

A Word of Wisdom

Joyfully ♩ = 126

Text and Music by Katherine Wright

The sheet music consists of three staves of music in common time (indicated by '3') and a key signature of one flat (indicated by 'F'). The top staff features a treble clef and contains lyrics about various substances and their effects. The middle staff features a treble clef and contains lyrics about personal knowledge and health. The bottom staff features a bass clef and provides a harmonic foundation with sustained notes.

Grains in the gar - den, fruit on the tree Fa - ther cre -
Strong drinks, to - bac - co, cof - fee and tea Fa - ther has
Health in the na - vel, peace in my mind Trea - sures of

a - ted these good foods for me Herbs in their sea - son,
said these are not good for me I'll nev - er use drugs, - I'll
know- ledge, great wis - dom to find I'll run and not wea - ry,

meat spar - ing - ly When I eat health - y food, Fa - ther is
shun harm - ful things Keep my - self pure so my spi - rit can
walk and not faint Fa - ther will guard and pro - tect me each

A Word of Wis - dom, Word of

pleased sing day

Wis - dom Gi - ven to guide us in these lat - ter days

I will care for my pre - cious bo - dy

Bless - ings a - bound when I choose to o - bey

Glory be to the Father, and to the Son,
As it was in the beginning, is now, and ever shall be.