LUNCH MAY 2018

Reduced Price .40 (child) Full Price $2.85 (Child) Adult Price $2.85

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| --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| WEEKLY AVERAGE:  Calories: 600-650  Sodium: < 1230  Sat. Fat: < 10  Trans Fat: Zero | NSLP REQUIREMENTS:  Fruit: ½ cup daily  Veggies: ¾ cup daily  Meat/Alt: 1.75/2 oz. daily  Grains: 1.75/2 oz. daily  Milk: 1 cup daily |  | Please advise Ms. Leslie 24 hrs. in advance if you would like to have breakfast or lunch with your child/ grandchild so  we may plan accordingly. |
|  | 1  Orange Chicken,  W/G Noodles,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 2  Grilled Cheese Sandwich on W/G Bread,  Baked Potato Wedges,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 3  All School Field Trip  Lunch Provided For All Students. |
| 7  W/G Meat and Bean Tostada w/lettuce, cheese,  Spanish Rice,  ½ cup Fruit,  Milk Variety | 8  W/G Corn Dog,  Potato Wedges,  ½ cup Fruit,  Milk Variety  BOARD MEETING 5:45 pm | 9  Cheeseburgers, w/ Lettuce and Tomatoes  On a W/G Bun,  Baked Tater Tots,  Cole Slaw,  ½ cup Fruit,  Milk Variety | 10  Baked Chicken,  W/G Rice,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety |
| 14  Salisbury Steak, Mashed  Potatoes w/ Gravy,  W/G Roll,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety | 15  Cheese or Pepperoni Pizza with W/G Crust, Garden Salad,  ½ cup Fruit,  Milk Variety | 16  Chicken Nuggets,  W/G Wild Rice,  ¾ cup Veggies,  ½ cup Fruit,    Milk Variety | 17  All School Field Trip  Lunch Provided For All Students. |
| 21  All Beef Hot Dog on a W/G Bun,  Veggie Beans,  ½ cup Fruit,  Milk Variety | 22  LAST DAY OFSCHOOL  MINIMUM DAY  NO LUNCH SERVED |  | **Have a great**  **Summer Break….** |

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PAROVIDER.**

**Menu is subject to change without notice.**

Milk variety: Low Fat 1% White, or Non Fat Chocolate or Non Fat Strawberry

BREAKFAST MAY 2018

Breakfast in Classroom Adult Price $2.85

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| --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| WEEKLY AVERAGE  Calories: 400-500  Sodium: <540  Sat. Fat: < 10  Trans Fat: 0 g./serving | NSLP REQUIREMENTS:  Fruit/Veggie 1 cup daily  Grain: 1.75/2 oz. daily  Meat/Alt. Optional |  | Please advise Ms. Leslie  24 hrs. in advance if you would like to have breakfast with your child/grandchild so we may plan accordingly. |
|  | 1  W/G Banana Muffin,  String Cheese,  1 cup Fruit,  Milk Variety | 2  W/G French Toast,  1 cup Fruit,  Milk Variety | 3  W/G Bagel w/Peanut Butter or Cream Cheese,  Yogurt,  1 cup Fruit,  Milk Variety |
| 7  W/G Pancakes,  1 cup Fruit,  Milk Variety | 8  Scrambled Eggs w/Cheese,  W/G Toast,  1 cup Fruit,  Milk Variety | 9  W/G Cereal with Milk,  1 cup Fruit,  Milk Variety | 10  Cereal Bars,  Yogurt,  1 cup Fruit,  Milk Variety |
| 14  W/G Pancake on a Stick,  1 cup Fruit,  Milk Variety | 15  W/G Waffle,  1 cup Fruit,  Milk Variety | 16  Scrambled Eggs,  Sausage Patty,  1 cup Fruit,  Milk Variety | 17  W/G Bagel,  Sausage Patty,  1 cup Fruit,  Milk Variety |
| 21  Ham and Eggs,  W/G Toast,  1 cup Fruit,  Milk Variety | 22  W/G English Muffin,  Yogurt,  1 cup Fruit,  Milk Variety  **LAST DAY OF SCHOOL** |  | **Have a great**  **Summer Break….** |

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