

From the book “Man Can Cook” for “The Saturday Herd”
By Robert Sturm

Italian Dressing

Ingredients:

1-Cup Vinegar
¾ Cup Water
½ Cup Organic or Raw Sugar
¼ Cup Parmesan Cheese
2 TB. Parsley Flakes, Dry
2 TB. Minced Garlic, dehydrated
1 TB. Basil Leaves, dry
1 TB. Oregano Leaves, dry
2 tsp. Lemon juice, fresh (about ½ lemon)
2 tsp. Hawaiian Sea Salt
1 tsp. Crushed Red Chili Flakes



Directions

Place all ingredients in a bottle and seal tightly. Shake the heck out of the bottle until mixed well. Keeps for 6 months, refrigerated. Use as desired.