

Riff is a step in which the ball of the foot strikes the floor with a swinging or brushing motion followed immediately with a striking of the heel on the same foot and then a heel on the opposite foot.

Wing is a movement in which the dancer springs in the air, scraping the outside of the foot, toes turned slightly inward, and then strikes the floor, by brushing inward as the foot returns and lands back together. Three sounds are made.

SINGLE= STEP

DOUBLE=FLAP

TRIPLE= SHUFFLE STEP

QUAD= SHUFFLE STEP HEEL

WALTZ CLOG TIME STEP (insert single, double, triple)

_____, SHUFFLE, BALLCHANGE , _____, SHUFFLE, BALLCHANGE

STOMP BUCK TIME STEP (insert single, double, triple, quad)

STOMP HOP _____ , _____ STEP STOMP

TRAVELING TIME STEP (insert single, double, triple, quad)

SHUFFLE, STEP, SHUFFLE, BALLCHANGE, BALLCHANGE, BRUSH, HOP,
_____, SHUFFLE, STEP