



# Holy Guardian Angel Regional School May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids

## Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

Student Lunch	\$3.25
Entrée	\$2.50
Milk	\$0.50
Iced Tea	\$0.50
Fresh Fruit	\$0.50
Baked Chips	\$0.60
Ice Cream	\$0.75/\$1.25
Hot Pretzel	\$0.55
Baked Cookie	\$0.35
Spring Water	\$0.50/\$1.00
Juice Pack 100%	\$0.75
Flavored Water	\$1.00

### Beverage Choice:

Your Meal Comes with  
the Choice of:  
Flavored/Unflavored  
Low Fat Milk,  
Iced Tea, or Water

### Maschio's Swap Outs

**Monday:** Grilled Chicken Caesar Wrap  
**Tuesday:** Egg Salad Sandwich  
**Wednesday:** Bagel Bag  
**Thursday:** Italian Sub  
**Friday:** Tuna Salad Sandwich

### Maschio's Swap Outs Available Daily

Peanut Butter & Jelly Sandwich  
Hot Dog on a Bun  
Garden Salad w/ Cheese & Dinner Roll

## MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Popcorn Chicken</b> Mashed Potatoes Golden Corn Fresh or Chilled Fruit	2 <b>Fish Sticks</b> French Fries Coleslaw Fresh or Chilled Fruit	3 <b>Breakfast for Lunch</b> <b>French Toast</b> Breakfast Sausages Hash Brown Fresh or Chilled Fruit	4 <b>Pasta with Meatsauce</b> Garlic Bread Tossed Salad Galaxy Swirl Sorbet	5 <b>New Items!</b> <b>CINCO DE MAYO</b> <b>Nacho Platter</b> Steamed Rice Salsa Warm Cinnamon Churro School Lunch Hero Day
8 <b>All Beef Hot Dog on a Bun</b> French Fries Fresh or Chilled Fruit	9 <b>Noon Dismissal</b> <b>No Lunch</b>	10 <b>Croissant Breakfast Sandwich</b> Sausage, Egg and Cheese Tater Tots Fresh or Chilled Fruit	11 <b>Baked Pierogies</b> Broccoli Dinner roll Fresh or chilled Fruit	12 <b>Domino's Pizza</b> Freshly Prepared Garden Salad Fresh or Chilled Fruit
15 <b>NO SCHOOL</b>	16 <b>Cheeseburger on a Bun</b> Smile Fries Fresh or Chilled Fruit	17 <b>Grilled Cheese Sandwich</b> Tomato Soup Fresh or Chilled Fruit	18 <b>Popcorn Chicken</b> Mashed Potatoes Veggie of the Day Fresh or Chilled Fruit	19 <b>Cheese Quesadilla</b> Steamed Rice Salsa Fresh or Chilled Fruit
22 <b>Spaghetti with Meatsauce</b> Garlic Bread Fresh or Chilled Fruit	23 <b>Breakfast for Lunch</b> <b>French Toast</b> Breakfast Sausage Hash Browns Fresh or Chilled Fruit	24 <b>Homemade Macaroni and Cheese</b> Broccoli Dinner Roll Fresh or Chilled Fruit	25 <b>Ham and Cheese on a Bun</b> Bagged Snack Potato Salad Fresh or Chilled Fruit	26 <b>Domino's Pizza</b> Freshly Prepared Tossed Salad Fresh or Chilled Fruit
29 <b>Memorial Day</b> <b>School Closed</b> 	30 <b>Walking Tacos</b> Steamed Rice Salsa Fresh or Chilled Fruit	31 <b>Domino's Pizza</b> Fresh Prepared Garden Salad Fresh or Chilled Fruit	 <b>Celebrate World Food Week!</b>	

Questions or Concerns? Please Visit  
[www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 610-929-4124

Lunch Tickets are available in the cafeteria:  
20 meals: \$65.00



Check us out on Facebook : Maschio's Food Services, Inc.

MENU SUBJECT TO CHANGE

  
**Maschio's**  
Food Services, Inc.

"This institution is an equal opportunity provider"