



The CCB Science 2 Service Distance Learning Program[®]

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S2S 2053 Recovery Oriented Methadone Maintenance

White and Mojer-Torres

Northeast ATTC/Great Lakes ATTC/DBHMRS, 2009

Module 2 Post Test

1. The recovery status of MM patients should be evaluated using a separate definition of recovery from that which applies to the resolution of all substance use disorders.

T F

2. Controversy and stigma continue to surround the use of methadone in the treatment of opioid addiction despite _____ decades worth of scientific evidence of its effectiveness.

- a. two
- b. three
- c. four
- d. five

3. Public understanding of recovery as a _____ rather than a stable behavioral health status contributes to therapeutic pessimism and the social stigma attached to addiction and treatment.

- a. idealistic goal
- b. motivational state
- c. treatment outcome
- d. abstinence only idea

4. According to a study by *Faces and Voices of Recovery* (2004) the majority of the American public surveyed thought recovery referred to someone who _____ the use of alcohol or drugs.

- a. had completely stopped
- b. had reduced
- c. planned to stop
- d. was trying to stop

5. _____ is about the subtraction of pathology; recovery is ultimately about the achievement of global health, social functioning and quality of family/personal life.

- a. Abstinence
- b. Treatment
- c. Remission
- d. None of the above

6. The American Society of Addiction Medicine (ASAM) defines recovery as “overcoming both the physical and psychological dependence to a psychoactive drug while making a commitment to _____.”

- a. treatment
- b. sobriety
- c. increase prosocial behaviors
- d. decrease antisocial behaviors



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7. Optimum, individualized doses of methadone do not produce intoxication in stabilized MM patients; therefore, methadone prescribed under these circumstances meet the definition of a “drug.”

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8. Methadone pharmacotherapy _____ the reduction/cessation of drug use and the broader processes of psychosocial rehabilitation.

- a. enhances rather than interferes with
- b. reduces rather than blocking
- c. completes rather than assisting with
- d. has little effect on

9. The authors cite the anti-methadone stance within Narcotics Anonymous on the experiences of many members who _____.

- a. used methadone as an intoxicant
- b. used MM for purposes other than recovery
- c. who had little contact with highly stabilized MM patients
- d. all of the above

10. For most patients, the _____ to methadone resulting from prolonged daily administration of optimum doses neutralizes the potentially intoxicating properties of the medication.

- a. sensitivity
- b. tolerance
- c. aversion
- d. addiction

11. MM studies consistently report decreased death rates (as much as _____), reduced transmission of infectious diseases and improvements in global health and social functioning.

- a. 25%
- b. 30%
- c. 50%
- d. 66%

12. Recent efforts have been made to encourage the National Institute on Drug Abuse (NIDA) to abandon use of _____ and “drug free” as treatment program designations.

- a. “abstinence”
- b. “harm reduction”
- c. “health promotion”
- d. “12 step based”

13. Recent attempts to define addiction recovery have focused on three essential elements: resolution of drug related problems, _____, and improvement in global health.

- a. employment
- b. citizenship
- c. reduction in criminal behavior
- d. completion of formal treatment



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14. According to the authors, there is growing consensus that recovery from severe alcohol and other drug problems involves more than _____ from one's life.
- subtraction of the substances
 - desire to stop drug use
 - removing social deviancy
 - reducing psychological issues
15. The cultural/professional equation of methadone and heroin (substituting one addictive drug for another) is reinforced by the characterization of MM as _____.
- "a last resort"
 - short term treatment
 - replacement therapy
 - palliative therapy
16. The Betty Ford Institute (BFI) Consensus Panel addressed the question of Opioid Treatment Program (OTP) medications by stating that "...formerly opioid dependent individuals who take _____ as prescribed and are abstinent from alcohol and all other nonprescribed drugs would meet [the] definition of sobriety."
- methadone
 - naltrexone
 - buprenorphine
 - all of the above
17. The authors theorize that the stabilized MM patient is _____.
- separated from cultures of active drug use
 - denied full membership in cultures of recovery
 - socially stigmatized in the larger community
 - all of the above
18. Addiction recovery is often the product of a highly personal synergy of _____.
- pain and hope
 - craving and withdrawal
 - identity and stigma
 - active use and non use
19. _____ recovery involves reconstructing roles, rules and relationships; and enhancing the resistance/resilience/health of all members.
- 12 Step
 - Psychosocial
 - Sustained
 - Family



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20. Family recovery involves reducing _____ for substance use disorders.
- spousal proclivity
 - intergenerational risk
 - relapse potential
 - enabling
21. _____ stigma constitutes a major obstacle, of not THE obstacle to methadone assisted recovery.
- Social
 - Professional
 - Cultural
 - both a and b
22. White and Mojer Torres summarized that there are “multiple_____ of long term addiction and all should be cause for celebration.”
- pathways
 - outcomes
 - faces
 - all of the above
23. Widespread acceptance of methadone maintenance is contingent upon _____ in the United States and on launching an effective and sustained campaign of professional and community education regarding methadone, methadone maintenance treatment and methadone assisted personal and family recovery.
- increasing OTP availability
 - cost reduction
 - elevating the quality of MM treatment
 - reducing methadone diversion
24. The prevalence of recovery within MM patients in the US based on the new definitions of recovery has been measured and studied.
- T F