

Is a truly religious man? He is one whose principles are founded upon, and whose conduct is directed by universal love and charity.

The next topic of conversation is generally politics, which few men know, yet most pretend to, therefore supply their want of knowledge by bold assertions and positiveness, sometimes by railing and abuse.

A thorough knowledge of Geography and History particularly of one's native country, is absolutely necessary to enable any man to become a politician, the laws, customs, manners and genius of nations are requisite for this kind of knowledge, all which require more time, reading and observation than you will probably have to spare for them of a long

time. Common Sense and moderate observa-
tion will for the most part discover on which
side the strength of the argument lies; but as
in religion, so in politics, it often happens that
many a good man from Prejudices interest
or disappointment takes sides and becomes
enthusiast, hunc tu Romanus caveto. While
unemployed by Government it is not incum-
bent on you to fight its battles, yet I hope you
will always retain a due respect for the
country and government in and under
which you was born, and Loyalty to the
lawful Sovereign is the Character of your
family - Should a Clergyman or King's
officer be illiberally attacked in their several
characters in your company, I hope you

will always think it your duty to defend
them, for the same reason that you would
prevent a woman, especially a modest one,
from being insulted, of which a remarkable
instance occurred in London last summer.
A Clergyman, who had been an officer in the Army
was in company with a M^{rs}. Haughty, a very
pretty woman and celebrated comedian, her
husband, and some others at Truswell, where
she was rudely insulted by three or four Maca-
sones, of which the present Lord Littleton
was one, this Clergyman finding that none of
the Company cared to defend her, opposed
himself to their resentment by a very spirited
conduct, which not only rescued the Lady
but exposed them to the contempt and ridicule

of the whole Kingdom - as the affair was made public, much to the Honour of the Heiric Minister.

Another topic of conversation I need not mention - You will soon find it out - Never be the first to introduce it, rather repress it, if you please, especially if Ladies or Clergymen are in company; but if the current runs strong that way, it would look like affectation or prudery to be serious. In mixing in such discourse avoid ribaldry - all manner of ideas may be conveyed in modest words.

That's all for conversation - next for your general plan of life - In whatever manner you spend your time, let your pillow thoughts review the words and actions of the ^{by} past day

be the faithful historian of yourself, nothing
extraneous, ought not to be omitted. Where
there is cause for blame, resolve to correct,
what is right, determine to continue - one self
approving hour is better far than ages of popular
applause. Free from remorse ~~and~~, your
sleep will refresh and invigorate - Awaking
in the morning with a sense of gratitude ^{to the} the
giver of good gifts, think of your duty seriously
in all its extent, plan out the rising day as
circumstances require; morning is the time for
business. It was wittily but severely said by
Ld. Ch. of the Duke of Newcastle, that
he lost an hour in the morning and kept
cunning after it all day - Avoid this reflection
by all means, avoid also strong drink especially