



Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities
Educational Equity For All

September 2018

California Department of Education News



State Requirements Pertaining to the Use of Restraint and Seclusion as Behavioral Interventions

To prevent emergency interventions from being used in lieu of planned, systematic behavioral interventions, the parent, guardian, and residential care provider, if appropriate, shall be notified within one school day if an emergency intervention is used.

<https://www.cde.ca.gov/sp/se/ac/om011218.asp>



The School Year is Here. Is Your Child Ready? - The start of the school year can be stressful for parents and children. This article provides ideas for successfully making the transition.

[WebArticle PDF](#)

Video: Tips for special needs children going back to school

Back to school can be nerve-racking for some parents, especially if they have kids with special needs. Here are some tips to help your special needs children make a smooth back to school transition. Wochit



<https://www.lohud.com/videos/news/2018/08/01/video-tips-special-needs-children-going-back-school/37250465/>

8 Back-to-School Tips For Parents of Kids With Special Needs

Back to school can be an anxiety-provoking time for parents under the best of circumstances. Making sure your kids have the right clothes and the right supplies can be overwhelming, but when you're the parent of a child with special needs, you have to make sure they have the right program in place, too.

Here are some tips to help make sure you and the school are ready for your child to go back to school.

1. Look over your child's current Individualized Education Plan.
2. Double-check all the pieces of the IEP are in place.
3. Meet your child's new teachers and tell them about your child.
4. Ensure that transportation is set up.
5. Organize and reorganize activities and therapy appointments.
6. Take your child to tour the school.
7. Start a new communication notebook.
8. Go back-to-school shopping early.

<https://www.popsugar.com/moms/Back--School-Tips-Parents-Kids-Special-Needs-31032926>



"Programs must meet the needs of the parents they serve rather than demand that the parents meet the needs of the program... A match between parent needs and involvement opportunities increases the possibility that the parent will become actively involved in the program."

Elizabeth Landerholm and Jo Ann Karr, "Designing Parent Involvement Program Activities to Deal with Parents' Needs"

Feature Idea of Month

Special Needs Parenting - 5 Tips For Parents Of Special Needs Children



<https://www.inspiringlifedreams.com/free-stuff/>

Routines and children with disability

Routines can help family life run more smoothly. They can also be a way to help your child with disability develop skills. The best routines are the ones that suit you, your child and your situation.

Why routines are good for children with disability

An organized and predictable home environment helps all children feel safe and secure, especially when things are stressful or when children are going through difficult stages or experiences.

If your child needs to take medicine or do other medical procedures regularly, a routine for this will make it easier for both of you to remember.

Family routines can also be a way for your child with disability to develop new skills. For example, if your child has a goal to work on communication skills and taking turns, you could remind him a few times during dinner that it's his turn to talk about what happened at kindergarten.

If your child has complex needs, you might need to carry out most of her routine care. But your child will still enjoy and benefit from being part of your daily routines.

http://raisingchildren.net.au/articles/disabilities_routines.html



Strategies to Improve Sleep in Children with Autism Spectrum Disorders
A Parent's Guide



https://nau.edu/uploadedFiles/Academic/SBS/IHD/Research/Russell_Sleep%20Resources_References.pdf

WEBSITES AND RESOURCES

<https://www.php.com/e-learning-video-library/>
<http://www.speciallearninghouse.com/free-autism-resources/>
<https://wapave.org/back-school-special-education-check-list/>



Top Ten Parental Rights in Special Education By Dennise Goldberg

10. Parents have the right to request that their child be assessed for Special Education without delay.
9. Parents have the right to list all of their concerns in the IEP.
8. Parents have a right to request a new IEP meeting be held within 30 days of a written request when an IEP is already in place.
7. Parents have the right to participate in the IEP meeting and have their opinions heard and noted.
6. Parents have the right to bring any person to an IEP meeting with knowledge of the child or the child's disability including advocates and attorneys.
5. Parents have the right to review and receive copies of their child's educational records.
4. Parents have the right to consent, refuse to consent or revoke consent for special education for their child.
3. Parents have the right to receive Prior Written Notice when a school district proposes a change in a child's placement or refuses a parent's request.
2. Parents have the right to ask for an Independent Educational Evaluation at public expense when they disagree with the school district's assessments.
1. Parents have the right to file complaints, including state complaints and due process complaints, and disagree with parts or all of the IEP.

<http://www.specialeducationadvisor.com/top-ten-parental-rights-in-special-education/>

Washington kids with special needs often denied right to learn in general classes

Inclusion Improves Outcomes

When schools adequately include disabled students in settings with their non-disabled peers, it can be life-changing, according to experts who cite nearly 30-years of inclusion research.

Inclusion helps students with disabilities perform better academically, she said, but it also gives these students a sense of belonging that encourages them to finish school.

<https://www.king5.com/article/news/local/washington-kids-with-special-needs-often-denied-right-to-learn-in-general-classes/281-552757498>