

Curriculum Vitae

SIOBHAN D. FLOWERS, M.A., M.Ed., LPC, NCC, CSC

EDUCATION

- In Progress* **Ph.D., Counselor Education & Supervision**
(CACREP accredited)
Texas A & M University - Commerce, Commerce, Texas
College of Education and Human Services
Department of Counseling, Psychology and Special Education
Specialization: Marriage and Family Counseling
- 2011 **Master of Education in Counseling (CACREP accredited)**
University of North Texas, Denton, Texas
College of Education
Department of Counseling & Higher Education
Specialization: Adolescent and Secondary School Counseling
- 2008 **Master of Arts in Communication**
University of Texas at Arlington, Arlington, Texas
College of Liberal Arts
Department of Communication

Thesis: Seeing is perceiving: The influence of race as a peripheral cue on the stereotypical perception of a spokesperson in an advertisement.
- 2000 **Bachelor of Arts in Journalism**
University of North Texas, Denton, Texas
College of Liberal Arts
Department of Journalism
Minor: Spanish

CREDENTIALS

Licensed Professional Counselor (LPC),
Texas Board of Examiners for Professional Counselors, #70087, 11/2012 – Present

National Certified Counselor (NCC),
National Board for Certified Counselors, #302024, 7/2012 - Present

Certified School Counselor (CSC),
Texas State Board for Educator Certification, (EC - 12), 2010 – Present

Certified Educator, Health (EC – 12) & English/Language Arts (4 – 8),
Texas State Board for Educator Certification, 2007 – Present

COUNSELING, TEACHING AND PROFESSIONAL EXPERIENCE

Professional Experience

- 6/2014 – Present **Clinical Counselor, Department of Counseling and Advising**
Tarrant County College – Southeast Campus, Arlington, Texas
- 8/2012 - Present **Adjunct Professor, Department of Academic Foundations**
Tarrant County College – Southeast Campus, Arlington, Texas
- 2/2011 - Present **Owner, Balanced Vision, LLC – Counseling, Coaching, Consulting**
Private Practice, Arlington, Texas
- 2/2016 - Present **Clinical Distance Counselor, BetterHelp.com**
Online Distance Counseling – Texas (Statewide)
- 6/2015 – 6/2016 **Clinical Counselor, Texas A & M University - Commerce**
Harold Murphy Counseling Center, McKinney, Texas
- 6/2012 - 6/2014 **Lead Counselor, Mansfield Lake Ridge High School**
Mansfield Independent School District, Mansfield, Texas
- 8/2010 - 6/2012 **Professional School Counselor, Southwest High School**
Fort Worth Independent School District, Fort Worth, Texas
- 1/2011 - 6/2011 **Practicum Clinical Counselor, University of North Texas**
UNT-Dallas, University Counseling Center, Dallas, Texas
- 6/2008 - 8/2010 **Faculty, University of Phoenix, Axia College**
Distance Learning, Online Campus: Phoenix, AZ
- 2/2007 - 8/2010 **Certified Secondary Educator (Health/ELA)**
Fort Worth Independent School District, Fort Worth, Texas
- 1/2001 - 1/2007 **News Anchor & Reporter / Marketing & Communication Specialist**
KRHD-TV ABC 34, Bryan, Texas / HealthMarkets, Hurst, Texas

COURSES TAUGHT

Tarrant County College

Fall 2012 – Present

STSC 0111 Transition to College Success

University of Phoenix, Axia College

Fall 2009 – Fall 2011

COM 155 University Composition and Communication I

Summer 2008 – Fall 2009

COM 140 Contemporary Business Communication

Fort Worth Independent School District

Spring 2007 – Summer 2010

English Language Arts

Health

REFEREED PRESENTATIONS AND INVITED TALKS

Regional and State

Flowers, S. D., Dancer, T.S. (2016, February). *From poverty to potential: Closing the achievement gap for low SES students*. Session accepted for presentation at Texas School Counselor Association - Annual Professional School Counselor Conference, Dallas, Texas.

Flowers, S. D. (2014, November). *Pinspiration: How counselors can use Pinterest to enhance their resources and actively engage clients*. Session accepted for presentation at Texas Counseling Association Annual Professional Growth Conference, Dallas, Texas.

Flowers, S. D. (2011, February). *Online Communities that Enhance the Social and Emotional Needs of Students*. Session accepted for presentation at Texas School Counselor Association Conference, Arlington, Texas.

District and Local

Flowers, S. D. (2016, July). Invited Radio Guest, *Mental Health in the Headlines*, Kimie-Simone Show, Fishbowl Radio Network, Arlington, Texas

Flowers, S. D. (2016, June). Invited Speaker, *Senior Mental Health Awareness Community Forum*, Como Community Center, Fort Worth, Texas.

Flowers, S. D. (2016, June). Invited Radio Guest, *Enhancing your love and life*, Kimie-Simone Show, Fishbowl Radio Network, Arlington, Texas

Flowers, S. D. (2016, June). *You can't pour from an empty cup: Self-Care for educators*. Three hour workshop provided to school counselors, school social workers, teachers and administrators. Professional development training presented at Arlington Independent School District, 2016 Summer Institute, Arlington, Texas.

Flowers, S. D., Dancer, T. S. (2015, April). *From poverty to potential: Closing the achievement gap for low SES students*. Session presented at Tarrant County College Scholastic Summit, Arlington, Texas.

Flowers, S. D. (2015, March). *Marshmallow challenge: Diversity and team building*. Session presented at Tarrant County College Ignite! Critical Thinking Conference, Arlington, Texas.

Flowers, S. D. (2015, January). *College admissions success*. Invited presentation for Seamless Pathways (Career and college readiness program) annual workshop series, Arlington, Texas.

Dancer, T. S., **Flowers, S. D.** (2014, November). *Academic etiquette: The keys to classroom and career success*. Invited presentation for Tarrant County College Student Leadership Academy. Arlington, Texas.

Flowers, S. D. (2014, November). *Marshmallow challenge: Diversity and team building*. Session presented at Tarrant County College 3rd Annual Business Conference, Arlington, Texas.

Flowers, S. D. (2014, October). *Presenting your best self*. Invited talk and consultation for the students of Tarrant County College Business Principles (BUSI 1301) course, Arlington, Texas.

Dancer, T. S., **Flowers, S. D.** (2014, September). *Academic etiquette: The keys to classroom and career success*. Invited presentation for Tarrant County College Learning Skills Week. Arlington, Texas.

Flowers, S. D. (2011, November). *No money? No problem! You CAN go to college*. Session accepted for presentation at iDream, iLearn, iWin Annual Family Summit, Fort Worth, Texas.

Flowers, S. D. (2010, January). *Evoke student learning with a VOKI*. Session accepted for presentation at Fort Worth Independent School District Technology Conference, Fort Worth, Texas.

Flowers, S. D. (2009, November). *Developing an effective mission and vision statement*. Workshop presented to faculty and staff at Fort Worth ISD Handley Middle School, Fort Worth, Texas.

Flowers, S. D. (2008, August). *Interventions for poverty in the classroom*. In-service training for faculty and staff at Fort Worth ISD, Handley Middle School, Fort Worth, Texas.

CONSULTATION PROJECTS

Flowers, S. D. (2016, July). *Career counseling in the high school setting*. Recorded video lecture for counseling students at The University of Texas at Tyler, Tyler, TX

Flowers, S. D., Hill, B. L., McCarthy, M. G. & Walker, D. (2015, May). *Program study: Family Promise of Collin County program evaluation report*. Commerce, TX: Texas A & M University - Commerce.

FUNDED GRANTS

2013 *Career Café – Connecting community professionals to student career interests in schools*. “We Can Choose” Mini-Grant Program Award, Mansfield ISD Education Foundation, \$250, PI.

HONORS, AWARDS AND RECOGNITIONS

National

Doctoral Fellow, National Board for Certified Counselors Minority Fellowship Program, \$20,000 stipend awarded (February, 2016)

Honorable Mention Winner of the 2015-2016 American Counseling Association Graduate Student Ethics Competition, Doctoral level, American Counseling Association (January 2016)

Featured Volunteer of the Month, National Board for Certified Counselors Foundation E-newsletter (November, 2015)

State and Regional

‘Academic Excellence’ medal, awarded by the department of Psychology, Counseling, and Special Education, Texas A&M University - Commerce (April, 2016)

Ruth Ann White Endowment, awarded by Texas A&M Commerce (\$1,000; 2015-2016)

McQuary Doctoral Endowment, awarded by Texas A&M Commerce (\$1,000; 2015-2016)

Dr. David A. Talbot, Sr. Fellowship Endowment, awarded by Texas A&M Commerce (\$1,000; 2015-2016)

Dr. Harold Murphy Memorial Scholarship, awarded by Texas A&M Commerce (\$500; 2016-2017; 2015-2016)

Funding Your Future Initiative, awarded by Texas A&M Commerce (\$500; 2016-2017; 2015-2016)

CREST Award, (Counselors Reinforcing Excellence for Students in Texas), awarded by the Texas School Counseling Association - first recipient in the history of Mansfield ISD (2014)

Superintendent recognition in honor of CREST state award, Mansfield ISD School Board (2014)

BLOSSOM “Planting Seeds” mentoring program, video featured on Fort Worth ISD’s website (2010)

“Best Radio Newscast” Southwestern Journalism Congress, KNTU-FM, (2000-01)

“Public Affairs Programming” Texas Intercollegiate Press Association, KNTU-FM (2000-01)

CONTINUING EDUCATION AND TRAINING (HIGHLIGHTS)

Racial Microaggressions: Implications for Counselors and Clients, Minority Behavioral Provider Network, August 2016

Working with African American Males in Schools, National Board for Certified Counselors Foundation, Innovations in Counseling: Working with Minority Populations Online webinar, August 2016

Boundaries and Power Differentials in Helping Relationships, National Board for Certified Counselors Foundation, Building Professional Excellence Online webinar, August 2016

Treating Mental Illness in Correctional Settings, Development Services Group Online, August 2016, Online webinar

2016 Mental Health Symposia, National Board for Certified Counselors Foundation, May 2016, Arlington, VA

Counseling Service Members and Veterans on Campus and Beyond, University Counseling Center Core Competency (UC4) Training, Center for Deployment Psychology, February 2016, Tarrant County College NW Campus

Trauma Impacted Children Thrive, 33rd Annual Murphy Day Continuing Education Conference, February 2016, Texas A & M University - Commerce

Ruth Ann White Day Continuing Education Conference, *Sexual Assaults on campus and in Today’s Society*, November 2015, TX A&M University – Commerce.

Preparing Counselors of Color, National Board for Certified Counselors Foundation (2015)

ASK About Suicide to Save a Life, Texas Suicide Prevention Council (2014)
Grief and Loss in Adolescents, Millwood Hospital (2012)

Brief Solution-Focused Counseling in Schools: Advanced Skills and Techniques,
American Counseling Association (ACA) Continuing Education Program (2012)

Defending the Rights and Safety of LGBTQ Students, FWISD Student Support Cont. Ed. (2012)

Bullying and Conflict: Recognizing the Differences, FWISD Student Support Cont. Ed. (2012)

Critical Incident Stress Management (CISM) Group Crisis Intervention, Critical Incident Stress
Foundation (2011)

PROFESSIONAL MEMBERSHIPS

International / National

American Counseling Association

American School Counseling Association

Chi Sigma Iota, Counseling Honor Society, Rho Kappa Chapter

State / Regional

Texas Counseling Association

Texas School Counseling Association

COMMUNITY INVOLVEMENT AND SERVICE

Service in Scholastic and Community Organizations:

Volunteer Interviewer, Master's Program Admissions Interview Taskforce (Fall 2015, Texas
A&M University- Commerce).

Volunteer Counselor, GiveAnHour.org, Offers free mental health services for U.S. military
personnel and families (2015 – present)

Master's Level Volunteer Mentor, National Board for Certified Counselors Foundation
Mentoring Program (2015 - present)

Registered Counselor, Open Path Psychotherapy Collective, offers affordable psychotherapy
services at a significantly reduced rate for equalized access to quality care

Attendee, Texas Counseling Association Advocacy Days, Texas State Capitol Building, Austin, TX (3/2015)

Advisory Committee Member, Business Joint Advisory Council, Tarrant County College, (2013)

Founder, BLOSSOM (Building Ladies to Overcome Social Stereotypes through Opportunity and Mentorship), a mentoring organization serving disadvantage adolescent girls (2010 - present)

Advisory Committee Member, Faculty Advisory Council, National Honor Society, Lake Ridge High School Chapter (2012)

Board Member, Fort Worth Sister Cities International, Inc. (2009)

President, Global Alumni Program, Fort Worth Sister Cities International (2009)

RESEARCH INTERESTS & PROJECTS

Increased access to preventative mental health care for marginalized and underserved populations; especially in K-12 and post secondary educational settings

Poverty-related stress management and coping skills

Mentoring disadvantaged youth

Mentoring beginner professional counselors

Multicultural issues in counseling

Development of counseling interventions for social and emotional barriers to academic achievement

Relationships among family structure, parental involvement and adolescent academic success

Secondary school counseling best practices

Counseling within urban education settings