### Prevent Diabetes STAT: Rhode Island

September 8, 2018 8:00am to 12:00pm

Registration Form

Name, Degree & Title (as preferred for name badge):

**Primary Medical Specialty:** 

Email (required):

Office Address:

Office Phone:

# **Registration Fees**

- □ \$25 RIMS Members
- □ \$50 Non-members

Breakfast is included. Please advise if you have any dietary restrictions.

Please make checks payable to "RI Medical Society Foundation"

Credit Card Payment: VISA	MC	_AMEX_
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No refunds will be issued for no shows.

Please send your registration materials to: RI Medical Society, 405 Promenade Street, Providence, RI 02908

RIMS members <u>ONLY</u> can register online at www.rimed.org

Thank you to the DPP Planning Committee:

BlueCross BlueShield of Rhode Island

• Elizabeth James, RN

Rhode Island Medical Society

- Marc Bialek
- Steve DeToy
- Newell Warde, PhD

# Brown Office of Continuing Medical Education

- Maria Sullivan, BS
- Andrea Goldstein

# Rhode Island Department of Health

- Michelle Barron-Magee, BS
- Randi Belhumeur, MS RD LDN CDOE
- Megan Fallon, MS



RHODE ISLAND MEDICAL SOCIETY

405 Promenade Street, Suite A Providence, RI 02908 Phone: 401-331-3207 Contact: Sarah Stevens E-mail: sstevens@rimed.org RHODE ISLAND MEDICAL SOCIETY PRESENTS

Prevent Diabetes STAT Rhode Island Screen/Test/Act Today™



Saturday, September 8, 2018 8:00am – 12:00pm Warren Alpert Medical School of Brown University

222 Richmond St. Providence, RI

# Prevent Diabetes STAT Rhode Island: Screen/Test/Act Today<sup>TM</sup>

Over one-third of Rhode Islanders are pre-diabetic and the vast majority are not aware that they are. Left untreated, between 15 and 30 percent of pre-diabetics will develop full type 2 diabetes within five years. Diabetes Prevention Programs have proven to be very effective in preventing

# **Learning Objectives**

- 1. Assess patients' risk for pre-diabetes.
- 2. Conduct routine screenings.
- 3. Connect patients with DPPs
- 4. Engage and communicate with local DPPs to establish a process to receive feedback about patient participation/progress.
- 5. Position themselves to prosper under new payment models.

### Program Agenda

8:00am – 8:45am: Registration/Breakfast/Visit Exhibitors

8:45am-9:00am: Welcome

• Sarah Fessler, MD, Immediate Past-President, Rhode Island Medical Society

**9:00am – 9:30am:** Diabetes Prevention: Bending the Diabetes Curve

• Arnold Goldberg, MD, Asst. Program Director, Kent Hospital/UNECOM Family Medicine Residency Program This discussion will focus on the toolkit created by the AMA and CDC that can help physician practices screen and refer patients to evidence-based diabetes prevention programs without adding a burden to their practice.

**9:30am – 10:00am:** Effectively Tracking and Presenting DPPs Outcomes

• Matt Collins, MD, V.P. of Clinical Integration, BlueCross BlueShield of RI.

pre-diabetics from progressing to diabetes, which is the single most costly chronic condition in Rhode Island.

This activity will provide detailed data regarding the effectiveness of Diabetes Prevention Programs (DPP). It will also focus on the importance of performing routine pre-diabetes screenings, how to perform such

Given that 1 in 3 adults likely have pre-diabetes, the value of diabetes prevention seems obvious. Purchasers of DPP need assurances that the results obtained from locally-sourced DPPs produce the same value as those in the DPPOS and NIDDK.

10:00am-10:15am: Break/Visit Exhibitors

**10:15am – 11:00am:** Connecting Physicians and Patients to Diabetes Prevention Programs

- **Megan Fallon, MS,** Health Systems Intervention Manager, RI Department of Health
- **Nellie Guerriero**, DPP Lifestyle Coach, Bristol Parks and Recreation Center

Screening for prediabetes is a crucial first step for quality improvement and diabetes prevention. Presenters will discuss how RI-based FQHCs currently screen for prediabetes through clinical quality measures and clinic work flow redesign. Presenters will then explain the structure of RI-based DPPs, the effectiveness of these programs, and how physicians intervene by referring patients to DPPs in their communities.

**11:00am – 11:30am:** Incorporating DPP into Your Medical Practice - A Case Study

• Marna Heck-Jones, IT EHR & Data Analytics Coordinator, Anchor Medical Associates

Anchor Medical will discuss the methodology and the effective implementation it employed over the past six months to incorporate diabetes prevention programs into its medical practices. screenings, and how to refer patients to free, evidence-based DPPs in their communities. Given these tools, physicians will not only establish new clinical habits, but will also empower patients to take better care of themselves.

11:30am – 12:00pm: Call to Action & Adjournment

• **Bradley Collins, MD**, President, Rhode Island Medical Society

A wrap up of the day's discussion and listing of resources for physicians.

# Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the Rhode Island Medical Society. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

# **Credit Designation**

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





This event is made possible through a grant from BlueCross BlueShield of Rhode Island.