

Race Date
August 23, 2014

Double Dip Sprint 2014

Age Group Results

Age Group

Female Open Winners

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Marsha Morton	1	6:17.96	2:30	0:36.93	2	51:35.58	19.2	0:39.59	1	20:50.87	6:43	1:20:00.9
2	17	kimberly Hicks	2	7:00.18	3:49	0:34.69	1	49:42.76	19.9	0:58.38	2	23:21.44	7:32	1:21:37.4
3	27	Jennifer Gerard	3	7:25.80	4:18	0:42.52	3	58:13.72	17.0	0:45.74	3	25:52.54	8:21	1:33:00.3

Male Open Winners

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Todd Caldwell	2	6:23.39	4:47	0:36.89	1	45:40.93	21.7	0:46.79	1	18:46.49	6:03	1:12:14.4
2	2	Alan Knauth	1	5:07.96	1:54	0:32.61	3	47:24.00	20.9	0:40.42	3	19:18.08	6:14	1:13:03.0
3	3	Joseph Hicks	3	7:20.10	4:34	0:38.68	2	45:46.67	21.6	0:48.79	2	18:56.36	6:06	1:13:30.6

Female Masters Winners

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	31	Michelle Resch	3	8:47.10	5:40	0:55.48	1	54:01.26	18.3	0:49.86	2	29:28.44	9:30	1:34:02.1
2	35	Nancy Zirkle	2	7:05.47	4:20	1:37.96	3	57:41.28	17.2	1:08.16	1	27:10.05	8:46	1:34:42.9
3	38	Laura Gagnon	1	6:39.70	4:16	1:09.51	2	56:47.92	17.4	0:53.46	3	31:47.44	10:15	1:37:18.0

Male Masters Winners

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	David Belknap	2	6:04.28	3:35	0:40.43	1	45:47.38	21.6	1:07.98	3	23:03.08	7:26	1:16:43.1
2	7	Alan Thomas	1	5:58.22	3:10	0:59.14	2	46:45.98	21.2	1:12.01	1	21:49.80	7:02	1:16:45.1
3	8	Patrick Welsh	3	6:19.08	3:01	0:37.27	3	47:39.71	20.8	0:47.58	2	22:05.81	7:07	1:17:29.4

Race Date
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Double Dip Sprint 2014

Age Group Results

Age Group

Male 25 to 29

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	14	Chris Gerard	1	7:14.03	4:19	0:43.02	1	49:15.95	20.1	1:10.49	1	21:42.56	7:00	1:20:06.0

Female 30 to 34

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	34	Danielle Pike	1	7:06.51	7:22	0:49.44	1	59:39.14	16.6	0:49.99	1	26:16.63	8:28	1:34:41.7
2	51	Amy Bryant	2	9:23.33	6:17	1:24.44	2	1:02:34.7	15.8	0:53.10	2	31:33.56	10:11	1:45:49.1

Male 30 to 34

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Elton Evans	1	8:14.24	5:45	1:06.39	1	57:24.96	17.2	0:57.90	1	26:25.03	8:31	1:34:08.5
2	42	Brad Lakins	2	9:36.38	6:08	2:30.23	2	58:21.96	17.0	1:43.83	2	29:21.69	9:28	1:41:34.0

Female 35 to 39

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	44	Emily Tirgrath	1	7:30.59	7:35	1:56.57	1	1:07:10.5	14.7	0:37.58	1	24:49.70	8:00	1:42:05.0
2	56	Amber Davis	2	8:03.92	7:51	1:10.55	4	1:14:54.6	13.2	1:12.13	2	28:14.31	9:06	1:53:35.5
3	58	Melanie Bouldin	4	10:40.54	7:36	1:46.81	2	1:08:22.2	14.5	3:25.83	3	31:09.52	10:03	1:55:24.9
4	59	Holly Montooth	3	9:19.73	6:55	3:44.96	3	1:10:57.7	14.0	0:53.02	4	31:10.10	10:03	1:56:05.5

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Age Group Results

Age Group

Male 35 to 39

Place			Swim			Trans 1	Bike			Trans 2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Leland Smith	1	5:47.76	2:32	0:13.83	1	47:23.62	20.9	0:40.65	2	20:05.82	6:29	1:14:11.6
2	5	Chris Davis	2	6:06.51	3:01	0:11.72	2	47:37.92	20.8	0:34.22	3	20:12.42	6:31	1:14:42.7
3	9	Danny Sturdevan	5	7:10.35	3:27	0:24.48	3	49:30.79	20.0	0:45.11	4	20:25.28	6:35	1:18:16.0
4	10	Kayvon Meehan	3	6:38.72	3:00	0:42.19	4	50:51.96	19.5	0:48.26	1	19:46.81	6:23	1:18:47.9
5	22	Tim Braden	4	6:47.31	3:22	1:39.53	5	53:23.41	18.5	1:46.58	5	21:18.45	6:52	1:24:55.2
6	23	daniel grant	7	7:34.05	3:54	0:34.49	6	55:32.78	17.8	0:45.38	6	23:41.69	7:38	1:28:08.3
7	36	Matt Schwartz	6	7:27.94	5:34	1:27.61	7	55:38.91	17.8	0:40.50	9	30:29.82	9:50	1:35:44.7
8	37	Stephen Birchett	8	8:54.98	6:35	1:22.39	8	58:23.36	17.0	1:24.07	7	25:47.02	8:19	1:35:51.8
9	49	Jonathan Weathersby	9	9:52.88	5:03	2:38.26	9	1:04:59.7	15.2	1:24.51	8	26:04.78	8:25	1:45:00.2

Female 40 to 44

Place			Swim			Trans 1	Bike			Trans 2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	60	Rebecca Auble	1	9:16.83	8:34	2:18.40	1	1:10:41.7	14.0	1:13.10	1	34:22.72	11:05	1:57:52.7

Male 40 to 44

Place			Swim			Trans 1	Bike			Trans 2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	David Belitz	3	6:31.84	3:49	1:06.08	2	50:00.89	19.8	1:01.28	1	21:21.88	6:53	1:20:01.9
2	16	Lloyd Jones	1	6:09.88	2:47	0:07.70	1	49:34.03	20.0	0:29.83	4	24:59.10	8:04	1:21:20.5
3	18	Jay Rumph	2	6:17.21	2:45	0:27.39	3	50:46.27	19.5	0:41.55	3	24:38.15	7:57	1:22:50.5
4	28	Blake Shelton	5	7:41.62	7:28	2:33.64	5	56:31.13	17.5	1:06.43	5	25:09.68	8:07	1:33:02.5
5	30	Jay Wessel	8	11:55.67	6:33	1:36.26	4	54:47.75	18.1	0:35.05	2	24:24.31	7:52	1:33:19.0

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August 23, 2014

Double Dip Sprint 2014

Age Group Results

Age Group

Male 40 to 44

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
6	53	Jimbo Arwood	7	8:35.11	7:20	2:44.34	6	1:01:13.2	16.2	1:42.40	6	33:09.26	10:42	1:47:24.3
7	54	Kenyon Wilson	6	7:42.59	6:00	0:36.29	7	1:03:46.1	15.5	0:58.50	7	35:24.92	11:25	1:48:28.4
8	61	James Bouldin	4	7:33.97	6:15	1:05.75	8	1:04:47.1	15.3	2:01.45	8	42:24.49	13:41	1:57:52.8

Female 45 to 49

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	41	Denise Forgette	3	9:31.26	6:00	0:58.73	1	54:23.25	18.2	1:13.49	5	34:19.55	11:04	1:40:26.2
2	46	Christine Jackson	5	11:20.44	8:28	2:03.08	2	58:15.19	17.0	1:09.50	1	30:11.56	9:44	1:42:59.7
3	48	Lisa Davis	1	8:26.34	6:09	1:19.91	3	1:01:34.7	16.1	0:46.58	3	32:35.22	10:31	1:44:42.8
4	55	Cheri Conley	4	10:17.92	8:47	1:47.26	4	1:03:59.1	15.5	0:46.32	4	33:42.74	10:52	1:50:33.3
5	57	sue mcdonald	2	9:29.86	8:26	2:13.27	5	1:08:04.1	14.5	1:20.58	2	32:34.35	10:30	1:53:42.2

Male 45 to 49

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	11	Stephen Barto	1	5:52.61	2:15	0:21.99	1	48:38.12	20.4	0:42.40	2	23:25.02	7:33	1:19:00.1
2	15	Robert Nytko	3	6:33.62	3:53	1:01.12	2	49:43.32	19.9	1:12.15	1	22:20.23	7:12	1:20:50.4
3	24	Scott Davis	4	6:54.01	5:34	1:02.33	3	54:47.91	18.1	1:17.60	4	26:52.73	8:40	1:30:54.5
4	26	Joe Bedford	7	10:13.85	7:19	0:20.36	5	55:43.15	17.8	0:45.74	3	24:03.51	7:45	1:31:06.6
5	29	Tom DuBois	5	8:25.15	5:05	1:08.11	4	54:55.19	18.0	1:06.96	6	27:30.50	8:52	1:33:05.9
6	33	Chris Olszky	2	6:18.76	2:57	1:17.00	6	57:28.32	17.2	2:17.52	5	27:11.36	8:46	1:34:32.9
7	50	Kent Phillips	6	8:43.59	7:16	2:06.78	7	1:02:01.2	16.0	1:17.02	7	31:35.95	10:11	1:45:44.5

Race Date
August 23, 2014

Double Dip Sprint 2014

Age Group Results

Age Group

Male 50 to 54

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	19	Michael Smith	4	6:26.08	3:28	0:28.73	3	52:38.30	18.8	0:33.63	1	22:45.10	7:20	1:22:51.8
2	20	Fred Burke	2	5:41.85	3:20	0:54.48	1	50:57.46	19.4	0:56.12	2	25:26.14	8:12	1:23:56.0
3	21	Steven Dittner	3	5:46.43	2:16	0:33.24	2	51:13.45	19.3	0:54.87	3	25:46.90	8:19	1:24:14.8
4	25	John Heckman	1	4:58.43	1:54	0:33.43	4	56:21.11	17.6	0:39.85	4	28:28.51	9:11	1:31:01.3
5	45	John Conley	6	9:24.94	7:25	2:21.77	5	58:19.46	17.0	1:15.83	5	31:00.96	10:00	1:42:22.9
6	62	Mike Kearney	5	8:58.52	8:35	2:46.52	6	1:10:42.5	14.0	1:06.37	6	35:32.24	11:28	1:59:06.1

Female 55 to 59

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	65	Sheila Guess	1	11:01.95	6:08	1:30.88	1	1:15:15.2	13.2	0:43.54	1	42:16.67	13:38	2:10:48.2

Female 60 to 64

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	64	Cathy Holloway	1	12:19.63	8:54	3:10.18	1	1:14:46.3	13.2	0:45.82	1	38:15.99	12:20	2:09:17.9

Male 60 to 64

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	40	Scott Goodson	1	6:21.49	2:35	1:39.37	2	1:00:02.4	16.5	1:31.43	1	30:33.24	9:51	1:40:07.9

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Age Group Results

Age Group

Male 60 to 64

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	43	Arney Guess	2	7:54.70	5:00	1:54.33	1	58:50.22	16.8	0:27.32	2	32:34.02	10:30	1:41:40.5
3	52	Jim Kearney	3	8:04.97	4:53	1:07.61	3	1:01:31.6	16.1		3	36:13.17	11:41	1:46:57.3

Male 65 to 69

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	39	Charlie Bozeman	1	6:28.76	2:42	2:01.86	1	57:27.32	17.2	1:52.64	1	31:33.03	10:11	1:39:23.6
2	47	Andy Zirkle	2	8:02.98	6:12	2:11.60	2	57:32.57	17.2	2:11.78	2	33:10.29	10:42	1:43:09.2

Male 75 to 79

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	63	Paul Barrette	1	11:11.78	7:54	2:45.79	1	1:06:03.1	15.0	1:49.13	1	39:46.66	12:50	2:01:36.5

Race Date
August 23, 2014

Double Dip Sprint 2014
Age Group Results
Clydesdale

Male 99 and under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Scott Harness	1	6:56.93	3:34	2:12.84	1	1:13:38.3	13.4	2:51.64	1	41:25.39	13:22	2:07:05.1

Race Date
August 23, 2014

Double Dip Sprint 2014

Age Group Results

Athena

Female 0-99

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Brynne Ruble	1	9:21.70	7:42	3:09.40	1	1:24:31.9	11.7	0:44.42	1	43:05.61	13:54	2:20:53.0

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Double Dip Sprint 2014
Age Group Results

Male Relay

Male 0-99

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	T & T Express	2	4:32.58	1:39	0:08.52	1	43:44.52	22.6	1:01.90	1	22:47.90	7:21	1:12:15.4
2	2	Owen Sanders	1	4:04.02	1:25	0:14.78	2	44:17.59	22.4	0:23.86	2	29:50.44	9:37	1:18:50.6