

# Preschool Menu August

Monday Cereal	TACO TUESDAY Cereal	Wednesday Muffins	Thursday Muffins	Friday Muffins
30 Mac & Cheese Green Beans	31 Taco w/ Veggie Fix'ns	8/1 Spaghetti Salad	8/2 Quesadilla Broccoli	8/3 Cook's Choice
6 Burrito Zucchini	7 Chicken Taco w/Veggie Fix'ns	8 Egg Fried Rice Mix Veggies	9 Quesadilla Celery Salsa	10 Spaghetti Salad
13 Chicken Noodles Peas and Carrots	14 Chicken Taco w/Veggie Fix'ns	15 Tortilla Wraps Veggie Fix'ns	16 <b>POTLUCK PARTY SIGNUP</b>	17 Cheese Pizza Zucchini Sticks
20 Quesadilla Celery Salsa	21 Taco w/Veggie Fix'ns	22 Enchilada Corn	23 Mac & Cheese Broccoli	24 Cook's Choice
27 Grilled Cheese Veggie Dippers	28 Chicken Taco Veggie Fix'ns	29 Burrito Zucchini	30 Chicken Noodles Peas and Carrots	31 Cook's Choice
Graham Crackers	Gold Fish	Wheat Thins	Animal Crackers	Ritz Crackers

## Eating at Dove Day School

- We serve milk with breakfast and lunch each day.
- Breakfast and afternoon snacks are included
- We use brown rice and whole wheat bread
- Our fruit is fresh and chosen each day based on season and ripening cycles.
- Dietary restrictions are respected; please let your child's needs be known.
- Breakfast/snack is served from 8:00 to 8:30 the starch offerings rotate.
- Afternoon snack consists of fruit and a starch.
- Late afternoon snack consists of water and the group's choice of a starch.