



Hold tape in center of palm and measure around back of hand

Measure in inches, around the largest part on hand

	Small	Medium	Large	Extra Large	2XL
Euro Size	9	10	11	12	13
Inches	71/2 - 81/2	81/2 - 9 1/2	91/2 - 101/2	101/2 - 111/2	111/2 - 121/2