996	16	22:49.2	22:53.4	7:22/M
2	David Case	Lenoir City TN	2123	84	32:40.7	32:55.6	10:33/M
3	James Smothers	Philadelphiphiladelphia	1562	134	49:24.0	49:45.5	15:56/M
4	Hoss Sarshuri	Loudon TN	2028	148	57:28.2	57:48.0	18:32/M

Female 70 and Over

-----Total-----							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Cindy Brittingham	Loudon TN	1235	119	43:43.2	44:02.3	14:06/M
2	Lella Martin	Loudon TN	2041	136	50:19.6	50:28.0	16:14/M
3	Judith Schmid-Bielenberg	Loudon TN	1236	144	55:25.2	55:43.8	17:53/M

Male 70 and Over

-----Total-----							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Bill Lane	Loudon TN	2087	97	35:37.8	35:46.5	11:30/M
2	William Kelch	Knoxville TN	1244	123	46:07.5	46:25.6	14:53/M
3	Camille Barrios	Athens TN	2144	143	54:02.2	54:21.1	17:26/M