

Academic Coaching

ABOUT COACHING

Our career and leadership Coaching uses a holistic, resultsbased approach infused with mindfulness and anchored in gestalt theory. The coaching process is a powerful and effective tool designed to assist faculty and administrators at all levels to pursue sustainable professional growth.

By building a trusting, confidential relationship, Amanda Shaffer works with faculty, and new or emerging leaders to identify goals, increase their skills and develop actionable career plans. We also provide resources and support to assist with emergent issues and brainstorms strategies to overcome obstacles when they arise.

ABOUT US

Amanda Shaffer is known for making complex topics accessible through collaborative learning. A small consulting company based in Washington DC, we are dedicated to advancing equity, inclusion, and social progress.

With 16+ years of experience providing coaching, facilitation, and DEI training, we bring a seasoned, thoughtful, and intersectional approach to your coaching and professional development needs.

SAMPLE OF CURRENT & FORMER CLIENTS

- Arizona State University
- Caldwell University
- Case Western Reserve University
- Clark University
- Dartmouth University
- Emory University Gannon University
- HERS Institute (Wellesley & Bryn Mawr Colleges)
- 🏂 Higher Education Recruitment Consortium (HERC) 🐉 University of Mississippi
- Hudson Community College

- Sohn Carroll University
- Kent State University
- Metro NY S. Conn. HERC (Columbia University)
- New England HERC (Harvard University)
- New Jersey HERC (Princeton University)
- Rutgers University
- Texas A & M
- 👺 University of Alabama at Birmingham
- Chiversity of Maryland, Baltimore 🌣

CREDENTIALS

- ACC certified, International Coach Federation
- Appreciative Inquiry
- Difficult Conversations
- Emotional Intelligence
- Sestalt Professional Certified Coach
- Intentional Change Models
- BA & MA, Philosophy
- Mindful Facilitation
- Women in Leadership

Please contact us to schedule a free 30-minute consultation ShafferCoaching@icloud.com



Amanda Shaffer, Founder and Principa

Coaching Packages

Coaching packages are prepaid and include support by email between each 60-minute session. Customized packages also available.

- 6 sessions, single client
- 12 sessions, single client
- 24 sessions, up to two clients
- 12-month retainer, 4 clients per month
- Monthly Group Coaching, up to 10 clients

Leadership Coaching

- 12-month customizable engagement
- 90-minute coaching sessions
- Strategy, DEI, and communication skills
- Assessments upon request
 - 360 Emotional Intelligence
 - Thomas-Kilmann Conflict Mode (TKI)
 - DISC Profile products

Strategy & Education

DEI strategy development may be combined with coaching or professional development programs

- Individual DEI Workshop/Training
- Multiple DEI Workshops/Trainings
- Train-the-trainer curriculum development
- **DEI Strategy Consultation**

Special Discounts

Please contact for details. Pricing consideration may be extended to:

- Returning clients
- Small nonprofit organizations
- New grad/ Grad student/Post-doc
- Department/School/Institution contracts

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