

LCPA Heart of Virginia 5k

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	ZACH KNIGHT	LYNCHBURG, VA	RUNNER	128	00:19:38.41	6:20/m	9.5mph	M	23	
2	JOSHUA KNIGHT	LYNCHBURG, VA	RUNNER	129	00:19:38.71	6:20/m	9.5mph	M	26	
3	DYLAN WRIGHT	LYNCHBURG, VA	RUNNER	180	00:21:15.72	6:51/m	8.8mph	M	16	
4	DANIEL GOSHORN	FOREST, VA	RUNNER	114	00:23:55.66	7:43/m	7.8mph	M	24	
5	NICK AUKLAND	LYNCHBURG, VA	RUNNER	188	00:24:01.94	7:45/m	7.7mph	M	38	
6	BILL BOOTH	FOREST, VA	RUNNER	94	00:25:26.53	8:12/m	7.3mph	M	32	
7	MATTHEW TRUITTE	LYNCHBURG, VA	RUNNER	175	00:25:51.89	8:20/m	7.2mph	M	21	
8	KEVIN TRUITTE	LYNCHBURG, VA	RUNNER	174	00:26:17.99	8:29/m	7.1mph	M	26	
9	DANA NELSEN	LYNCHBURG, VA	RUNNER	148	00:26:24.71	8:31/m	7.0mph	F	24	
10	VICTORIA MARCOUILLIER	FOREST, VA	RUNNER	136	00:27:23.59	8:50/m	6.8mph	F	24	
11	JAMES MARCOUILLIER	FOREST, VA	RUNNER	135	00:27:24.30	8:50/m	6.8mph	M	26	
12	CHRIS TAYLOR	FOREST, VA	RUNNER	173	00:27:54.83	9:00/m	6.7mph	M	58	
13	JEREMY BLACK	GREENFIELD, IN	RUNNER	191	00:28:25.01	9:10/m	6.5mph	M	27	
14	MARK HARACZNAK	MURRYSVILLE, PA	RUNNER	118	00:28:36.78	9:13/m	6.5mph	M	36	
15	DARRELL WARGO	LYNCHBURG, VA	RUNNER	189	00:28:43.59	9:16/m	6.5mph	M	48	
16	TAYLOR PILGRIM	GREENVILLE, NC	RUNNER	159	00:29:22.37	9:28/m	6.3mph	M	26	
17	UNKNOWN UNKNOWN		RUNNER	999	00:29:22.71	9:28/m	6.3mph	F	99	
18	CARRIE NASH	LYNCHBURG, VA	RUNNER	147	00:29:29.20	9:31/m	6.3mph	F	33	
19	ROBERT HORNBECK	VIENNA, VA	RUNNER	123	00:29:34.24	9:32/m	6.3mph	M	62	
20	SUZANNE PERRY	VINTON, VA	RUNNER	158	00:30:32.96	9:51/m	6.1mph	F	52	
21	EVAN MASSENGILL	VINTON, VA	RUNNER	137	00:30:33.36	9:51/m	6.1mph	M	28	
22	SHARON BOOTH	FOREST, VA	RUNNER	93	00:30:43.21	9:54/m	6.1mph	F	30	
23	ALLIE ESPINA	LYNCHBURG, VA	RUNNER	104	00:30:46.33	9:55/m	6.0mph	F	26	
24	LAKSHMAN GANDHAM	FOREST, VA	RUNNER	112	00:31:45.89	10:14/m	5.9mph	M	38	
25	BECCA BARR	LYNCHBURG, VA	RUNNER	87	00:32:01.11	10:20/m	5.8mph	F	38	
26	JUDY TAYLOR	FOREST, VA	RUNNER	172	00:32:05.53	10:21/m	5.8mph	F	57	
27	MICHAEL TEMPLETON	LYNCHBURG, VA	RUNNER	192	00:32:36.64	10:31/m	5.7mph	M	24	
28	AMANDA BEATY	LYNCHBURG, VA	RUNNER	89	00:33:09.66	10:41/m	5.6mph	F	26	
29	DUSTIN BEATY	LYNCHBURG, VA	RUNNER	90	00:33:10.21	10:42/m	5.6mph	M	27	
30	LAUREN SMITH	SNOQUALMIE, WA	RUNNER	168	00:33:20.73	10:45/m	5.6mph	F	22	
31	JACQUELINE PERDUE	PETERSBURG, VA	RUNNER	157	00:33:52.65	10:55/m	5.5mph	F	29	
32	MALIE LOCKARD	LYNCHBURG, VA	RUNNER	132	00:33:52.93	10:55/m	5.5mph	F	24	
33	COURTNEY FOWLER	MONROE, VA	RUNNER	106	00:34:00.20	10:58/m	5.5mph	F	35	
34	NICOLE SCHNEIDER	CENTREVILLE, VA	RUNNER	166	00:34:05.18	11:00/m	5.5mph	F	31	
35	CHRISTIAN BOWLIN	SKIPWITH, VA	RUNNER	99	00:34:05.41	11:00/m	5.5mph	F	24	
36	MILS MONROE	LYNCHBURG, VA	RUNNER	144	00:34:59.09	11:17/m	5.3mph	M	28	
37	CLAIRE MONROE	LYNCHBURG, VA	RUNNER	145	00:34:59.32	11:17/m	5.3mph	F	27	
38	ERIN KNIGHT	COLLINSVILLE, VA	RUNNER	130	00:35:00.88	11:17/m	5.3mph	F	23	
39	ZA'MARAE MORGAN	MADISON HEIGHTS, VA	RUNNER	146	00:36:01.20	11:37/m	5.2mph	M	16	
40	KATELYN MILAM	LYNCHBURG, VA	RUNNER	143	00:37:06.23	11:58/m	5.0mph	F	26	
41	KATY HERBERT	FOREST, VA	RUNNER	120	00:37:07.18	11:58/m	5.0mph	F	25	
42	MARIE HUNNICUTT	WILLIAMSBURG, VA	RUNNER	124	00:37:08.25	11:59/m	5.0mph	F	23	
43	TAYLOR LAVERY	MIDLOTHIAN, VA	RUNNER	131	00:37:08.70	11:59/m	5.0mph	F	24	
44	TIMOTHY GREENE	MONROE, VA	RUNNER	116	00:38:21.75	12:22/m	4.9mph	M	38	
45	STEPHANIE WILLIAMS	FOREST, VA	RUNNER	179	00:39:13.15	12:39/m	4.7mph	F	30	
46	MEGAN HUNSTAD	LYNCHBURG, VA	RUNNER	125	00:39:31.85	12:45/m	4.7mph	F	24	
47	JOHN CALA	LYNCHBURG, VA	RUNNER	187	00:39:34.81	12:46/m	4.7mph	M	28	
48	JANA FRANNEY	MOHNTON, PA	RUNNER	107	00:40:02.02	12:55/m	4.6mph	F	22	
49	ANDREW GALUPPO	THOMASVILLE, PA	RUNNER	111	00:40:02.90	12:55/m	4.6mph	M	21	
50	SARAH YOUNG	ARLINGTON, VA	RUNNER	181	00:41:24.41	13:21/m	4.5mph	F	23	
51	DAVID HAMAKER	CHESTERFIELD, VA	RUNNER	117	00:41:24.64	13:21/m	4.5mph	M	23	
52	SETH JONES	LYNCHBURG, VA	RUNNER	127	00:43:22.31	13:59/m	4.3mph	M	26	
53	HUNTER MCARTHUR	LYNCHBURG, VA	RUNNER	138	00:43:22.64	13:59/m	4.3mph	M	23	
54	JEN HARGIS	FOREST, VA	RUNNER	184	00:43:43.19	14:06/m	4.3mph	F	33	
55	CHRIS HARGIS	FOREST, VA	RUNNER	183	00:43:43.54	14:06/m	4.3mph	M	36	
56	SHERMAN PENNIX	MADISON HEIGHTS, VA	RUNNER	155	00:44:06.93	14:13/m	4.2mph	M	33	

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57	KATHERINE GERBER	LYNCHBURG, VA	RUNNER	186	00:45:17.32	14:36/m	4.1mph	F	63	
58	MOLLY READ	LYNCHBURG, VA	RUNNER	160	00:45:19.62	14:37/m	4.1mph	F	26	
59	MACKENZIE JARVIS	LYNCHBURG, VA	RUNNER	126	00:45:19.85	14:37/m	4.1mph	F	23	
60	CORDELL PENNIX	MADISON HEIGHTS, VA	RUNNER	153	00:45:48.56	14:46/m	4.1mph	M	30	
61	NICHOLE NUCKOLS	ALTAVISTA, VA	RUNNER	151	00:47:05.19	15:11/m	4.0mph	F	28	
62	DAVID TRUITTE	LYNCHBURG, VA	RUNNER	176	00:47:15.08	15:14/m	3.9mph	M	59	
63	KARIN TRUITTE	LYNCHBURG, VA	RUNNER	177	00:47:16.02	15:15/m	3.9mph	F	56	
64	MARY MCCARTHY	LYNCHBURG, VA	RUNNER	139	00:47:16.54	15:15/m	3.9mph	F	53	
65	CASSANDRA ELVERUM	LYNCHBURG, VA	RUNNER	103	00:48:52.92	15:46/m	3.8mph	F	27	
66	COURTNEY COLEMAN	LYNCHBURG, VA	RUNNER	101	00:48:53.25	15:46/m	3.8mph	F	25	
67	JONI MCGINN	MADISON HEIGHTS, VA	RUNNER	140	00:48:57.38	15:47/m	3.8mph	F	23	
68	ORELIA GREENE	MONROE, VA	RUNNER	115	00:49:51.02	16:05/m	3.7mph	F	35	
69	RUTHIE MCGINN	MADISON HEIGHTS, VA	RUNNER	141	00:49:55.93	16:06/m	3.7mph	F	51	
70	JUSTIN GOINS	LYNCHBURG, VA	RUNNER	113	00:53:39.35	17:18/m	3.5mph	M	29	
71	BRENDA MALONEY	FOREST, VA	RUNNER	133	00:53:45.27	17:20/m	3.5mph	F	52	
72	MARK E. MALONEY	FOREST, VA	RUNNER	134	00:53:45.71	17:20/m	3.5mph	M	61	
73	TYLER GOINS	LYNCHBURG, VA	RUNNER	185	00:53:46.13	17:20/m	3.5mph	M	25	
74	DOUG GABEL	FOREST, VA	RUNNER	108	00:53:53.15	17:23/m	3.5mph	M	58	
75	SANDRA GABEL	FOREST, VA	RUNNER	109	00:53:53.57	17:23/m	3.5mph	F	56	
76	TERRI BROWN	FOREST, VA	RUNNER	190	00:55:17.20	17:50/m	3.4mph	F	57	
77	EMILY GABEL	RUSTBURG, VA	RUNNER	110	00:55:17.45	17:50/m	3.4mph	F	24	
78	MIRANDA HINKLE	GROTTOES, VA	RUNNER	122	00:57:48.24	18:38/m	3.2mph	F	22	
79	BELINDA HINKLE	GROTTOES, VA	RUNNER	121	00:57:49.28	18:39/m	3.2mph	F	53	
80	CINDY SHIPP	GROTTOES, VA	RUNNER	167	00:57:49.98	18:39/m	3.2mph	F	54	
81	LATASHA ROSSER	MADISON HEIGHTS, VA	RUNNER	161	00:57:50.09	18:39/m	3.2mph	F	39	
82	MISSY NEMEC	FOREST, VA	RUNNER	150	01:03:06.01	20:21/m	2.9mph	F	24	
83	TESSA ROULSTON	FOREST, VA	RUNNER	162	01:03:06.30	20:21/m	2.9mph	F	24	
84	JACOB ROULSTON	FOREST, VA	RUNNER	163	01:03:06.56	20:21/m	2.9mph	M	26	
85	ANDREA BISHOP	HERNDON, VA	RUNNER	91	01:03:06.95	20:21/m	2.9mph	F	35	
86	ZACH NEMEC	FOREST, VA	RUNNER	149	01:03:07.66	20:21/m	2.9mph	M	24	
87	MINDY MERITT	LYNCHBURG, VA	RUNNER	142	01:03:07.94	20:21/m	2.9mph	F	25	
88	SHERMAN PENNIX, SR	MADISON HEIGHTS, VA	RUNNER	156	01:08:14.35	22:00/m	2.7mph	M	65	
89	SHERLANDA PENNIX	MADISON HEIGHTS, VA	RUNNER	154	01:08:42.31	22:09/m	2.7mph	F	36	