



# Highland Tartan

VOLUME 47, NUMBER 2

Summer, 2018

## **PRESIDENT'S MESSAGE**



I would like to remind our members that our 2018 fundraiser raffle tickets are available from either me or Lisa. I hope you'll support the club. Our fundraisers help pay club insurance expenses, rental space for meetings, programs and speakers. Tickets are \$10 each or 3 for \$20. The items offered are for all dog lovers, not just Westie lovers. Maybe you have family and neighbors that would like to take a chance at winning one of the items. Please contact me at [gailaurie@hotmail.com](mailto:gailaurie@hotmail.com) or [Lisa.Blutman@aol.com](mailto:Lisa.Blutman@aol.com) for tickets. More information appears further into the newsletter.

In response to my second email concerning meeting attendance, I've had 14 members advise me they will attend the September 22 meeting. 14 members present at the meeting will give us the quorum needed to conduct club business. I hope those of you that have not yet committed will plan to be at the meeting. The meeting location has been reserved at the UC Hayward campus. Please see the meeting details further into the newsletter.

The decision to offer for sale the lure course equipment was made by the board of directors at its meeting August 22. It is being sold because there doesn't seem to be interest in using it again and I did not receive an offer to store it. There isn't storage room for it in the club trailer.

I'm happy to announce that the board of directors has approved the appointment of David and Linda Snook to the position of co-liaisons to Westie Rescue and Placement of Northern California. Questions concerning Westie rescue received by the club will be referred to David and Linda. David is president of WRAP and Linda is a committee member. Thank you Linda and David.

Thankfully, Lisa has arranged a program for our meeting. Please bring your seniors, 8 years and up. Dr. Thomasy will talk to us about DRY EYE and will be taking DNA samples. We need to collect as many samples as possible. Thank you.

Gail



# **SAN FRANCISCO BAY WEST HIGHLAND WHITE TERRIER CLUB**

## **2018 OFFICERS AND BOARD OF DIRECTORS**

PRESIDENT – GAIL KRIEGER

BOARD MBR – SHERRY BYRD

VICE PRESIDENT – KIM SMITH

BOARD MBR – WINNIE NOBLE

TREASURER – JIM GILCREST

BOARD MBR, IPP – BRUCE CAMPBELL

SECRETARY – LISA BLUTMAN, [lisa.blutman@aol.com](mailto:lisa.blutman@aol.com)

## **2018 COMMITTEES**

AWARDS – DAVID SNOOK

BY-LAWS – LISA BLUTMAN, JIM GILCREST, GAIL KRIGER

FUNDRAISING – KIM SMITH, LISA BLUTMAN, HELAINE CAMPBELL, GAIL KRIEGER

HOLIDAY LUNCHEON – MARIE THOMPSON

EDUCATION AND PROGRAM – DAVID SNOOK, NANCY BERGER

MEMBERSHIP – GAIL KRIEGER OBEDIENCE

RALLY AND PERFORMANCE – NANCY BERGER

SPECIALTY SHOW AND SWEEPSTAKES – LISA BLUTMAN

STANDING MATCH AND SHOW – GAIL KRIGER, LISA BLUTMAN, SHERRY BYRD, KIM SMITH

SUNSHINE – NANCY BERGER

WEBMASTER – LINDA GILCREST

WEST HIGHLAND WHITE TERRIER CLUB OF AMERICA LIAISON – LISA BLUTMAN

WESTIE FOUNDATION OF AMERICA LIAISON – GAIL KRIGER

WESTIE RESCUE AND PLACEMENT OF NORTHERN CALIFORNIA LIAISON – DAVID & LINDA SNOOK

*Please consider volunteering your time by serving on one of the Club's committees. Volunteering is a great way to meet new people and to help shape the future of our organization. If you are interested, please contact Gail Krieger, [gailaurie@hotmail.com](mailto:gailaurie@hotmail.com).*

Nessie & Bonnie,  
Cool in the shade



*We are presently in need of a membership chairperson. Membership Chair responsibilities are fairly limited. A once a year renewal notice is mailed no later than November 30 of each year. Membership dues are collected, recorded and forwarded to the Treasurer. Dues are considered past due on March 1. After that time a membership directory is revised and emailed to the members (those not listing an email address in the directory or upon request are sent a hard copy). Other duties are to receive new membership applications and membership fees, advise the newsletter editor for announcement in the Tartan and read applications at first and second applicant's meeting attendance. This is an important responsibility but doesn't require a great amount of time. **YOUR HELP IS NEEDED!***

Visit us online at <http://www.sfbaywestieclub.com> for the latest news and updates!

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The HIGHLAND TARTAN is published at least four times per year in March, June, September and December. We encourage any Club Member to submit articles or information which they feel would be of interest to the Club. Please send material of interest to the Editor by the first day of the month of publication. All materials are published at the discretion of the Editor. Opinions are those of the writer and not necessarily those of the Editor or the Board of Directors of the San Francisco Bay West Highland White Terrier Club. Send materials for publication to *Gail Krieger, gailaurie@hotmail.com*

When submitting information for an ad, please have it camera ready. Indicate the size (full or half page) and mark the areas to be used for written copy.

Copy should be typed to size on white paper. Your photos and copy will be returned, if requested.

Advertisement costs for a Full Page: \$20.00; Half Page: \$10.00; Business Card size: \$15.00; for 4 issues.

Whelping Box: List litter announcements in the Tartan: Number of dog and bitch puppies, sire, dam, whelp date and owners. \$5/ issue, members only.

Please make **check Payable to SFBWHWTC** Payment must accompany advertisement. Send payment to: *Jim Gilcrest, 1440 Happy Valley Rd, Soquel, CA*

**THE HIGHLAND TARTAN IS THE OFFICIAL NEWSLETTER OF THE SAN FRANCISCO BAY WEST HIGHLAND WHITE TERRIER CLUB**

<b><i>Event</i></b>	<b><i>Date</i></b>	<b><i>Location</i></b>
<b>Annual Meeting</b>	<b>1-21-18</b>	<b>Danville</b>
<b>Spec &amp; Sweepstakes</b>	<b>4-13-18</b>	<b>Cal Expo, Sacramento</b>
<b>Spring Mtg &amp; Program</b>	<b>6-2-18</b>	<b>Cal St East Bay, Hayward</b>
<b>Fall Fun Day &amp; Picnic</b>	<b>9-22-18</b>	<b>Cal St East Bay, Hayward</b>
<b>Spec &amp; Sweepstakes</b>	<b>10-20-18</b>	<b>Alameda Frgd, Pleasanton</b>
<b>Holiday Mtg &amp; Luncheon</b>	<b>12-1-18</b>	<b>Brass Door, San Ramon</b>



**If your city, township or county has a website Community Calendar, please ask for permission to post our club events and dates**



This amazing photo sent by Marie Thompson

## **In Memoriam**

We wish to take this opportunity to honor our wonderful four-footed friends who have crossed the Rainbow Bridge.

For future issues, we ask that you send your memorials to: Gail Krieger, [gailaurie@hotmail.com](mailto:gailaurie@hotmail.com)

Please send a photo, birth (an estimate is fine if you don't have the exact date) and passing date along with a short note to include in the memorial.





## HOW LONG CAN I USE BENADRYL

From Vet Vine Forums

AKC CHF, Nov 22, 2015

Question submitted by the audience in our recent webinar: "**The Itchy Dog**":

My shorthaired, thick haired husky cross has itching which seems to change places on his body. There is no flaking, hot spots etc. I can keep it under control (to 90%) using Benadryl (3 times a day) but that is not a permanent solution. He gets a grain free high quality kibble. How long can I use Benadryl?

**Answer by: Andrew Hillier, BVSc, MANZCVS, DACVD**

You can use Benadryl as long as you like - there is unlikely to be any significant adverse reactions. The problem is that constant **oral medications** are difficult to maintain. If he needs constant Benadryl then I would suggest you have him evaluated by your veterinarian to determine which allergy he has – given that he is responsive to Benadryl, this would suggest that he most likely has **Atopic Dermatitis**. If this is correct, there are several other medications which may be more sustainable long term than Benadryl.

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How cute is this!



COME ONE!

COME ALL!



JOIN THE FUN



**SFBWHWTC General Meeting and Fall Fun Day**  
**September 22, 2018**  
**11:00 am-2:00 pm**

Cal State University East Bay by the Music Building  
(Enter Cal State East Bay from Carlos Bee Blvd. When you get to  
the college turn left and park in Lot "L")

Brief General Meeting

Followed by Pot Luck Lunch

Lunch: A-H Main Dish I-S Desert T-Z Side Dish

Water will be provided

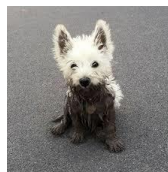
**Bring chairs**

**Bring shade if you have it**

Dogs on leashes or in exercise pens

All Terriers Welcome to attend

**PROGAM – DR. THOMASY DISCUSSES DRY EYE**



## IN MEMORY OF CH. ZIRCONA BELLE TO MOLL FROM ASHGATE



***Our most special Pommie passed away on July 27 after a very short illness; she was 15+ years old, still beautiful and elegantly in charge of our household.***

***Pommie was our once-in-a-lifetime dog who started making good impressions and great friends almost as soon as she arrived from England at 12 weeks. She had an outstanding show career with Bill, Taffe and Conor McFadden that included 2 Best in Show wins. After her retirement, I had the feeling she would enjoy some more ring time.....Soon, she surprised and delighted me by getting 2 Obedience titles, C.D. and C.D.X.***

***But her heart was always in conformation. She loved getting chalked and teased and being in the ring and hearing the spectators applaud her. She looked and felt amazing when she won Best Veteran at our Specialty at age 14!***

***Pommie brought me great joy on a daily basis and new respect at the dog shows but also, many friends. Two of them are particularly special to me because Pommie was the first Westie they had ever seen: that is a connection I shall always treasure as I do all the moments I had with my beloved girl.***

***Hugs to all the Westies ♥☐***

***Nancy Berger***

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### Membership applications

A Second reading will be given at the September 22 meeting for Francesca Sciolino

First readings will be given at the September 22 meeting for Tracy Lee and Chris Stovel



## From the American Kennel Club, Vet Corner

### Raw Food vs. Dog Kibble, should I feed my dog raw diet?

***By Dr. Jerry Klein, CVO***

***Jun 05, 2018***

#### **A raw dog food diet typically consists of:**

- Organ meats
- Muscle meat
- Whole or ground bone
- Raw eggs
- Dog safe fresh fruits and vegetables, like broccoli, spinach, celery, carrots, and apples
- Some dairy, such as yogurt

Supporters of raw food claim the potential benefits to be:

- Shinier coats
- Healthier skin
- Improved dental health
- Increased energy
- Smaller stools

Dog owners should be aware that feeding your pup a raw food diet is much more time consuming than giving him cooked, commercially made dog food. Meticulous care is required in the handling, preparation, and sanitation of raw food. Also, a raw food diet is typically more expensive than a processed kibble diet.

Raw food diets are not recommended in homes with small children or immunocompromised individuals. This is due to the health risk raw foods can present. For example, there have been multiple reports of recalls of certain raw dog foods due to contamination with salmonella, E-coli, campylobacter, and/or listeria.

Dog owners should also know that the American Veterinary Medical Association (AVMA) has taken a formal position opposing the feeding of raw foods. Their policy states: "The AVMA discourages the





feeding to cats and dogs of any animal-source protein that has not first been subjected to a process to eliminate pathogens because of the risk of illness to cats and dogs as well as humans.”

However, there are still many raw food diet advocates. If a dog owner elects to pursue this type of diet, find a veterinarian who is familiar with raw foods and can help guide you in the proper handling and cleaning required to prevent possible health concerns.

## **Dry Dog Kibble**

Dry food ingredients vary by brand, but all kibble dog foods are required to be balanced and meet the nutritional needs of a dog. In fact, the content, calories, and nutritional value of commercially prepared pet foods are regulated by law. The ingredients in dry dog food kibble are processed together and cooked.

These required ingredients include:

- Protein sources like beef, poultry, fish, and eggs
- Grains
- Cereals
- Vitamins, minerals, and antioxidants

Supporters of dry dog food kibble claim the potential benefits to be:

- Reduced dental plaque
- Healthier gums
- Reduced risk of bacteria
- Easier storage
- Less risk of spoilage
- Cost-effective

There are many dry dog foods available. As with all foods, reading the label will help you find the best possible brand for your dog. Always remember that the first ingredient is the most prevalent in that food.

1. Look for a food that has a protein as the first ingredient, not a grain. The best dry dog foods have a single or novel source of protein, such as lamb, chicken, or salmon.
2. There are some grain-free diets, but remember that grains are carbohydrates and required for energy — especially in rapidly growing, large-breed puppies and very active dogs. The choice of grain, however, is important. Some dogs may have sensitivities to wheat, corn, or soybeans.



3. All dry dog foods need preservatives to prevent the fat from becoming rancid. Some commonly used preservatives have been controversial, such as ethoxyquin, BHA, and BHT. Dry foods tend to use more natural preservatives, such as tocopherols (vitamin E), citric acid (vitamin C), and rosemary extract. The shelf life of these foods may be affected, so always read the label on the bag and check the “best by” date. Avoid buying excessive amounts of food at one time if it will not be used in a timely fashion.

Dog owners also have the option of wet canned dog food, and grain-free kibble selections are becoming more prevalent. Ask your veterinarian for advice on which to use, and together, you'll make the best decision for your dog.

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## NEW CHAMPION

**Ch. Arbroath Full of Pride at Gailaurie**, proudly owned by Gail Krieger and John Low, MD and Bill Matthews III, MD.



**Flair** finished in style with 4 majors, owner handled





San Francisco Bay West Highland White Terrier  
Fall Sweepstakes and Specialty  
Held in Conjunction with Skyline Dog Fanciers and Del Valle Dog Club

Friday, October 19, 2018 Supported Entry

*Judge: Mr. William F. Potter II*

**Saturday, October 20, 2018 Sweepstakes and Specialty Show**

***Sweepstakes Judge: Mr. Richard Urquhart***

***Specialty Judge: Mr. Geir Flyckt-Pedersen***

Sunday, October 21, 2018 Supported Entry

*Judge: Mr. David J. Kirkland*

***Banquet to be held at the Brass Door Restaurant***

***2154 San Ramon Valley Blvd. San Ramon, CA on***

***Saturday, October 20, 2018***

***Choice of Prime Rib (\$45), Chicken Picatta (\$39) OR Fresh Salmon (\$39)***

Contact Lisa Blutman by: October 15 with your selection: [Lisa.Blutman@aol.com](mailto:Lisa.Blutman@aol.com)

710 Wiegand Way Dixon, CA 650-759-0184



## ***2018 SFBWHWTC Fundraiser***



***Black Leather Radley Handbag with Radley the Dog Key Fob – First Place Prize***

***Novelty Print Radley the Scottish Dog Motif Handbag – Second Place Prize***

***Burgundy Leather Wallet with Radley the Dog Logo – Third Place Prize***

***Donation of \$10 per raffle ticket or 3 raffle tickets for \$20 for a chance to win one of the three Radley items pictured above***

***Drawing will be held at the SFBWHWTC holiday luncheon and meeting on December 1<sup>st</sup>– winners need not be present***

***For tickets, contact:***

***LISA BLUTMAN, [Lisa.Blutman@aol.com](mailto:Lisa.Blutman@aol.com)***

***GAIL KRIEGER, [gailaurie@hotmail.com](mailto:gailaurie@hotmail.com)***



*SAN FRANCISCO BAY WEST HIGHLAND WHITE TERRIER  
SPECIALTY SHOW, PUPPY AND VETERAN SWEEPSTAKES  
NCTA APRIL 13, 2018*



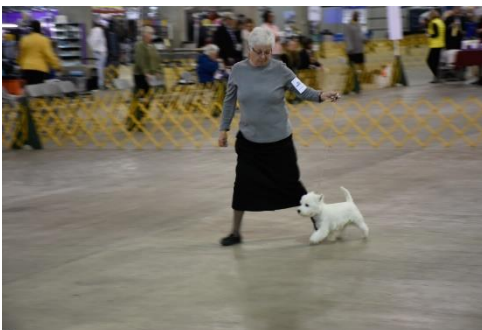
*Nancy & Bijou, Breed*



*Breed*



*Jim & Bonnee, Veteran Sweepstakes*



*Gail & Bowie, Puppy Dog*







*Sherry & Pam & the girls, Bred by Exhibitor Bitches*



*Gail & Flair, & Lisa & Abbie, Open Bitches*

*Thank you Ron Kangas (unofficial club photographer)*

