

**AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION**

I \_\_\_\_\_/\_\_\_\_\_ [Client(s)] authorize Martha Simpson, LMFT to

Obtain from,  Exchange with,  Release to \_\_\_\_\_ [Name of Provider or 3rd party] confidential information obtained during the course of my treatment. This authorization permits the release of the following:

- Any and all necessary information (IF YOU CHECK THIS BOX YOU NEED NOT CHECK OTHER BOXES)
- Treatment plan/summary
- History/intake
- Diagnosis/Prognosis
- Psychological/Clinical test results
- Psychiatric evaluation/medication history
- Dates of treatment
- Other (specify) \_\_\_\_\_

I authorize the release of the information described above for the purpose of:

- Evaluation/assessment and/or coordinating and improving treatment
- Other (specify) \_\_\_\_\_

The specific uses and limitations on the types of information to be released are as follows:

\_\_\_\_\_  
\_\_\_\_\_

The specific uses and limitations on the use of the information released are as follows:

\_\_\_\_\_  
\_\_\_\_\_

I understand I have a right to receive a copy of this Authorization, and that any modification or revocation of this Authorization must be in writing.

This consent **will automatically expire one year after termination of therapy** with Martha Simpson, or alternatively on the following date, condition, or event described here: \_\_\_\_\_

\_\_\_\_\_.

Signed by: \_\_\_\_\_/\_\_\_\_\_ Date: \_\_\_\_\_

[Client(s) or Clients' Representative]

Printed Names: \_\_\_\_\_/\_\_\_\_\_