

FEES

ONGOING T'AI CHI STUDENTS

Weekly classes are offered at three times: Tuesday evenings @6:30-8:00pm, Thursday mornings @10:00-11:30pm and Thursday evenings @6:30-8:00pm from January to June and from September to mid-December.

<<< PER CLASS FEES >>>

Adults under 60	12 per class	Seniors 60 and over	10 per class
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<<< MONTHLY FEES >>>

Monthly fees are based on one class per week and are due at the first class of each month.

Adults under 60	35 per month	Couples all ages	60 per month
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Seniors 60 and over	30 per month
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<<< ANNUAL FEES >>>

Annual fees are based on one class per week for 9.5 months (no classes in July & August and in the 2nd half of December).

Adults under 60	315	Couples all ages	540
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Seniors 60 and over	270
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BEGINNERS' T'AI CHI SESSIONS

We recommend our 9-week Beginners' Sessions for those new to T'ai Chi. These are offered every year in January, April and September. Choose Tuesday evenings @6:30-8:00pm or Thursday mornings @10:00-11:30pm or Thursday evenings @6:30-8:00pm.

Adults 9-week session, 1 class per week	70	Couples 9-week session, 1 class per week	120
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QIGONG SESSIONS

Qigong classes are usually offered three times annually in 8-week or 6-week sessions. The sessions start around the end of January, April and September. The classes are on Thursday evenings @8:15-9:15pm.

Adults 70 per session
8-week session, 1 class per week

Adults 55 per session
6-week session, 1 class per week

T'AI CHI FOR HEALTH CHALLENGES

These classes are offered on Thursday afternoons @1:00 to 2:00 pm from January to June and from September to mid-December. Recent renovations allow us to provide full access to all facilities. We endeavour to provide a scent-free environment.

Adults- per class 10 per class

Adults- per month 30 per month