Andrea Kerick, RD, LDN, CDE is originally from Michigan and a 1988 graduate of Western Michigan University where she obtained a Bachelor's of Science in Nutrition and Dietetics. She completed an ADA recognized internship in July 1999 and passed the national registration exam to become a Registered Dietitian in November 1999.

Andrea moved to North Carolina in 2002. She has previous experience in nephrology, diabetes, and weight management for both adults and pediatrics and has always had a passion for diabetes management and weight loss.

She obtained her certificate in weight management for Adults in 2005 and Pediatrics in 2007 and obtained national credentialing in 2006 as a Certified Diabetes Educator. She enjoys helping patients who have experienced complications from diabetes, and those who need help managing their diabetes, and medication regimens along with patients who are trying to prevent the onset of diabetes.