

Your lunch order supports UTEC's important mission to ignite and nurture the ambition of our most disconnected young adults to trade violence and poverty for social and economic success.

As one of our workforce development and social enterprise programs, Café UTEC provides young people most in need the opportunity to gain valuable job skills and real earnings to help them pursue positive life choices.

Photos by Terri Bonatti

Available Monday — Friday. 15 person minimum. Delivery within Lowell included, additional delivery charge may apply outside of Lowell.





## Office catering made easy!

Choose a hot or cold entree, salad or soup, and dessert. Bottled water included, or choose assorted natural sodas, coffee, tea boxes or juices at an addtional charge.

#### **Hot Entrees**

Pasta with pesto and sundried tomatoes, Italian sausage with peppers and onions

Baked penne with bolognese sauce topped with mozzarella and parmesan, garlic bread

Baked potato bar with assorted toppings

Beef and bean chili and/or vegetarian chili and cornbread

Penne alfredo with chicken and broccoli

Pasta with butter and parmesan, meatballs, and tomato sauce

### **Cold Entrees**

Assorted sandwiches or wraps: chicken salad, tuna salad, turkey and cheddar, ham and swiss, veggie with hummus and sprouts, pork banh mi, tofu banh mi

Italian cold cut platters: assorted meats and cheeses, lettuce, tomato, pickles condiments and assorted rolls

Mediterranean platter with hummus, pita bread, olives, stuffed grape leaves, grilled vegetables and feta

Sesame noodle salad with chicken

# **Salads and Soups**

Caesar salad

Garden salad with assorted dressings

Quinoa salad with seasonal vegetables, feta, and lemon vinaigrette

Kale salad with apples, cranberries, and blue cheese

Asian salad: Napa cabbage, carrots, cucumbers, sweet peppers, bean sprouts, and soy-ginger vinaigrette

Classic coleslaw with mayonnaise dressing

Curdito: Dominican pickled cabbage slaw with carrots, and onion

Vegetarian black bean chili

Soup of the day: call for details

#### **Desserts**

**Assorted Cookies** 

**Brownie Bites** 

Lemon Bars

Carrot Cake Bites with maple cream cheese frosting

Seasonal Fruit Crisp

For more information, please contact us at catering@utec-lowell.org or 978.856.3974