STANDING DYNAMIC - 1 Weight Shift. Anterior / Posterior (Limits of Stability) Slowly shift weight backward until bees begin to rise off floor. Return to starting position. Shift weight forward until bees begin to rise off floor. Hold each position — seconds. Repeat times — per session. Do sessions per day. STANDING DYNAMIC - 3 Weight Shift. Diagonal Slowly shift weight forward over right leg. Return to starting position. Shift begin to rise off floor. Return to starting position. Do sessions per day. STANDING DYNAMIC - 3 Weight Shift. Diagonal Slowly shift weight forward over right leg. Return to starting position. Shift weight over right leg. Return to starting position. Shift weight position. Shift weight forward over right leg. Return to starting position. Shift weight forward over right leg. Return to starting position. Shift weight forward over right leg. The shift. Lateral (Righting / Equilibrium) STANDING DYNAMIC - 4 Weight Shift. Anterior / Posterior (Righting / Equilibrium) STANDING DYNAMIC - 4 Weight Shift. Anterior / Posterior (Righting / Equilibrium) STANDING DYNAMIC - 4 Weight Shift. Anterior / Posterior (Righting / Equilibrium) STANDING DYNAMIC - 4 Weight Shift. Shift. Anterior / Posterior (Righting / Equilibrium) STANDING DYNAMIC - 5 Weight Shift. Lateral (Righting / Equilibrium) STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting foot off floor, take one step aloudy, forward with right leg. Return to starting position. Take one step aloudy, forward with right leg. Return to starting position. Take one step backward and return. STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting foot off floor, take one step aloudy, forward with right leg. Return to starting position. Take one step backward and return. STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting foot off floor, take one step aloudy, forward with right leg. Return to starting position. Take one step backward and return. STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting		. [] Refer to Clinical Note for detai] Handout Submitted with Clinical Note
Slowly shift weight forward until toes begin to rise off floor. Shift weight forward until heels begin to rise off floor. Shift weight forward until heels begin to rise off floor. Hold each position Seconds. Repeat times per session. Do sessions per day. Repeat on compliant surface STANDING DYNAMIC - 3 Weight Shift: Diagonal Slowly shift weight forward over right leg Return to starting position. Shift backward over left leg Hold each position seconds. Repeat times per session. Do sessions per day. STANDING DYNAMIC - 4 Weight Shift: Anterior / Posterior (Righting / Equilibrium) Slowly shift weight forward while bringing arms back and ships forward over toes until heels rise off floor. Return to starting position. Shift backward over left leg hording head and trunk slightly to right. Let right arm hang out from side. Repeat times per session. Repeat times per session. Do sessions per day. STANDING DYNAMIC - 5 Weight Shift: Lateral (Righting / Equilibrium) STANDING DYNAMIC - 5 Weight Shift: Lateral (Righting / Equilibrium) STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting foot off floor, take one step slowly, forward with right leg. Return to starting position. Take one step backward and return. STANDING DYNAMIC - 6 Single Step: Forward with right leg. Return to starting position. Take one step backward and return.		
Hold each position seconds. Repeat	Slowly shift weight backward until toes begin to rise off floor. Return to starting position. Shift weight forward until heels	Slowly shift weight to <u>right</u> as far as possible, without taking a step. Return to starting
Repeat times	Hold each position	
STANDING DYNAMIC - 3 Weight Shift: Diagonal Slowly shift weight forward over right leg. Return to starting position. Shift backward over left leg. Hold each position seconds. Repeattimes per session. Do sessions per day. Repeat no compliant surface STANDING DYNAMIC - 5 Weight Shift: Lateral (Righting / Equilibrium) With feet shoulder width apart, slowly shift weight over right leg, bending head and trunk slightly to left. Let left arm hang out from side. Repeat times per session. Do sessions Po day. STANDING DYNAMIC - 5 STANDING DYNAMIC - 6 Single Step: Forward / Backward Lifting foot off floor, take one step slowly forward with right leg. Return to starting position. Shift weight over left leg, bending head and trunk slightly to left. Let left arm hang out from side. Repeat times per session.	Repeat times per session .	Repeat times per session.
Weight Shift: Diagonal Weight Shift: Anterior / Posterior (Righting / Equilibrium) Slowly shift weight forward over right leg. Return to starting position. Shift backward over Jeft leg. Hold each position seconds. Repeat times per session. Do sessions per day. STANDING DYNAMIC - 5 Weight Shift: Lateral (Righting / Equilibrium) STANDING DYNAMIC - 5 Weight Shift: Lateral (Righting / Equilibrium) With feet shoulder width apart, slowly shift weight over right leg, bending head and trunk slightly to left. Let left arm hang out from side. Repeat times per session.		
over right leg. Return to starting position. Shift backward over left leg. Hold each position seconds. Repeat times		
Weight Shift: Lateral (Righting / Equilibrium) Single Step: Forward / Backward With feet shoulder width apart, slowly shift weight over right leg, bending head and trunk slightly to left. Let left arm hang out from side. Return to starting position. Shift weight over left leg, bending head and trunk slightly to right. Let right arm hang out from side. Repeat times times times per session. Repeat times times per session.	over right leg. Return to starting position. Shift backward over left leg. Hold each position seconds. Repeat times per session. Do sessions per day. Repeat on compliant	while bringing arms back and hips forward over toes until heels rise off floor. Return to starting position. Shift weight backward bringing arms forward and hips back over heel until toes rise off floor. Repeat times per session.
slowly shift weight over right leg, bending head and trunk slightly to left. Let left arm hang out from side. Return to starting position. Shift weight over left leg, bending head and trunk slightly to right. Let right arm hang out from side. Repeat times times times per session. Lifting foot off floor, take one step slowly forward with right leg. Return to starting position. Take one step backward and return.		
	slowly shift weight over right leg, bending head and trunk slightly to left. Let left arm hang out from side. Return to starting position. Shift weight over left leg, bending head and trunk slightly to right. Let right arm hang out from side. Repeat times	step slowly forward with right leg. Return to starting position. Take one step backward and return.
	erapist Name:	_ Therapist Signature: