



# Awakened Transitive Yoga Class Schedule

\$ 15 drop in      \$ 10 drop in\*  
 \$ 50 5-Pass      \$ 100 10-Pass  
 \$ 90 1-month unlimited  
 \$ 70 1-month unlimited\*  
 \*for people who has been  
 relocated from the Paradise area

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8.00 - 9.30							
9.30 - 11.00		Gentle Flow <i>Lynn</i>	Gentle Flow <i>Cheryl</i>	Gentle Flow <i>Cheryl</i>			
11.00 - 12.30	Gentle Flow <i>Lynn</i>		Gentle Flow <i>Lynn</i>				
3.00 - 4.30		Yin Flow <i>Lynn</i>		Yin Flow <i>Lynn</i>			
5.00 - 6.00					Restorative <i>Lynn</i>		
6.00 - 7.00	Power Flow <i>Kristy Nall</i>	Gentle Beginners <i>Ellen</i>	Cellular Fusion <i>Julia</i>	Gentle Beginners <i>Ellen</i>			Stretch & Roll <i>Skyler</i>

you will find the schedule on our website  
[awakenedyogainchico.com](http://awakenedyogainchico.com)

Please contact for any question & further information:  
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