



ANNE FIDDICK
AQUATIC & SPORTS CENTRE
GOLD RIVER, B.C.
250-283-2216
pool@conumacable.com



WEIGHTROOM / CARDIO ROOM & COURT HOURS

Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm
 Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm
 Friday 9 am - 12 noon & 6 pm -10 pm
 Saturday: 2 pm - 5 pm & 6 pm - 9 pm
 Sunday: 12 noon - 4 pm

SCHEDULE EFFECTIVE April 1 - June 8, 2019

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure				
9 - 10 am	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM								
10 - 11 am	EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME	EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME	EVERYONE WELCOME	EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME								
11 - 12 pm	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am -12pm	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am - 12pm	↓	EVERYONE WELCOME	EVERYONE WELCOME	↓								
12 - 1 pm	AQUATIC CENTRE CLOSED DURING LUNCH HOUR NOTE: LANE SWIMMING MAY BE UNAVAILABLE TUES/THURS 3:30 - 5:00 PM																	
1 - 2 pm	FACILITY CLOSED 12 noon - 5 PM		EVERYONE WELCOME 1 - 9 pm		FACILITY CLOSED 12 noon - 5 pm		EVERYONE WELCOME 1 - 9 pm		FACILITY CLOSED 12 noon - 6 pm									
2 - 3 pm			SCHOOLS 1 - 3 pm				SCHOOLS 1 - 3 pm											
3 - 4 pm			LESSONS 3:30 - 5:45				LESSONS 3:30 - 5:45											
4 - 5 pm			↓				↓											
5 - 6 pm	EVERYONE WELCOME 5:00 - 9:00		EVERYONE WELCOME		EVERYONE WELCOME 5:00 - 9:00		EVERYONE WELCOME		EVERYONE WELCOME 6 - 10 pm									
6 - 7 pm			P/S LESSONS 5:45 - 6:45				P/S LESSONS 5:45 - 6:45											
7 - 8 pm			↓				↓											
8 - 9 pm			↓				↓											
9 - 10 pm	The pool will be closed April 19, 22 & May 20, 2019																	