



# MICHIGAN BY THE NUMBERS

- ▶ 27 independent Ys
- ▶ 69 locations
- ▶ 16 resident camps



**460,288**  
MEMBERS & PROGRAM  
PARTICIPANTS

**12,397**  
VOLUNTEERS  
GAVE THEIR TIME



## STATEWIDE PARTNERS

- ▶ Michigan Department of Health & Human Services
- ▶ Michigan Department of Education
- ▶ Michigan Health Endowment Fund
- ▶ Healthy Kids, Healthy Michigan
- ▶ Michigan No Kid Hungry
- ▶ Michigan Health & Wellness 4x4 Plan

## HEALTH MANAGEMENT PROGRAMS

**2329**



**ENHANCE®  
FITNESS  
PARTICIPANTS  
(SINCE 2007)**

**851**



**LIVESTRONG®  
AT THE YMCA  
PARTICIPANTS  
(SINCE 2008)**

**747**



**DIABETES  
PREVENTION  
PROGRAM  
PARTICIPANTS  
(SINCE 2010)**

**125**



**MOVING FOR  
BETTER  
BALANCE  
PARTICIPANTS  
(SINCE 2014)**

**217**



**BLOOD  
PRESSURE  
MANAGEMENT  
PARTICIPANTS  
(SINCE 2014)**

## YOUTH PROGRAMS

**38,486**



**Children in Healthy  
Out of School Time**

**24,421**



**Youth in  
Michigan Swims**

**8,367**



**Children in  
Childcare**

**1,700**



**Students in  
Youth in Government**