

  
**The Center for Women**  
*Obstetrics & Gynecology*

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**MALE POST PELLETING SYMPTOM ASSESSMENT CHECKLIST**

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please mark any symptoms:*

	Never	Mild	Moderate	Severe
Decline in General Well Being	( )	( )	( )	( )
Fatigue	( )	( )	( )	( )
Joint Pain & Muscle Aches	( )	( )	( )	( )
Excessive Sweating	( )	( )	( )	( )
Sleep Problems	( )	( )	( )	( )
Increased Need for Sleep	( )	( )	( )	( )
Irritability	( )	( )	( )	( )
Nervousness or Anxiety	( )	( )	( )	( )
Depressed Mood	( )	( )	( )	( )
Exhaustion & Lacking Vitality	( )	( )	( )	( )
Declining Mental Focus & Concentration	( )	( )	( )	( )
Feeling You Have Passed Your Peak	( )	( )	( )	( )
Feeling Burned Out	( )	( )	( )	( )
Decreased Muscle Strength	( )	( )	( )	( )
Breast Development	( )	( )	( )	( )
Shrinking Testicles	( )	( )	( )	( )
Rapid hair loss	( )	( )	( )	( )
Decreased in Beard Growth	( )	( )	( )	( )
New Migraine Headaches	( )	( )	( )	( )
Decreased Sexual Desire or Libido	( )	( )	( )	( )
Decreased Morning Erections	( )	( )	( )	( )
Decreased Ability to Perform Sexually	( )	( )	( )	( )
Infrequent or Absent Ejaculations	( )	( )	( )	( )
No Results from E.D. Medications	( )	( )	( )	( )
Weight Gain, Belly Fat or Inability to Lose Weight	( )	( )	( )	( )

**Are you have any of the following symptoms?**

	YES	NO
Nipple Sensitivity	( )	( )
Emotional	( )	( )
Acne	( )	( )
Weight Gain	( )	( )
Not losing Weight	( )	( )
Fatigue	( )	( )

**SOCIAL HISTORY:**

How often do you exercise (Check One)?    0 Hrs                      1-3 Hrs/Wk                      4-7 Hrs/Wk                      >8 Hrs/Wk

( )                                      ( )                                      ( )                                      ( )

Do you Smoke?                      ( ) YES                      ( ) NO