



Hawaii Association for Play Therapy Newsletter



NOVEMBER 2014

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HAPT goes to the APT Conference !!



From Left: Gina Eustaquio, HAPT Annual Conference Chair, Anne Stewart, HAPT 2015 Conference Presenter, & Minnie Quan, HAPT Treasurer

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The 31st Association for Play Therapy International Conference was held in Houston, Texas from October 7-12, 2014. Topics at the conference ranged from introduction to play therapy, sand play/sand tray, various supervision topics, and trauma. The keynote speaker, Dr. Bruce Perry, discussed "The Power of Early Childhood" and the importance of physiological regulation for someone to be receptive to any external stimulus. The life-time achievement award went to Terry Kottman, PhD, LMHC, RPT-S who dedicated many years of her life to play therapy focused on Adlerian theory; she has a clinic/training center called, The Encouragement Zone located in Ceder Falls in Iowa.

Thanks to Minnie & Gina who represented HAPT this year!!

SCHOLARSHIPS FOR NEIGHBOR ISLAND HAPT MEMBERS TO 2015 ANNUAL CONFERENCE

By: Laura Williams

I recently won the APT membership drawing and wanted to donate the money I received to HAPT to fund two \$250.00 scholarships for neighbor Island HAPT members to attend the upcoming conference in February. Applicants should send in a short statement indicating how they plan to use the information from the conference training to help keiki and Ohana on their Island. Statements should include how they will share the information they learn with others who were

not able to attend. Each applicant's name will be entered into a drawing and two names will be chosen by HAPT board members.

While I won the annual drawing, I did not win it alone. Jeannie Teleia was the mastermind of our operation to start a chapter here on the Big Island, and we are now 18 members strong! Mary, and the HAPT board have provided guidance and assistance along the way, Anita came and did a training for us, and individual HAPT members have given us their

shout outs of support. We could not have done this without the original founding members of HAPT, who did all the hard work to get our Hawaii branch going (and keep it going), all those years ago. I am eternally grateful to you all, and want to "pay it forward" so that others can benefit from this award.

Please email submissions to Mary Welsh mlwelsh@comcast.net by January 9, 2015, winner to be announced by January 18, 2015.

ANNUAL MEMBERSHIP MEETING & PICNIC

Thank you to all who attended our annual membership meeting and picnic at the beautiful Ho'Omaluhia Botanical Gardens. It was a beautiful day of conversation, laughter and fun! The children played games, made crafts and the enjoyed the outdoors, while families and HAPT members enjoyed networking! Raffle winners Carla Sharp and Shelley Schweitzer won \$50.00 towards the cost of the 2015 HAPT conference!! Congratulations!

Highlights from the membership meeting include discussions about changing HAPT by-laws, and the teleconferencing of our annual conference.

ANNUAL MEMBERSHIP MEETING & PICNIC cont.

The HAPT board is considering the following changes to our current by-laws:

1. To be eligible to run for president-elect, you must have held another HAPT board position.
2. The addition of two board members with the title of member-at-large. The member-at-large positions would be required to attend monthly board meetings and duties will be flexible and determined on an as need basis.
3. The current member-at-large board position will be changed to membership, outreach and public relations coordinator.
4. To add the conference chair as a board member.

Please stay-tuned for an online vote.

After much consideration and discussion HAPT will not be offering a teleconference of the 2015 annual conference. Olelo productions would provide initial free recording but would retain rights to video and broadcasting. It is unlikely any presenters will approve videotaping of their presentations and there is no coverage for CEUs.

CONGRATULATIONS TO NEW REGISTERED PLAY THERAPISTS!!

MARY GREANEY, MFT., R.P.T. AND

MARILYN CHOY GIBSON, L.C.S.W., R.P.T.



HAPT 17th Annual Conference February 20 & 21, 2015

Playing for Keeps: Play Therapy Techniques to Promote Regulation and Resilience for Children with Anne Stewart, Ph.D., RPT-S



“Anne has served as a consultant and service provider after Hurricane Katrina, the 9/11 attacks, Virginia earthquakes, the Virginia Tech University and Sandy Hook school shootings...”

Dr. Stewart is a professor of psychology at James Madison University. She has worked to promote the secure attachment and resilience of children and families in projects throughout the world. Dr. Stewart has implemented education and intervention projects addressing the psychosocial problems of landmines in Jordan, Bosnia, Vietnam, and Cambodia. In the United States, she served as a consultant and service provider after Hurricane Katrina, the 9/11 attacks, Virginia earthquakes, the Virginia Tech University and Sandy Hook School shootings, and other catastrophic events. Books written with colleagues include *Becoming a Community Counselor* and *Thriving! A Manual for Students in the Helping Professions*. She is co-editor, with David Crenshaw of *Play Therapy: A Comprehensive Guide to Theory and Practice*.

Anne is the founder and president of the Virginia Association for Play Therapy, Chair, National Foundation for Play Therapy, and past member of the Education Board for the International Journal of Play Therapy. Dr. Stewart served as the director of the James Madison University Human Development Center and The Department of Health and Child Development Clinic. She received a gubernational appointment to the Virginia Interagency Collaboration Committee for infants and toddlers with disabilities, where she served as a chair. Dr. Stewart's scholarship focuses on caregiver-child relationships, attachment security, interprofessional practice, and resilience, particularly in times of crisis and disaster. Dr. Stewart is an active collaborator with Virginia Child and Family Attachment Center. She is recipient of the State Council of Higher Education for Virginia Outstanding Faculty award, the Association for Play Therapy “Distinguished Service” Award, and the Virginia Counselor’s Association “Humanitarian and Caring Person” Award.

Conference Schedule

8:00am-Check-in &
Continental Breakfast
8:30am-Welcome &
Information
8:45am-Presentation
10:30am-Morning Break
10:45am-Presentation
Continues
12:00pm-Lunch Break
1:00pm Presentation
Continues
2:30pm-Afternoon Break
2:45pm-Presentation
Continues
4:00pm-Presentation Ends

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Playing for Keeps: Play Therapy Techniques to Promote Regulation and Resilience for Children with Anne Stewart, Ph.D., RPT-S

Day 1- Reaching Out to Children who lash out: Play Therapy with Children with Aggressive Behaviors.



The workshop presenter will share information on the complex interaction of factors which have been shown to increase the risk of aggressive behavior. These factors include being the victim of physical abuse and/or sexual abuse, exposure to violence in the home and/or community, exposure to violence in the media, and stressful family socioeconomic factors. The importance of secure attachment relationships to help children regulate their emotions and behaviors will be discussed, along with strategies to promote positive connections through play therapy and play-based techniques.

As a result of the workshop participants will learn to look for what is contributing to the anger and aggressive behavior and learn to practice play therapy and expressive arts techniques to help children identify and regulate intense emotions that contribute to aggressive behavior.



Day 2- Wired for Resilience: Using Play Therapy to Promote Attachment, Regulation, and Healing in Crisis

Although a crisis can leave destruction and heartbreak in its wake, play therapists can help children and families not only to survive, but also to go on to thrive. A fundamental goal of the workshop is for play therapists to recognize the ways that they can value and promote health attachments and resilient coping in times of crisis.

Our goal as play therapists is not to treat children and families as helpless victims, but to support them to find ways to reach out, make meaning, take heart, and discover creative pathways, to rebuild in response to the disruption they have sustained. During the workshop we will explore techniques that promote attachment, regulation, and collective resilience and resolve.

HAPT 17th Annual Conference February 20 & 21, 2015

Playing for Keeps: Play Therapy Techniques to Promote Regulation and Resilience for Children with Anne Stewart, Ph.D., RPT-S

Conference Venue

The Salvation Army, Ray and Joan Kroc Corps
Community Center, 91-3257 Kualaka'i Parkway, Ewa
Beach, Hawaii, 96706

- Take Exit 3 off H-1. You are now on Kualaka'i Parkway (Formerly North-South Road).
- Drive for approximately 1 mile on Kualaka'i Parkway and Kroc Center Hawaii will be on your left.
- Turn left onto Keahumoa Parkway (formerly East-West Road) and left onto Maunakapu Street and into the Kroc Center entrance.

Intended Audience

This event is appropriate for mental health and allied professionals who work with children, adolescents and their families.

Skill Ranking of Sessions

All scheduled sessions are appropriate for professionals of all levels of expertise: introductory, intermediate, advanced.

Continuing Education

This event is co-sponsored by HAPT and The Institute for Continuing Education. Each day's program offers 6.0 contact hours, with full daily attendance required. CE credit is offered for: Psychology (APA), Social Work (ASWB provider 1007), Counseling (NBCC provider 5643), MFT/SW/Counseling (California Board Behavioral Sciences provider PCE 636); Drug-alcohol (NAADAC provider 00243); Nursing (CA Board Nursing provider CEP 12646); Play Therapy (APT provider 98-040). CE applications will be available on site. If you have questions or for a listing of learning objectives contact The Institute for Continuing Education at instconted@aol.com

Conference
Early-Bird
Registration
Ends
January 24,
2015

HAPT 17th Annual Conference February 20 & 21, 2015

Playing for Keeps: Play Therapy Techniques to Promote Regulation and Resilience for Children with Anne Stewart, Ph.D., RPT-S

REGISTRATION INFORMATION

Early registration Discount deadline: January 24, 2015. Submit your registration before February 7, 2015 by mail or register online (*online is the preferred method!*) at www.hawaiiplaytherapy.net . Online transactions are secured through pay pal.

Written notification of cancellation must be received by January 24, 2015 for a full refund. A 75% refund is available through February 7, 2015. No refund will be given after this date.

Registration fee includes: conference, breaks, and handout materials (which may be sent electronically), a buffet lunch will be provided on both days, with vegetarian options and is included with every paid registration.

ADA: If you have special needs, please contact Gina Eustaquio at ginakay@me.com

HAPT OUTREACH: Promoting the use of Play Therapy for Central District DOE School Based Behavioral Health Staff



pLaY tHeRaPy

Lindsay Bottoms, MS, NCC, LSC

Lindsay Bottoms and Mary Welsh were invited to speak about play therapy to Central District DOE school based behavioral health staff on October 22, 2014. The presentation informed behavioral health specialists, school psychologists and clinical psychologists of the benefits in using play therapy with children. The outreach effort was aimed at promoting play therapy among behavioral staff particularly with central district DOE.

Donations for 2015 HAPT Conference's Silent Auction

Calling all HAPT Members!! This year's silent auction theme is self-care. If you or someone you know may be willing to donate an item or service please contact Gina Eustaquio at ginakay@me.com Self care items may include: massages, aromatherapy, yoga class, manicure/pedicure, health and fitness, acupuncture etc. Donors business cards will be advertised at the conference resource table and a one page sign next to their donation. A brochure of all the donors will be put in conference packets.

Looking for Play Therapy Supervisors? **Hawaii Registered Play Therapy Supervisors**

Members who are interested in receiving their credentials in play therapy (i.e. Registered Play Therapist, RPT), and/or those seeking counsel regarding those sometimes sticky complex cases, here's your opportunity! Below is an updated list of your friendly neighborhood Registered Play

Therapists supervisors, RPT-S who are extending their offers.

Carla Sharp, APRN, RPT-S, CST-T is available for individual and group supervision in Play Therapy or Sandplay Therapy. Group Supervision in Play Therapy will resume on January 10, 2015 from 9am to 11am at the Play

Therapy Center of Hawaii, LLC located at 315 Uluniu Street, Suite 207, Kailua, HI 96734.

You must contact Carla to confirm your spot before attending group or to make an appointment for individual supervision. For more information, email her at

carlasharp@hawaii.rr.com

Supervisors cont.

Margaret Bubon Smith, MA, MFT, RPT-S-
Currently working for Healthy Start at Child and Family Service on Kauai. Experience with foster care, child abuse and preschool age children. She can be contacted at mgtbubon@hawaiiintel.net or via phone 808-332-5200.

Anita Trubitt, LCSW, RPT-S-Private practice with specialty in divorce/paternity cases where custody and visitation are issues. Supervision or consultation available. Contact through email trubitt@hawaiiirr.com or by phone 808-261-2524

Laura Williams, LCSW, RPT-S-Works for CFS in Waimea on the big island of Hawaii. Contact 808-895-0989. Expertise in attachment and children with autism.

Elizabeth Kong, MA, LSC, LMFT, RPT-S-
Currently works as a School Counselor in East Honolulu. Experience working with children with school related issues, anxiety disorders, and selective mutism, as well as children with physical challenges and families with substance abuse and loss. She can be contacted by email at midget95127@yahoo.com Available for individual supervision.

Mary Welsh, MS, NCC, MHC, RPT-S-Currently working with Military Families as a consultant. Mary has 22 years experience in the field of child and family therapy and has spent 9 of those years in private practice. Mary was trained and received her supervision on the mainland and is also

certified through the National Institute for Relationship Enhancement. She feels that it is very important for Play Therapists to have a strong background in Child Centered Play Therapy and looks forward to working with Supervisees interested in strengthening their knowledge and skills in this area. Mary can be reached at mlwelsh@comcast.net or at 703-919-1881. She is available for distance supervision and will assist the supervisee in creating and utilizing videotaped sessions as the best way to learn strong skills.



Join the HAPT Team

We always welcome any members who may be interested in serving on board or being a part of a committee. For more information, please contact Member-At-Large Lindsay Bottoms at: lindsaybottoms@yahoo.com.

NEWSLETTER CONTRIBUTIONS WELCOME!!

As always, we welcome contributions to the newsletter: review of play therapy literature, tips or techniques you have found helpful, resources, upcoming trainings related to play therapy, letters to the editor, etc. Please contact HAPT Member-at-Large Lindsay Bottoms, at lindsaybottoms@yahoo.com

In the essence of being Thankful this November, we appreciate all the support of our members old and new! Let's keep the momentum going and see all of you at our annual conference! Don't wait! Register Today!