

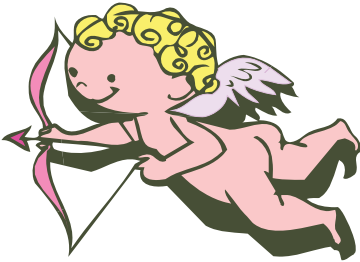




ST. CHARLES AREA AGENCY ON AGING • FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 GROUNDHOG DAY  GROUNDHOG DAY, FEB. 2	<p>Your Contributions are Greatly Appreciated.</p> <p>Please Help Your Council on Aging Help Others.</p>		<p>Chicken Noodle Soup Broccoli Cuts Whole Kernel Corn Saltine Crackers Fruit & Grain Bar Margarine</p> <p style="text-align: right;">1</p>	<p>Meatloaf w/Gravy Mashed Potatoes Southern Green Beans Whole Wheat Bread Chocolate Pudding</p> <p style="text-align: right;">2</p>
<p>Meatball Hoagie w/Creole Sauce Lima Beans Capri Blend Vegetables Applesauce</p> <p style="text-align: right;">5</p>	<p>Red Beans & Sausage w/Brown Rice Garden Salad w/Dressing Seasoned Turnip Greens Cornbread Raisins</p> <p style="text-align: right;">6</p>	<p><u>BREAKFAST SPECIAL</u> Brkfst Sausage or Ham Grits / Biscuit Orange Juice Escaloped Apple/Cranb Fruit & Grain Bar Jelly / Margarine</p> <p style="text-align: right;">7</p>	<p>Hamburger on a Bun Lettuce/Tomato/Pickle Mayo/Mustard Baked Beans Cardinal Citrus Gelatin Chocolate Milk</p> <p style="text-align: right;">8</p>	<p>Smothered Chicken Au Gratin Potatoes Southern Green Beans Whole Wheat Bread Fresh Fruit Margarine</p> <p style="text-align: right;">9</p>
<p>Chicken & Sausage Jambalaya Cabbage Glazed Carrots White Dinner Roll Fresh Fruit</p> <p style="text-align: right;">12</p>	<p><u>CLOSED FOR HOLIDAY</u></p>  <p style="text-align: right;">13</p>	<p><u>ASH WEDNESDAY SPECIAL</u> Shrimp Gumbo w/Rice Okra & Tomatoes Potato Salad Saltine Crackers Pineapple Tidbits</p> <p style="text-align: right;">14</p>	<p>A-1 Chopped Steak w/Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Bread Fruit & Grain Bar</p> <p style="text-align: right;">15</p>	<p>Tuna Salad Sndwch or Ham/Cheese Sndwch on Whole Wheat Bread Potato Chowder Winter Blend Vegetables Peach Crisp</p> <p style="text-align: right;">16</p>
<p>Beef Chili w/Beans Steamed Spinach Whole Kernel Corn Saltine Crackers Mandarin Oranges Margarine</p> <p style="text-align: right;">19</p>	<p>Turkey & Cheese Sandwich on Whole Wheat Bread Lettuce & Tomato Mayo / Mustard Pickled Beets Fresh Orange</p> <p style="text-align: right;">20</p>	<p>Ham w/White Beans & Rice Carrots Coleslaw Cornbread Variety Moon Pie</p> <p style="text-align: right;">21</p>	<p>Spaghetti w/Meat Sauce Garden Salad w/Italian Italian Blend Vegetables Garlic Bread Apple Cobbler</p> <p style="text-align: right;">22</p>	<p>Seafood Salad or Chicken Salad Italian Dressing Vegetable Soup Broccoli Cuts Saltine Crackers Bread Pudding/Raisins</p> <p style="text-align: right;">23</p>
<p>Sliced Roasted Turkey w/Gravy Smothered Potatoes Carrots Whole Wheat Bread Fresh Orange Margarine</p> <p style="text-align: right;">26</p>	<p>Ham & Blackeyed Peas w/Rice Coleslaw Steamed Spinach Cornbread Fresh Banana</p> <p style="text-align: right;">27</p>	<p>Hamburger w/American Cheese on a Bun Lettuce/Tomato/Onion Baked Beans Peach Cobbler</p> <p style="text-align: right;">28</p>		<p>All Meals are Served With 1/2 Pint of 2% Milk.</p>