



# NORMAN GALINSKY

## ARTIST STATEMENT

My artwork has been inspired and informed by my background in science and engineering and my ongoing interest in metaphysics and explorations of consciousness.

My recent works involve the free-hand application of small marks to construct larger, intuitively derived geometric patterns. The compositions are produced through a meditative approach, a practice of focused attention and intention, often using ancient sacred geometric forms and proportions. I call the work “process oriented” because I maintain an intimate connection with the act of generating the works by hand. The images suggest emissions of energy waves and particles, vibrating fields and networks that denote a synthesis between the material world and a hidden quantum universe. Many of the works utilize symmetry and circular imagery of converging forms, a central focus of “stillness” to express the unity of consciousness—the one shared life.

From the very early establishment of a geometric premise through preliminary sketches to the final completion of a work, each step of the process and the resulting changes are tracked. The full-scale work often results in surprising, unforeseen, and unanticipated variations from the original concept.

## BIOGRAPHICAL SUMMARY

**NORMAN GALINSKY** displayed an early talent in art, but it was his achievements in math and science that initially led him into a career in applied research in chemical engineering. Throughout his years in industry, he continued to study art, first with a focus on traditional renaissance oil and egg tempera painting techniques, and later in classes with Henry Pearson at the New School and Will Barnet and George Tooker at the Art Students League in NYC. In the late 1960s, he participated in the Experiments in Art and Technology (EAT) program developed by Billy Kluver and Robert Rauschenburg. After a seven-year career in chemical engineering, he left industry and turned fully to art, earning an MFA degree from Columbia University in 1973. At Columbia, he studied painting with Philip Guston, Jack Tworkov, and Stamos, and printmaking with Bob Blackburn and Tony Harrison.

His artwork has been influenced by his more than 25-year expertise in the practice and teaching of Chinese healing exercises and martial arts, including qigong, Tai Ji Quan, and other meditative and energetic healing disciplines. He has taught these forms in his studio as well as in area hospitals, including New York Presbyterian (under the direction of Dr. Mehmet Oz), Englewood Hospital, Nyack Cancer Center, and St. John's Riverside Hospital in Yonkers, NY.

By synthesizing and translating the seemingly disparate world of the quantum sciences and spirituality into compelling abstract images, Galinsky's art depicts the evolving dynamic order underlying the world today and intimates possibilities for the future. His work manifests his passion for combining art and healing, and his images are intended to encourage contemplation and introspection.

Galinsky has been exhibiting his work since 1978. He is represented in numerous private and corporate collections, including IBM, Exxon-Mobil, The Four Seasons Hotels, Bank of America, Astra Merck, Novartis, and Pepsico, among others. He is from Charleston, WV and has been a resident of Rockland County, NY for 40 years.