Song Title: Let the Peace of God Rule in Your Heart

Text: Colossians 3:15,16; 3:1,8,13,17; 1 Peter 5:10; Zechariah 7:9,10; Matthew 6:21; Doctrine and Covenants 84:85;

Musical Conduit: Karalee S. Johnson

Summary: These Scriptures teach us that the commandment to find peace may need to be an active, as opposed to passive, process.

Many Scriptures, some of which are included in this song, teach us what we can DO to seek peace -- actively turn our thoughts and feelings to virtuous ones in order to repel the ugly ones that try to invade. Finding peace in this day is not a passive work.

This song teaches us some thoughts we can think and feelings we can adopt in order to do that.

History and Summary: The inspiration for this song came at at time when I was feeling "weary in well-doing." (Galatians 6:9) I was volunteering much and working many hours teaching piano but feeling inadequate; my daughter was seriously struggling; in the previous year I had gone through a painful betrayal; my home needed repairs but I had no time to stay home due to commitments to serve; political contention bombarded the media; and I was feeling generally under-appreciated for my best efforts. I should have felt grateful for so many incredible blessings, but couldn't find the energy. Then I read Paul's counsel to "rejoice always" (Philippians 4:4), and to do that, he explains that we have to think on things above. I tried it and it helped turn my world around. Some songs tell us that there is peace in Christ, but inspiration came to write a song to include what the Scriptures teach to consciously and intentionally control our thoughts and feelings — and the peace that is promised if our minds are "stayed on Christ."















