

Cedar Rapids High School Hockey

Meeting Minutes

January 21rd 6pm

Present: Shelley Van Draska, Jill Johnson, Laurie Patel, Stacy Paoli, Marc Pizzimenti

Treasure's Report:

- The net income for the \$3000 fee is down to \$2500. The extra fee differential will be distributed back to the families. There is money available to attend the JV playoffs. Stacy will complete family statements and get them out. The team finances are good

Open Items:

- We still need a few player academic eligibility forms.

New Items:

- There are two 50/50 dates left. January 22 and February 4.
- The Garage Sale is late May and the Golf Outing will be planned for the summer
- Hotel reservations for the JV playoffs have been set and the playoff schedule is on the state website. The playoffs are a double Elimination Bracket system. The team will take a bus to the games. There are rooms reserved for all V and JV players.
- Coach Larry Heggebo read a letter to the families present concerning what makes a successful team and program, the role of supportive families and positive leadership.

Action Items

- The new board members will need to plan on finalizing ice schedules with the rink in March and April. This should be a priority for the board.
- Senior Night committee is needed to plan the evening activities. Currently the committee is Laurie Patel, Amy Bowman and Denise Willhite. Everyone is welcome to join. The current plan is to have Metro Studios introduce the senior. Senior Night is set for Friday, February 19th against Waterloo.

Coaches Corner

- The players have really been more involved in the program and the practice goals. Not all players have bought in to the coaching style but the coaches will keep trying to teach these individuals the philosophy. Since the Lincoln games we had a strategy to shut down the

opposing teams dominate player. This approach has worked well. We are definitely challenging the skills of the other teams.

- We start the weekly practices with a game plan and practice that format all week. We are also focusing on line levels of other teams and which line needs to be shut down.
- We have been completing different drills but still focusing on the fundamentals and getting those activities but at game speed. We are constantly discussing game situations.
- We have done more splitting of the JV and V players and focusing more on the separate teams. We have been focusing on breakout drill and fore checking. There are 3 coaches and 18 kids when we separate.
- We are confident that V will get a win, the skills are there and the team support is improving. We just need to play three full periods of hockey.

The JV players have bought into the program and they are winning. We have stressed with the JV players that there is a huge difference between Bantam and High School.

The skaters all need to know where the other 5 players are at all times.

- There is also evidence of good bonding going on.
- Every Wednesday and Thursday we are reviewing videos based on team. The coaches highlight and review the main points. The video gives the players a true view of their playing. We pick clips that are relevant. We show the skaters but positive and negative plays. The ideal is to show them the same style of play, in the negative and then again in the positive so that the players can see the differences and what they changed to make the play successful. The film viewing has really helped the goaltenders. The pressure on the goaltenders has been relieved because everyone can discuss player location and puck placement.
- The players are showing more respect and understanding to the goalies. We are now working on the V team to support each other.
- We have been working on the players to skate North and South on the ice instead of East and West.
- We still want to complete the individual evaluations with the players. In the future there reviews should be done between Thanksgiving and Christmas.
- The skaters' moral on the ice is pretty good.
- We have been giving them 2 drills at a time to rotate through and they have done quite well with the extra pressure. We are spending more time on the specifics of the drills and the purposes of the drills. Explaining the responsibilities of the drills has improved the response. Other team's coaches have been telling us that our players are skating hard and playing well. We are headed in the correct direction.
- If we make it to the state tournament a players has to have played 60% or 17 games in order to be eligible to be rostered. We have spoken to all the players about the rotating of players and the sitting of players. We cannot guarantee playing time. If a player is questioning their playing time they need to speak with the coaches.