LUNCH MAY 2018

Reduced Price .40 (child) Full Price $2.85 (Child) Adult Price $2.85

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| WEEKLY AVERAGE:Calories: 600-650Sodium: < 1230 Sat. Fat: < 10Trans Fat: Zero | NSLP REQUIREMENTS:Fruit: ½ cup dailyVeggies: ¾ cup dailyMeat/Alt: 1.75/2 oz. dailyGrains: 1.75/2 oz. dailyMilk: 1 cup daily |  | Please advise Ms. Leslie 24 hrs. in advance if you would like to have breakfast or lunch with your child/ grandchild so we may plan accordingly. |
|  | 1Orange Chicken,W/G Noodles,¾ cup Veggies,½ cup Fruit,Milk Variety  | 2Grilled Cheese Sandwich on W/G Bread,Baked Potato Wedges,¾ cup Veggies, ½ cup Fruit,Milk Variety | 3All School Field TripLunch Provided For All Students.  |
| 7W/G Meat and Bean Tostada w/lettuce, cheese,Spanish Rice,½ cup Fruit,Milk Variety | 8W/G Corn Dog,Potato Wedges,½ cup Fruit,Milk Variety BOARD MEETING 5:45 pm | 9Cheeseburgers, w/ Lettuce and TomatoesOn a W/G Bun,Baked Tater Tots,Cole Slaw,½ cup Fruit, Milk Variety | 10Baked Chicken,W/G Rice,¾ cup Veggie,½ cup Fruit,Milk Variety  |
| 14Salisbury Steak, MashedPotatoes w/ Gravy,W/G Roll,¾ cup Veggie,½ cup Fruit,Milk Variety  | 15Cheese or Pepperoni Pizza with W/G Crust, Garden Salad,½ cup Fruit,Milk Variety  | 16Chicken Nuggets,W/G Wild Rice,¾ cup Veggies,½ cup Fruit,  Milk Variety   | 17All School Field TripLunch Provided For All Students. |
| 21All Beef Hot Dog on a W/G Bun,Veggie Beans,½ cup Fruit,Milk Variety  | 22LAST DAY OFSCHOOLMINIMUM DAYNO LUNCH SERVED |  |  **Have a great****Summer Break….** |

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PAROVIDER.**

**Menu is subject to change without notice.**

Milk variety: Low Fat 1% White, or Non Fat Chocolate or Non Fat Strawberry

BREAKFAST MAY 2018

Breakfast in Classroom Adult Price $2.85

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| --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| WEEKLY AVERAGECalories: 400-500Sodium: <540Sat. Fat: < 10Trans Fat: 0 g./serving | NSLP REQUIREMENTS:Fruit/Veggie 1 cup dailyGrain: 1.75/2 oz. dailyMeat/Alt. Optional |  | Please advise Ms. Leslie24 hrs. in advance if you would like to have breakfast with your child/grandchild so we may plan accordingly. |
|  | 1W/G Banana Muffin,String Cheese,1 cup Fruit,Milk Variety | 2W/G French Toast,1 cup Fruit,Milk Variety | 3W/G Bagel w/Peanut Butter or Cream Cheese,Yogurt,1 cup Fruit,Milk Variety |
| 7W/G Pancakes,1 cup Fruit,Milk Variety | 8Scrambled Eggs w/Cheese,W/G Toast,1 cup Fruit,Milk Variety | 9W/G Cereal with Milk,1 cup Fruit,Milk Variety | 10Cereal Bars,Yogurt,1 cup Fruit,Milk Variety |
| 14 W/G Pancake on a Stick,1 cup Fruit,Milk Variety | 15W/G Waffle,1 cup Fruit,Milk Variety | 16Scrambled Eggs,Sausage Patty,1 cup Fruit,Milk Variety | 17W/G Bagel,Sausage Patty,1 cup Fruit,Milk Variety |
| 21Ham and Eggs,W/G Toast,1 cup Fruit,Milk Variety |  22W/G English Muffin, Yogurt,1 cup Fruit,Milk Variety**LAST DAY OF SCHOOL** |  | **Have a great****Summer Break….** |

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Milk Variety: Low Fat 1% White, or Non Fat Chocolate or Non Fat Strawberry