

Reaching out in Christian love to all!

1375 Highway 210, Huxley, IA 50124
515-597-2620 (Pastor) 515-597-2624 (Office)

FAX: 515-597-2621

plc@huxcomm.net

www.plchuxley.com

THE PALESTINE PRESS MONTHLY NEWSLETTER
June 2020



Palestine Lutheran Church

Rev. Eric Klimpel, Pastor

515-597-2620

936-444-3895 (cell)

ericklimpel@gmail.com

Nels Dovre, Youth Liason

319-331-7368 (cell)

dovren@gmail.com

Mission Statement:

"Palestine Lutheran Church exists to proclaim and live God's Holy Word, to nurture and support our membership, and to enable us to live our faith in our daily lives. As we are nourished, we are called to reach out to our communities, our spheres of influence, and to the wider world through the church-at-large."

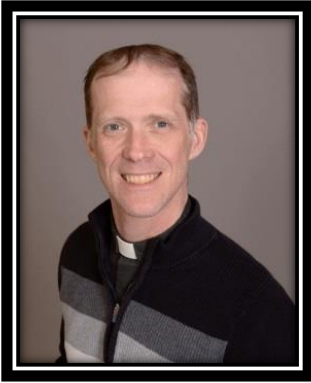
Our Vision:

Palestine Lutheran Church will be a haven for all generations, a people worshipping and growing continually in relationship with Jesus, inspired by God's Word; a living example of stewardship, a loving and caring fellowship that reaches out in Christ-centered faith and love to the world.

TABLE OF CONTENTS

Page(s)

Pastor's Monthly Report	4-5
Worship & Study Opportunities	6-7
Confirmation Wrap Up	7
Daily Faith Practices	8
Prayer list for May	9
Children's Messages with Nels	9
Birthdays and Anniversaries	10
ELCA Thank you	11
Disaster Phases	12-13
VBS 2020	13
Piecemaker Outing	13
Monthly Calendar	14-15
Power of Prayer Weekly Zoom Meeting Information	16
Upcoming Events	16
Worshipping Together Again	17
Council Minutes	18-19
LSI Bulletin & Newsletter Article & Story	20-21
Livestreaming and On-Site In-Person Worshipping	22
Bible Study via ZOOM	23
Ballard Community Resources	24-26
Riverside Bible Camp News	27
Tithes & Offering	27



Discerning the Right Time

With Pastor Eric

The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to want. Proverbs 21:5

If one of you wanted to build a tower, wouldn't you first sit down and calculate the cost, to determine whether you have enough money to complete it? ~ Luke 14:8

"Everything is permitted, but everything isn't beneficial. Everything is permitted, but everything doesn't build others up. No one should look out for their own advantage, but they should look out for each other." ~ 1 Corinthians 10:23-24

Just in case you were wondering if the Bible has anything to say about our current climate of pandemic. I consult scriptures as a regular part of my discernment process as a pastor and a parent. Each sermon I study for and put together is a dive into the voice of God speaking to both me and the people whom I love. Does it help in making decisions and considering plans? Yes! I am reminded that nothing is new under our sun when it comes to the challenges of life and difficult decisions especially as a Christian.

We have to plan and consider the costs. We have to recognize that whatever we do will impact other people and we need to look out for each other. Loving our neighbor is about seeking to build each other up especially the vulnerable, the orphans, the widows and those immature in the faith. Loving our neighbor is about sacrificing in little and big ways for someone else especially the stranger. Luther refers to this daily sacrifice as bearing our

crosses, and we do it because of God's grace and love which empowers and guides us in Jesus Christ.

We are living in a time of soul searching as individuals and as a church. There are no easy answers – save one “Believe in God, Believe also in me (Jesus)”. Whatever we decide to do, we lean on Jesus “the way, the truth and the life.” Your leaders are weighing the same choices for the good of all. I assure you that we are leaning on Jesus, as we had promised in our installation last January, and I am confident that you will support them at this difficult time as you had promised in your response at the installation. Keep praying and remember that you love each other.

We plan to open the congregation for “coming back” in June because we feel that what is offered here is essential. Like any plan, we have not found perfection and no guarantees. Our aim is to provide a reasonable and low risk environment for gathering in a limited way in a slow and flexible move back to full “on site” participation again. We ask for your diligence in watching, reading and listening for changes as we go into the summer. If you become sick, then please let us know immediately. If you are vulnerable (*65+, pre-existing health conditions, immune compromised*) then please stay home! If you have a mask, then please wear it when in the gathering. You have the power to do what is right for your neighbor and yes – it will be inconvenient and awkward at times – that is part of the love that we are called to share together. Slowly we are moving to a time of handshakes, hugs and no masks!!!

Above all, please be patient with one another and do not take things personally. Give each other the benefit of the doubt, and as Paul instructs “speak the truth in love” which means be honest, listen and speak with compassion. We will get through this time of pandemic stronger and more thankful than ever! AMEN!

PALESTINE LUTHERAN CHURCH

Worship & Study Opportunities –June 2020

Sunday, May 31st

- 7:00 a.m. Dawn Dialog with Jesus (ZOOM)
- 8:00 a.m. Worship
- 9:30 a.m. Worship (Livestream only)
- 4:00 p.m. Bible Study (ZOOM)

Tuesday, June 2nd

- 6:00 p.m. Bible Study (ZOOM)

Wednesday, June 3rd

- 12:00 p.m. Palestine Prayer Time (ZOOM)

Sunday, June 7th

- 7:00 a.m. Dawn Dialog with Jesus (ZOOM)
- 8:00 a.m. Worship
- 9:30 a.m. Worship (Livestream only)
- 4:00 p.m. Bible Study (ZOOM) – new study beginning

Tuesday, June 9th

- 6:00 p.m. Bible Study (ZOOM)



Wednesday, June 10th

- 12:00 p.m. Palestine Prayer Time (ZOOM)

Sunday, June 14th

- 7:00 a.m. Dawn Dialog with Jesus (ZOOM)
- 8:00 a.m. Worship
- 9:30 a.m. Worship (Livestream only)
- 4:00 p.m. Bible Study (ZOOM)

Tuesday, June 16th

- 6:00 p.m. Bible Study (ZOOM)

Wednesday, June 17th

- 12:00 p.m. Palestine Prayer Time (ZOOM)

Sunday, June 21st

- 7:00 a.m. Dawn Dialog with Jesus (ZOOM)
- 8:00 a.m. Worship
- 9:30 a.m. Worship (Livestream only)
- 4:00 p.m. Bible Study (ZOOM)

Tuesday, June 23rd

- 6 p.m. Bible Study (ZOOM)

Wednesday, June 24th

- 12 p.m. Palestine Prayer Time (ZOOM)

Sunday, June 28th

- 7:00 a.m. Dawn Dialog with Jesus (ZOOM)
- 8:00 a.m. Worship
- 9:30 a.m. Worship (Livestream only)
- 4:00 p.m. Bible Study (ZOOM)

Tuesday, June 30th

- 6:00 p.m. Bible Study (ZOOM)



CONFIRMATION YEAR WRAP-UP!

We have **two ZOOM check-ins** scheduled for June:
Wednesday, June 10th and Wednesday, June 24 @ 7:00 p.m.

FUN ACTIVITY! An Ice Cream/Bonfire gathering is yet to be scheduled for the summer! Stay tuned . . .

Confirmands who will be confirmed in October will meet together to help prepare "faith statements" when we get closer to October.



Daily Faith Practices

Daily discipleship themes can be used for Bible study. They are available on the ELCA website www.elca.org →Resources→ Downloadable Resources→ Bible studies

The Holy Trinity

Focus: *Our Experiences of God*

“The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.” (2 Corinthians 13:13 NRSV)

Read 2 Corinthians 13:11-13

Pentecost Week 2

Focus: *Walk in the Newness of Life*

“Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.” (Romans 6:4 NRSV)

Read Romans 6:1b-11

Pentecost Week 3

Focus: *Sanctification*

“But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.” (Romans 6:22-23 NRSV)

Read Romans 6:12-23

Pentecost Week 4

Focus: *Internal strife*

“I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.” (Romans 7:15 NRSV)

Read Romans 7:15-25a



Remember in Prayer

The following were included in the Prayers of the Church during May:

Laura Aust, Dianne Blackmer, Anita Brendeland, Joan Carson, Alisha Cox, Lowell Elliott, Jane Gordan, Jackie Greene, Bruce & Sandy Halverson, Warren Johnson, Kevin Klingbeil, Alvina Larson, Ardell Lundgren, Merlin Lyon, Roger Moore, Loree Ness, Deidre Qual, Jody Schuman, Shannon Tope, Marissa Vermeer, Joyce Volz, Nova Lynn Walte, Sarah JoAnn Young, Phil Zeller

Family & friends of: Valerie Brendeland, Angie Claude, Bonny Erickson, Wanda Halverson, Sue Ihle, Ralph Kalsem, Donna Keiser, Sharon Mortenson, Mark Richter, Dean Simmons, Judy Smith, Don Trautner, Arlene Wee, Charles Brendeland, Tanner Houseman



Nels Dovre will be posting children messages monthly!

Check out Facebook page

[https://m.facebook.com/PalestineLutheran Church/](https://m.facebook.com/PalestineLutheranChurch/) and/or our website www.plchuxley.com



1	Karlee Emerson
2	Logan DeHaven
	Kaylee Van Pelt
3	Lyle Martin
4	Jennie Huxford
5	Ramsey Roelfs
6	Samuel Engler
	Leona Larson (98)
	Kim Van Pelt
7	Elman Sheldahl
8	Shania Schmidt
9	Mindy DeVries
	Madeline Schonhorst
11	Russ DeVries
12	Pastor Eric Klimpel
13	Ashley Klimpel
15	Nolan Schonhorst
	Taylor Wuebker
17	Casondra DeHaven
18	Maddison Ewing
19	Janell Van Gorp
20	Mary Brendeland
	Josephine Engler
22	Kasey Larson
	Brooks Wuebker
24	Nathan Moore
	Sandy Wirtz
25	Havanna Roelfs
26	Vincent Peterson
28	Sue Larson
	Harriett Sheldahl (95)
29	Ken Larson (75)
30	Shirley Saveraid (90)



1	Ron & Rosalie Locker
7	Cory & Amy Larson
8	Virgil & Diane Larson
	Stacie & Aldo Medici
9	Jeff & Kim Van Pelt
12	Dave & Christy Mueller
	Matt & Michelle Siepker
14	David & Jean Saveraid (40 th)
15	Paris & Cody Hitchcock
16	Melanie Fausch & Ryan Peterson
22	Mark & Robin Doty
23	Kari & Tom Sandquist
26	Ben & Candi Engler (10 th)
29	Karina & Derrek Kelso

If your birthday or anniversary was not included or is incorrect, please contact the church office so we can update our records.



Evangelical Lutheran Church in America

God's work. Our hands.

May 6, 2020

Thank You

Dear Palestine Lutheran Church,

Thank you for your gift of \$1,103.61 to ELCA World Hunger.

*"Bring us, O Christ, to share the fullness of your joy; baptize us
in the risen life that death cannot destroy" (ELW 328).*

On the very first Easter, there was fear, confusion and doubt before there was unreserved joy. But hope and new life triumphed. That is what we, as Christians, celebrate now. This Easter season, you are sharing that hope with your neighbors around the world through your gifts to ELCA World Hunger.

Your generosity is getting at the root causes of hunger and poverty in over 60 countries including the United States. It is providing access to clean water, health care, agriculture, livestock, education, and peace and justice. Through your gifts, you are joining with the whole church as we work toward a just world where all are fed.

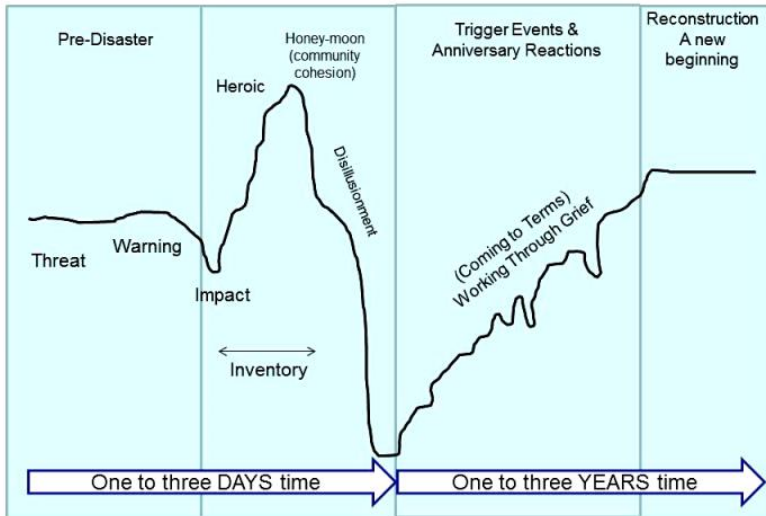
You are creating new beginnings. Thank you for sharing the hope of new life and the fullness of Christ's joy.

In Christ,

The Rev. Robin Brown

Mission Funding Director, Congregations

Phases of Disaster



During a tragedy, there are several types of victims:

- **Direct Victims:** These are the individuals who are infected as well as their families.
- **Indirect Victims:** First responders, friends of direct victims, neighbors and the community can all be considered indirect victims of the tragedy.
- **Hidden Victims:** These are people that have experienced a similar tragedy or suffered a recent loss and the current tragedy has triggered memories and emotions from what they have experienced in the past.

All of the above victims have and will continue to experience grief and loss in different stages. One of the most difficult phases of grief takes place once we are forced to get back to our everyday life. The full impact of loss can really be felt once everyone has gone home and we are left to pick up the pieces.

This graph is commonly used in grief and loss. It shows how it is not until several days or even weeks after the tragedy that our deepest pain and hurt are experienced. Immediately following a disaster we can have a time of cohesion, as we saw immediately following the tragedy in

Orlando, that helps to ease our pain and lift our spirits. As reality begins to set in and we come to experience the impact of the loss the pain can become overwhelming.

Grief is often described as coming in waves, that is why you see those dips in the graph as a person is working their way up to a new beginning. Through those waves, individuals will experience anger, depression, denial, bargaining and acceptance. These five stages will come and go in different orders and at different times.

As a community we are called to assist those through these waves. We will need to:

- Listen as those hurting share their stories over and over.
- Comfort those who mourn.
- Create a safe environment for those who are angry to express their feelings without judgement.
- Allow those who are healing the freedom to change and grow so that they can experience a new beginning as they seek to work through their grief and loss.

This graph can also be a reminder of the hope we can have through our pain and loss. If you notice the starting point on the left is lower than the ending point on the right. We grow through disaster. We have and will continue come out of disaster with a new beginning and we will be stronger then when we started.



VBS 2020 is still TBD



Palestine Piecemaker Outing is still postponed.



JULY 2020						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SUNDAY	MONDAY
31 Pentecost 7:00 a.m. Dawn Dialog ZOOM 8:00 a.m. Worship 9:30 a.m. Worship (Livestream only)	1
7 The Holy Trinity 7:00 a.m. Dawn Dialog ZOOM 8:00 a.m. Worship 9:30 a.m. Worship (Livestream only) 4:00 p.m. Zoom Bible Study	8
14 Pentecost 2 7:00 a.m. Dawn Dialog ZOOM 8:00 a.m. Worship 9:30 a.m. Worship (Livestream only) 4:00 p.m. Zoom Bible Study	15
21 Pentecost 3 Father's Day 7:00 a.m. Dawn Dialog ZOOM 8:00 a.m. Worship 9:30 a.m. Worship (Livestream only) 4:00 p.m. Zoom Bible Study	22
28 Pentecost 4 7:00 a.m. Dawn Dialog ZOOM 8:00 a.m. Worship 9:30 a.m. Worship (Livestream only) 4 p.m. Zoom Bible Study	29

JUNE 2020

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 6:00 p.m. ZOOM Bible Study	3 12:00 p.m. ZOOM Palestine Prayer Time	4	5	6
9 6:00 p.m. ZOOM Bible Study	10 12:00 p.m. ZOOM Palestine Prayer Time 7:00 p.m. Confirmation ZOOM check in	11	12	13
16 6:00 p.m. ZOOM Bible Study	17 12:00 p.m. ZOOM Palestine Prayer Time	18	19	20
23 6:00 p.m. ZOOM Bible Study	24 12:00 p.m. ZOOM Palestine Prayer Time 7:00 p.m. Confirmation ZOOM check in	25	26	27
30 6:00 p.m. ZOOM Bible Study 3:00 – 7:00 p.m. Blood Drive at church			<div> *** See notes about worship services in the Worship and Study Opportunities part of the newsletter – page 6-7 </div>	



PALESTINE PRAYER TIME

Wednesdays @ 12 noon via ZOOM

An invitation was sent out in May to enter into prayer together every Wednesday. You can email in a prayer request or call the church with a special request. We will pray together for 30 minutes.

Join once or every Wednesday! If you would like an invite, call or email Pastor Eric.



Love. Grow. Serve.

UPCOMING EVENTS TO WATCH FOR!

Gather at the Garden – Help at the Blackmer Farm along with a devotion and prayer time.

Food Pantry Ministry – Help serve at the local food pantry in Huxley with our Fjeldberg friends.



“COMING BACK TOGETHER”

Please watch the short video on **YouTube** about what to expect at our 8:00 a.m. worship service beginning May 31st. The link was provided in the Wednesday, May 27th email announcements.

This video will show you what to expect when you come to worship “on site” this summer. The practices will change over time as the COVID-19 rates of infection change for our area with the goal of full gathering as before the pandemic.

Just a reminder that for the moment-

- *Children are to stay with their parents*
- *Nursery is closed*
- *Fellowship activities in the church are suspended*
- *Church building will be open 15 minutes before worship and closed 15 minutes after*

Worship Option 1: Online streaming only with singing at 9:30 a.m. You can download the bulletin.

Worship Option 2: “On-site In-Person” Worship. This service will not include singing (spoken only) at 8:00 a.m. beginning May 31st. Slides will be used.

If you are considered vulnerable, or have regular contact with someone who is vulnerable, or feel sick, then we urge you to please stay home for the time being and participate in the on-line streaming worship!



Agenda - Palestine Lutheran Church Council Meeting

Sunday, May 3rd, 2020 @ 8:00 AM at Palestine Lutheran Church
Zoom link for those who are remote:

Kristin Shelton, Tim Wilson, Pastor Eric, Nels Dovre, Cynthia Johnson, Deidre Qual, Haylie Clark, Chris Richter (ZOOM), Jean Saveraid, David Eisenmann, Brad Lewis, Brent Emerson, Candi Engler (Zoom)

A quorum was established.

Devotions Tim (Cobbled together at the last minute) Noah stayed on the boat until the flood was over. Genesis Chapter 9: 8-17

Read Vision and Mission Statements

Goals and Reflections Atta boys to: Pastor, Nels, Mindy, Brent, Russ and Joe Russell. Newsletter looks fantastic...

Minutes of the previous meeting- Dave Eisenman motioned to approve. Kristin seconded. Everyone approved unanimously with vigor...

Treasurer's Report Deidre. Dave Eisenman motioned to approve. Jean Saveraid seconded. All voiced together their support

General Fund : \$1563.88

Checking Balance Total:\$15,542.74

Pastor's Report - Pastor Klimpel

Refer to pastors Report. Highlights include: Phone calls to parish members. (Shepherd's Fold Ministry), Holy Week success, Zoom, Charlie Brendeland, Quilts are amazing, Madrid Masks, Lent offering

goals exceeded, New Normal?, Worship protocol, Graduates, Communion.

New business:

1. Re-integration of Worship Services-1st and 3rd communion Drive thru in June. July reintegrate communion. Integration of church on Pentecost (May 31st). Follow social guidelines.
 - Motion to approve Worship Integration Policy with these changes:(Brad Lewis 1st, Dave Eisenman 2nd, Motion passed unanimously)
 - Overflow Plan (two services sign up plan)
 - Temperature people at doors
 - Remove hymnals
 - Still use screens
2. First Communion
3. Building Usage – tabled
4. Funeral & Wedding Guidelines -- tabled to continue as per State guidelines.
5. PPP Loan? Nels motioned to apply for the PPP Loan. Hailey Clark Seconded. Motioned passed Unanimously.

Unfinished Business:

1. VBS Update -- In a holding pattern. Late July? Thank you Candi for dealing with all the changes this is going through.
2. Thrivent \$ from Garry Wirtz-propose spending on technology updates (find an exact Technology to give to)
3. Wee Estate update.

Motion to Adjourn & Adjourn with Lord's Prayer -- Kristin motioned to adjourn. Tim seconded.

Next Meeting : June 07, 2020

Treats- Hailey Clark

Devotions- Jean Saveraid

Happy Father's Day!

At Lutheran Services in Iowa (LSI), we strive to build up and empower Iowa kids and families. For us, Father's Day is a time to celebrate all the fathers and male role models we see every day.

Through our Early Childhood Services, young men are learning to become dads. They're becoming confident and active in their child's life, and they are creating loving, bright futures for their families.

Many Iowa children entering foster care need a positive male role model in their lives. And through LSI Foster Care and Adoption, our licensed foster dads are there to help guide them.

This is only possible through your support of LSI! If you would like to make a gift, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Thank you for responding to the love of Jesus Christ through compassionate service!

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and Facebook.com/LSI.iowa.

Creating Her Community

Paulynn had a dream of what she wanted in life: lots of friends, a job she loved, a healthy lifestyle, and a sense of community.

But it was difficult for Paulynn to leave the apartment she shared with her dad, Lee. Though Lee had dedicated his life to serving as his daughter's primary caregiver, they didn't have reliable transportation that could accommodate her wheelchair. And Paulynn's risk of seizures meant she always needed to be accompanied by her dad.

Despite the obstacles, Lee was determined to give his daughter the life she dreamed of. He enrolled her in LSI's Services for People with Disabilities.

Fifteen years later, Paulynn's dream has become a reality.

Through LSI, Paulynn's team provides transportation that allows her to travel to and from her apartment with ease. While Paulynn is out, Lee is able to take a well-deserved break from his caregiving role.

With support from LSI, Paulynn is able to give back to her community. Each week, she helps package meals for individuals in need. She has created a community of her own through her volunteer work. And for every moment, her LSI team is there to support her.

"We're very grateful for LSI," Lee says. "They've been really great supporting my daughter."

LIVESTREAMING OUR WORSHIP SERVICES 9:30 a.m.

(Not an in-person service – viewing only)



Go to our Facebook page

<https://m.facebook.com/PalestineLutheranChurch/>

AND/OR



Go to our website at www.plchuxley.com

Click on the Livestream tab in the upper right.



ON-SITE IN-PERSON SERVICES!

Beginning May 31st at 8:00 a.m. (no singing)

Screens only, no bulletins (unless you print and bring)

This will not be videoed or livestreamed.

Bible Study



ZOOM BIBLE STUDY @ PALESTINE IN JUNE

An invitation was sent to all congregation members. Our new topic will be **“Power and Purpose”** from the Book of Revelations. **This new topic will begin Sunday, June 7th.**

As Christians, our challenge is to choose a life that is consistent with principles we see in our faith community. We will take a look at scriptures and consider our own values as we examine how to live life in balance. Study is based on a small group study from the **Intersection Series**.

Pastor Eric will host the meeting on:
Tuesdays at 6:00 p.m.
and
Sundays at 4:00 pm.

We can accommodate up to 100 people for a 40 minute meeting time. You can participate either by audio (phone) or video (computer).

Have your Bibles in hand.

ZOOM is a social media platform which gives us a way to meet and connect without being physically together in the same space. ZOOM is popular right now and Pastor Eric would like to be more proficient with it, so this Bible study will help 😊

BALLARD COMMUNITY RESOURCES
Coronavirus Response

Local Resources for Food or Supplies:

1. Fareway – reserving 8-9 a.m. hours for customers who are 65 and over, expecting mothers, those living with a serious chronic medical condition, and anyone with an underlying medical condition that increase the susceptibility to serious illness from COVID-19
2. Huxley Food Pantry – open Weds 6-7 p.m. at 503 East First Street. (This is a new address!) Bring proof of address.
3. Cambridge Food Pantry – open Tues 6-7 p.m. at Cambridge United Methodist Church, 215 N 2nd St.
4. Slater Food Pantry – Tuesday mornings 10-11 a.m. and again from 7 – 8 p.m. on Wednesday nights at the Bethlehem Lutheran, 411 3rd Avenue
5. Ballard Schools – Grab and Go meals MWF from 11-12:00. Through June (updated!) Offered to all children 18 and under. Available for pick up in the parking lot or bus lane at each participating location. Monday and Wednesday meals will include 2 days of breakfast and lunch items. Friday meals will include 3 days of breakfast and lunch items.
 - Slater Fire Department: 307 Main St., Slater
 - Slater Baptist Church: 601 Story St., Slater
 - Cambridge Methodist Church: 215 2nd St., Cambridge
 - Kelley City Park: Corner of Grace St. and Giddings, Kelley
 - Ballard Middle School (front driveway): 509 N Main Ave. Huxley
 - Ballard Plaza: Hwy 69, Huxley
 - New Horizons Mobile Home Park: 511 E 1st St, Huxley
6. A wide range of other resources – financial, medical, transportation, child care, etc. – can be found on the United Way of Story County website: www.uwstory.org

BALLARD COMMUNITY RESOURCES

Coronavirus Response

For Essential Workers

Our community keeps operating because some folks continue to show up to work every day – health care workers, day care providers, essential city workers, etc. If this is you, please take advantage of any of the resources below:

1. Community meal – please feel free to stop by any of the following locations to pick up a homemade casserole.
 - a. Trinity United Methodist Church, 102 Lynwood Drive, Huxley
2. Food fund – once per week, you can place a takeout order for up to four people in your home for free.

Contact Trinity United Methodist Church for more information

515-597-2625

Delivery

We know some people -- immunocompromised, elderly, or children home alone during the day -- may not be able to get to the resources they need. If you would like to have any of the following delivered to you, please call 612-812-6782 to make arrangements. (At least 24 hours notice preferred, though we will do our best in an emergency)

1. Groceries or prescriptions. In Cambridge, you can sign up for grocery delivery here:
<https://www.signupgenius.com/go/60b0d45aea729a2fa7-grocery>
2. Takeout from restaurants.
3. Food pantry or school meals.

BALLARD COMMUNITY RESOURCES

Coronavirus Response

Online Mental Health Resources:

We have provided a few online mental health resources below.

We encourage you to share these with family, friends, and others in the community.

<https://www.thenationalcouncil.org/covid19/>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

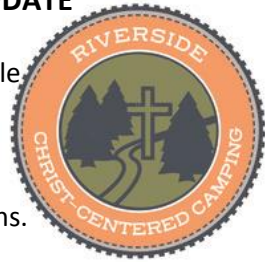
<https://www.nami.org/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus>

<https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/>

<https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>

RIVERSIDE SUMMER 2020 UPDATE

Riverside Bible Camp wants to provide a Christ-centered and life-changing environment for people to encounter the living God, even if that is from home or in some much smaller groups onsite. There are several ways you can continue to be involved with Riverside during the summer months.



Head to their website at www.riversidelbc.org for all the details! You can also follow them on social media (Facebook and Instagram)

Highlights include:

- **Riverside Swag Bag.** Monthly gift sent to your child in June, July, and August for \$75 total! Sign up on website by June 1st!
- **Family Camp from Home June 28-30.** Details on the website. \$50.
- **Horseback Riding Lessons at the Ranch.** Already filling up fast. Email Equine Director, Hilary at Hilary@riversideLBC.org.
- **Stay at a cabin for a getaway, go canoeing, or volunteer** for a day or afternoon!

Tithes & Offering

Palestine will still accept your offering! You can still give without being physically present two ways:

1. Mail check to:

Palestine Lutheran Church
1375 HWY 210
Huxley, IA 50124

2. Give online through Easy Tithe.

Go to our website www.plchuxley.com and click on the bright red ONLINE GIVING tab on the right located above our "Reaching out in Christian love to all" statement.

Thank you. Continue to pray and know God is with us.

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Huxley, IA 50124-8110
Address service requested