

**Anthony Dissen, MPH, MA, RDN, CPH**

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**FORMAL EDUCATION**

- 2019-Present      **Doctor of Education**, Organizational Leadership  
Stockton University, Galloway, NJ  
*Expected Degree Completion:* December 2022
- 2016-2018      **Master of Public Health**, Public Health Nutrition Concentration  
University of Massachusetts-Amherst, Amherst, MA  
**Capstone Title:** Public Health Consequences of Conflicts of Interest within the Academy of Nutrition and Dietetics
- 2012-2014      **Master of Arts**, Holistic Health Studies  
Georgian Court University, Lakewood, NJ  
**Thesis Title:** Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study
- 2008-2009      **Post-Baccalaureate Certificate**, Dietetic Internship  
University of Medicine and Dentistry of New Jersey, Scotch Plains, NJ
- 2004-2008      **Bachelor of Science (Cum Laude)**, Nutritional Sciences – Dietetics Option  
Rutgers, The State University of New Jersey, New Brunswick, NJ

**CREDENTIALS, LICENSES, AND CERTIFICATIONS**

- 2020-Present      Certified in Public Health, National Board of Public Health Examiners  
Registration Number – 17184
- 2009-Present      Registered Dietitian Nutritionist, Commission on Dietetic Registration  
Registration Number – 980247

**PROFESSIONAL CONTINUING EDUCATION AND CERTIFICATIONS**

- 2021      **Digital Certificate:** Narrative-Based Medicine: An Introduction to Reading, Writing, and Reflecting in Clinical Practice and Self-Care – University of Toronto Faculty of Medicine
- 2020      **Continuing Education Course:** Reversing Type 2 Diabetes & Insulin Resistance with Lifestyle Medicine Program – American College of Lifestyle Medicine
- 2020      **Continuing Education Course:** Lifestyle Medicine Core Competencies Program – American College of Lifestyle Medicine
- 2018      **Certificate of Training:** Developing Your Role as a Leader, Academy of Nutrition and Dietetics, Chicago, IL
- 2015      **Training & Professional Development Certificate:** Plant-Based Nutrition  
Cornell University, Ithaca, NY

**TEACHING AND RESEARCH INTERESTS**

- Health Humanities & Medical Humanities
- Role of Humanities & Liberal Arts Education in Pre-Health Education
- Interprofessional Education & Collaboration in Healthcare
- Implementation of Plant-Based Nutrition and Lifestyle Medicine on Disease Prevention and Management
- Nutrition and Lifestyle Medicine Curriculum Development
- Community & Public Health Nutrition
- Holistic and Integrative Health

**CURRENT ACADMEIC APPOINTMENT**

- 2014 - Present      **Instructor of Health Science** (2017-Present), Stockton University – Galloway, NJ  
*Visiting Instructor* (2016-2017); *Adjunct Instructor* (2014-2016)  
Courses Taught to Date:
- Introduction to Health Sciences (HLTH 1101) – Undergraduate Level
  - Teamwork & Collaboration in Healthcare (HLTH 2501) – Undergraduate Level
  - Eastern Approach to Nutrition & Movement (HLTH 3412) – Undergraduate Level
  - Basic & Therapeutic Nutrition (HLTH 3413) – Undergraduate Level
  - Health Communication & Literacy (HLTH 4102) – Undergraduate Level
  - The Politics of Food (GIS 3406) – Undergraduate Level
  - The Medical Humanities (GIS 4626) – Undergraduate Level

**PREVIOUS ACADEMIC APPOINTMENTS**

- 2014 - 2016      **Adjunct Faculty Member**, Georgian Court University – Lakewood, NJ  
Courses Taught to Date:
- Research Methods (HH 530) – Graduate Level
  - Qigong – The Art of Self-Healing (HH 570) – Graduate Level
  - Eastern Approach to Nutrition & Movement (HE 220) – Undergraduate Level
- 2014      **Part-Time Lecturer**, Rutgers University – New Brunswick Campus  
Courses Taught to Date:
- Nutrition Communications (11:709:442) – Undergraduate Level
  - Nutrition Counseling (11:709:499) – Undergraduate Level
- 2012-13      **Community Nutrition Instructor**, Stockton University – Galloway, NJ  
Adult Continuing Education  
Class Topics Presented:
- Sustainable Agriculture and “Green” Eating
  - Science and Superfoods
  - Breads and Culture
  - Herbs, Spices, and Health
- 2010-2011      **Community Nutrition Instructor**, Middlesex County College – Edison, NJ  
Adult Continuing Education  
Class Topics Presented:
- Food as Medicine
  - Sustainable Weight Loss
  - Eating Green, Eating for Type 2 Diabetes
  - Vegetarian Nutrition

**PUBLICATIONS****Peer Reviewed**

- 2021      **Disson, A.**, Middleton, CJ, & Qadiri, Q. (2021). I read it online: Understanding how undergraduate students assess the credibility of online sources of health information. *American Journal of Lifestyle Medicine*.  
<https://doi.org/10.1177/1559827621990574>
- 2020      **Disson, A.**, & Crowell, T. (2020). We are what we eat: Assessing the use of a documentary film as an educational tool to change students’ nutritional attitudes and behaviors. *American Journal of Lifestyle Medicine*.  
<https://doi.org/10.1177/1559827620903701>

- 2011 **Dissen, A.**, Policastro, P, Quick, V., & Byrd-Bredbenner, C. (2011). Interrelationships among nutrition knowledge, attitudes, behaviors, and body satisfaction. *Health Education*, 111:4, 283-295.
- 2008 Mackesy, C., Bennett, L., **Dissen, A.**, Kim, M., & Kardan, N. (2008). Male and female college students' perspective on nutrition fact labels. *JADA*, 108(9), A100
- 2007 Miller, C., Bethmann, K., **Dissen, A.**, & Kardan, N. (2007). College wellness program effective in increasing students' physical activity, wellness awareness, and nutrition knowledge. *JADA*, 107(8), A96

**Under Peer Review**

- 2021 Crowell, T., **Dissen, A.**, & Calamidas, E. Redefining internships: Online, virtual, & remove internships during COVID-19. *Pedagogy in Health Promotion*.
- 2020 Crowell, T., **Dissen, A.**, Calamidas, E., & Englemann, L. Virtual grocery store: Analyzing food purchases of Atlantic City senior residences. *Journal of Nutrition in Gerontology and Geriatrics*

**In-Progress**

- 2020 Foti, M., **Dissen, A.**, & Bloshtein, L. Nutrition at the end of life: Assessing the perceived value of nutrition among hospice workers.
- 2020 **Dissen, A.**, Garcia, A., Galantino, M.L., & Perks, J. Holistic health minor assessment: ELOs critical thinking and information literacy.

**Other**

- 2020 Dissen, A. (2020). American Vegan – Fall 2020 Issue. Protein & Plant-Based Diets.
- 2017 Dissen, A. (2017). VN Students – Success as a Vegan RDN. *Vegetarian Nutrition Update*. Volume XXIV, Number 4.
- 2017 **Dissen, A.**, & Saliski, T. (2017). Healthy eating & weight management intervention: A case study with centrastate healthcare system. Wellness Council of America.

**ADDITIONAL SCHOLARSHIP ACTIVITIES**

- 2018-2019 Clinical Dietitian Researcher for study on plant-based diets and type 2 diabetes through Ohio University
- 2017-2019 Nutrition Core Curriculum Design, Survey Development, & Pilot Group Data Collection for Cardiac Prevention Program Study

**FELLOWSHIPS**

- 2019-Present Bonner Faculty Fellow at Stockton University
- 2018-2019 Interprofessional Education Committee Faculty Fellow at Stockton University

**HONORS & AWARDS**

- 2016 CBIZ Employee Services Organization Great Beginnings Self-Leadership Award
- 2016 American Heart Association Fit-Friendly Worksite Innovation Award
- 2014 NJ Dietetic Association Recognized Young Dietitian of the Year Award
- 2014 Laurie Nichols Memorial Award for Student of Excellent Character
- 2008 George H. Cook Honors Scholar
- 2006-2008 Kappa Omicron Nu Honors Society

**MENTORSHIP & ADVISEMENT TO STUDENT RESEARCH**

- 2020 Advisor to Kevin Gil-Clara  
**Research Project Title** – Assessment of Latino/a Business Owners in Atlantic County
- 2019 Advisor to Stephanie Sharo  
**Research Project Title** – Climate Change Action Through the Eyes of College Students
- 2019 Advisor and Co-Investigator to Veronica Rowland  
**Research Project Title** – Student Leadership and Interprofessional Education and Collaboration
- 2017-2018 Advisor to Bonner Leader Flor Cruz-Morillo, recipient of BOT Fellowship for Distinguished Student Award  
**Research Project Title** – New Jersey Education Opportunity Fund (EOF) and College Pursuit
- 2017-2018 Advisor to Bonner Leader Jodie Davis, recipient of BOT Fellowship for Distinguished Student Award  
**Research Project Title** – Low Graduation Rate and Food Insecurity in New Jersey

**ADDITIONAL MENTORSHIP**

- 2019 Advisor to Heather Watskins-Jones for Independent Study on Eastern Nutrition Therapies
- 2019 Mentor to BSHS Alumni Marion Pasiglao in preparation for entry into the Physical Therapy Profession
- 2018 Internship Supervisor for Heather Watskins-Jones for PUBH 4950: Public Health Internship & Fieldwork
- 2018 Advisor to Samantha Fallick for Independent Study on Nutrition Research
- 2018 Advisor to Laura Bylone on LIBA Capstone Experience in Holistic Health
- 2017-2020 Future Career in Dietetics Mentor to BSHS Alumni Ryan Galan

**CONTINUING PROFESSIONAL EDUCATION OPPORTUNITIES OFFERED**

- 2020 LGBTQIA Competency for the Health Care Professional. Accrediting Body – *Nutrition CME*
- 2018 Conflicts of Interest Within Nutrition: The Impact on Public Health. Accrediting Body - *Commission on Dietetic Registration*

**PROFESSIONAL CONFERENCE ACCEPTED POSTER PRESENTATIONS**

- 2020 New Jersey Academy of Nutrition and Dietetics 2020 Annual Meeting  
**Poster Title:** I Read it Online: Understanding How Undergraduate Students Assess the Credibility of Online Sources of Health Information  
**Authors:** Anthony Dissen, Qudratullah Qadiri, CJ Middleton

- 2020 New Jersey Academy of Nutrition and Dietetics 2020 Annual Meeting  
**Poster Title:** We Are What We Eat: Assessing the Use of a Documentary Film as an Educational Tool to Change Students' Nutritional Attitudes and Behaviors  
**Authors:** Anthony Dissen, Tara Crowell
- 2018 New Jersey Society for Public Health Education 2018 Annual Meeting, *Health Communication: Strategies for Maximum Impact, Connections & Self Awareness*  
**Poster Title:** Assessing Undergraduate College Students' Ability to Evaluate the Quality of Web-Based Sources of Health Information  
**Authors:** Anthony Dissen, Qudratullah Qadiri, CJ Middleton
- 2018 Association of Schools of Allied Health Professionals 2018 Annual Conference, St. Petersburg, FL  
**Poster Title:** Service Learning for Pre-Professional Undergraduates: Cultivating a Deeper Understanding of the Social Determinants of Health  
**Authors:** Michele Previti, Margaret Slusser, Luis Garcia, Anthony Dissen
- 2017 New Jersey Society for Public Health Education 2017 Annual Meeting, *Credentialing in Health Education: Professional Development Throughout Your Career.*  
**Poster Title:** Mapping the Relationship Between Low Graduation Rates and Food Insecurity  
**Authors:** Anthony Dissen, Jodie Davis
- 2016 American College of Sports Medicine – Greater New York Area Annual Conference  
**Poster Title:** Effectiveness of Qigong as a Means of Increasing Feelings of Self-Empowerment: A Qualitative Study  
**Authors:** Anthony Dissen
- 2010 Food and Nutrition Conference & Exposition, Boston, MA  
**Poster Title:** Young Adults' Nutrition Knowledge, Healthy Eating Attitudes, Dietary Intake and Body Image Satisfaction  
**Authors:** Dissen, Anthony; Byrd-Bredbenner, Carole; Quick, Virginia

#### PROFESSIONAL CONFERENCE PRESENTATIONS

- 2020 **Dissen, A.,** Crowell, T. & Calamidas, E. *American Public Health Association Annual Meeting*, Virtual Meeting due to COVID-19  
**Presentation Title:** Virtual grocery store: Fostering healthy nutrition among seniors.
- 2020 *American Public Health Association Annual Meeting*, Virtual Meeting due to COVID-19  
**Presentation Title:** Embracing Metta: An Introduction to Loving-Kindness Meditation Practice
- 2019 **Dissen, A.,** Tome, D. *Bonner Summer Leadership Institute*  
**Presentation Title:** Faculty-Led Mentorship With Bonner Leaders: Lessons Learned & Best Practices
- 2018 **Dissen, A.,** Chou, S. *Food & Nutrition Conference & Exposition*, Washington, DC  
**Panel Topic:** Plant Politics – How Policies Impact Plant-Based Food & Nutrition
- 2018 *Civic Learning and Democratic Engagement Annual Meeting*, Anaheim, CA  
**Presentation Title:** Utilizing Alumni Affairs to Support Service-Learning Courses

- 2018 *New Jersey Department of Human Services Nutrition Conference, Trenton, NJ*  
**Presentation Title:** Diet and Autoimmune Disease: Prevention & Management
- 2017 *New Jersey Department of Human Services Nutrition Conference, Trenton, NJ*  
**Presentation Title:** Integrative Medicine and Dietetics: Holistic Methods for Patient & Client Empowerment
- 2017 *New Jersey Academy of Nutrition and Dietetics 85<sup>th</sup> Annual Meeting*  
**Presentation Title:** Integrative Medicine & Dietetics: Holistic Methods for Patient & Client Empowerment
- 2016 *Kushi Institute Macrobiotic Summer Conference*  
**Presentation Title:** Humans as Microcosms of the Environment: Saving Ourselves to Save the Planet  
**Presentation Title:** Plant-Based Nutrition Cooking Demonstrations
- 2015 *Kushi Institute Macrobiotic Summer Conference*  
**Presentation Title:** Yoga – Healing Theory & Spiritual Practice  
**Presentation Title:** Plant-Based Nutrition Cooking Demonstration
- 2014 *Kushi Institute Macrobiotic Summer Conference*  
**Presentation Title:** Plant-Based Nutrition Cooking Demonstration  
**Presentation Title:** Healing with the 5 Elements of Classical Chinese Medicine  
**Presentation Title:** Igniting Your Immune System

#### PROFESSIONAL EDUCATION PRESENTATIONS

- 2020 Physicians Committee for Responsible Medicine  
**Presentation Title:** LGBTQIA Competency for the Health Care Professional
- 2020 American Physical Therapy Association of New Jersey  
**Presentation Title:** Health Information Literacy – Navigating Misinformation and Outright Lies in the Digital Landscape
- 2016 Robert Wood Johnson 2<sup>nd</sup> Annual Nutrition Symposium  
**Presentation Title:** The Role of Holistic Health in Nutrition & Dietetics: Traditional Practices with Modern Applications
- 2015 New Jersey Association for Food Protection  
**Presentation Title:** GMO's – What's In Our Food?

#### COMMUNITY HEALTH PRESENTATIONS

- 2018 CentraState Medical Center Multiple Sclerosis Clinic  
**Presentation Title:** Nutrition and Lifestyle Medicine Best Practices in Multiple Sclerosis
- 2018 Stockton Center on Successful Aging  
**Presentation Title:** Lessons in Longevity: Research from the World's Longest Lived Populations
- 2018 Stockton Center on Successful Aging  
**Presentation Title:** Anti-Inflammatory Foods and Long-term Health

- 2018 Hackensack Meridian Health Southern Ocean Medical Center  
**Presentation Title:** The Impact and Role of Nutrition in the Management of Multiple Myeloma
- 2018 Stockton University Manahawkin Instructional Site  
**Presentation Title:** Conflicts of Interest Within Nutrition: The Impact on Public Health
- 2017 Ocean Monmouth Health Alliance – Surviving the Cancer Challenge Body, Mind, and Spirit  
**Presentation Title:** Nutritional Medicine: The Power in Our Plates
- 2017 Holistic/Integrative Care for People Experiencing Cancer: Speaker/Panel Member – Georgian Court University
- 2017 Biology Seminar Invited Lecturer – Stockton University  
**Presentation Title:** Diet and Divinity: The Role of Nutrition and Spirituality in Medicine and Healthcare
- 2016 Stockton University Manahawkin Instructional Site  
**Presentation Title:** Diet, Lifestyle, and Prostate Health

#### **PROFESSIONAL CONFERENCES ATTENDED**

- 2020 American Public Health Association Annual Meeting, Virtual Meeting
- 2020 International Conference on Nutrition in Medicine, Virtual Meeting
- 2019 Food and Nutrition Conference & Exposition, Philadelphia, PA
- 2019 International Conference on Nutrition in Medicine, Washington, DC
- 2019 Bonner Summer Leadership Institute, Waynesburg, PA
- 2019 Plant-Based Prevention of Disease (PPOD) Conference, Raleigh, NC
- 2018 New Jersey Society for Public Health Education Annual Meeting, New Brunswick, NJ
- 2018 Food and Nutrition Conference & Exposition, Washington, DC
- 2018 New Jersey Public Health Association Annual Conference, Newark, NJ
- 2018 International Conference on Nutrition in Medicine, Washington, DC
- 2018 Civic Learning and Democratic Engagement Meeting, Anaheim, CA
- 2017 Food and Nutrition Conference & Exposition, Chicago, IL
- 2017 New Jersey Dietetic Association Annual Meeting, Morristown, NJ
- 2016 Food and Nutrition Conference & Exposition, Boston, MA
- 2016 New Jersey Dietetic Association Annual Meeting, Long Branch, NJ
- 2014 New Jersey Dietetic Association Annual Meeting, Somerset, NJ
- 2009 New Jersey Dietetic Association Annual Meeting, New Brunswick, NJ
- 2007 Food and Nutrition Conference & Exposition, Philadelphia, PA

#### **PROFESSIONAL MEMBERSHIPS**

- 2020-Present Health Humanities Consortium
- 2018-Present New Jersey Society for Public Health Education
- 2018-Present New Jersey Public Health Association
- 2016-Present Professional Team Member, American College of Lifestyle Medicine
- 2008-2011, 2013-Present Vegetarian Nutrition Dietetics Practice Group
- 2005-2011, 2013-Present Academy of Nutrition and Dietetics

**PROFESSIONAL FIELD EXPERIENCE**

2018-2021	<b>Vice President of Nutrition</b> , WellStart Health, Santa Monica, CA
2013-2019	<b>Integrative Dietitian &amp; Community Health Educator</b> , CentraState Medical Center: Health Awareness Center & Employee Wellness, Freehold, NJ
2011-2013	<b>Lead Health Educator &amp; Plant-Based Chef</b> , Whole Foods Market Wellness Club, Princeton, NJ
2010-2020	<b>Health Educator</b> , Breast Cancer Resource Center of New Jersey, Princeton, NJ
2009-2011	<b>Outpatient &amp; Community Education Dietitian</b> , University Medical Center of Princeton at Plainsboro, Plainsboro, NJ

**SERVICE TO PROFESSION**

2020	National Board of Public Health Examiners – Certified in Public Health Exam Item Writer
2020-Present	American Vegan Society, Speakers Bureau Member (Nutrition & Lifestyle Medicine)
2019-Present	Physicians Committee for Responsible Medicine, Advisory Council Member, Universal Meals Program
2019-2020	Past-Chair, Vegetarian Nutrition Dietetics Practice Group
2018-2019	Chair, Vegetarian Nutrition Dietetics Practice Group
2017-2019	Core Team Member, Cardiac Prevention Program, AtlantiCare
2017-2018	Chair Elect, Vegetarian Nutrition Dietetics Practice Group
2016-2019	Research Committee Member, American College of Sports Medicine – Greater New York Region Chapter
2015-2017	Appointed Officer, Student Member Coordinator, Vegetarian Nutrition Dietetics Practice Group
2014-Present	Georgian Court University Holistic Health Planning Committee
2010-2018	Rutgers University-SHP Dietetic Internship Admissions Committee

**SERVICE TO STOCKTON UNIVERSITY***Faculty Advisor to Student Clubs*

Fall 2018-Present	Lifestyle Medicine Student Group at Stockton University
Fall 2017-Fall 2019	Collaborative Learning Advocates of Wellness at Stockton
Spring 2017-Spring 2018	Arts and Crafts for Children
Spring 2017-Fall 2018	Stockton University College Diabetes Network Club
Fall 2016-Present	Stockton Vegan and Vegetarian Student Group

*Committee Membership*

Fall 2017-Fall 2018	ADP/IDHE Campus Climate Assessment Coalition Member
Fall 2017-Present	Academy Honesty Appeals Board – School of Health Sciences Representative
Fall 2017-Present	Curriculum Committee Member for BSHS Program
Fall 2017-Spring 2020	Advising Council Member
Fall 2016-Spring 2018	Health Advisory Board (Wellness Committee)
Fall 2016-Present	Stockton University Interprofessional Education Committee, Holistic Health Representative
Fall 2016-Present	Holistic Health Minor Committee



*Other Service*

Summer 2018	Organizer for Bone Marrow Donor Drive at National Night Out
Spring 2018	School of Health Science Banner Carrier – Spring 2018 Undergraduate Commencement Ceremony
Spring 2018	Day in the Life – BS in Health Science Faculty Representative
Spring 2017	Day in the Life – BS in Health Science Faculty Representative
Spring 2017	Team Leader – MLK Day of Service
Fall 2016	Team Leader – New Student Day of Service
Spring 2016	Team Leader – MLK Day of Service

**PROFESSIONAL INTERVIEWS**

2019	Podcast: Medical Myths: Further Investigation of the Link Between Soy and Thyroid Disease, Part 3 with Anthony Disson
2019	Podcast: Mentorships in Education, Episode 6, Released May 7 <sup>th</sup>
2018	Podcast: Never Binge Again: Plant Based Nutritionist Interview, Released November 7 <sup>th</sup>
2015	Podcast: Modernity and Absurdity – Episode 5: Food with Anthony Disson, MA, RDN, Released December 19 <sup>th</sup>
2015	Podcast: Plant Yourself Podcast – Episode 131: Anthony Disson, RD, on Empowering vs Preaching, Released December 1 <sup>st</sup>

**ADDITIONAL TRAININGS AND CERTIFICATIONS**

2021	Certificate in Chinese Dietary Therapy – Pacific Rim College
2018-2019	Professional Training Modules, Quality Matters Professional Development <b>2018 Training</b> – Applying the QM Rubric <b>2019 Training</b> – Teaching Online: An Introduction to Online Delivery; Evaluating Your Course Design
2014	Certified Hatha Yoga Teacher – Inner Light Yoga Teacher Training Program
2013	Qi Healer Clinical Qigong Intensive – Fran Maher & Brain Coffey
2010	Five Animal Frolics Qigong Level I Training – Eastern School of Acupuncture and Traditional Medicine
2007	Master/Teacher Reiki Attunement in Usui Reiki – C. Lynn Carr
2005	Usui Reiki Level I, Level II, and Level III – Adela Rubio

Ongoing Continuing Education in Evidence-Based Nutrition, Lifestyle Medicine, Community & Public Health, Integrative Healthcare, and Health Humanities