

MODERN

Modern dance technique evolved from classical ballet creating movement structures that were new and innovative while keeping the “structure” which has been deemed so important in classical dance. Many of the current modern dance concepts we study and teach came from the ideas and innovations of 20th century modern dance, including floor work, balletic movements and turned-in legs. In class, students will experience specific techniques including: Horton, Limon, Graham, and Cunningham-esque, The students will learn to use the floor with their bodies as an extension to their stage. They will investigate new movement patterns and learn that nothing is basic. This technique will create strong, mindful dancers who will impress any audience.