MICHIGAN BY THE NUMBERS

- 27 independent Ys
- 69 locations
- 16 resident camps

460,288 MEMBERS & PROGRAM PARTICIPANTS

12,397 VOLUNTEERS GAVE THEIR TIME

STATEWIDE PARTNERS

- Michigan Department of Health & Human Services
- Michigan Department of Education
- Michigan Health Endowment Fund
- Healthy Kids, Healthy Michigan
- Michigan No Kid Hungry
- Michigan Health & Wellness 4x4 Plan

HEALTH MANAGEMENT PROGRAMS

- ENHANCE® FITNESS PARTICIPANTS (SINCE 2007): 2329
- LIVESTRONG® AT THE YMCA PARTICIPANTS (SINCE 2008): 851
- DIABETES PREVENTION PROGRAM PARTICIPANTS (SINCE 2010): 747
- MOVING FOR BETTER BALANCE PARTICIPANTS (SINCE 2014): 125
- BLOOD PRESSURE MANAGEMENT PARTICIPANTS (SINCE 2014): 217

YOUTH PROGRAMS

- Children in Healthy Out of School Time: 38,486
- Youth in Michigan Swims: 24,421
- Children in Childcare: 8,367
- Students in Youth in Government: 1,700