



# FEBRUARY 2019

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

306 Apple Baked Frudel  
 670 Fresh Fruit  
 749 Apple-Cherry Juice

4

359 Honey Scooters Cereal  
 OR  
 334 Cinnamon Toast Crunch Cereal  
 608 Dole Tropical Fruit Cup  
 752 Fruit Punch Juice

5

329 Trix Cereal Bar  
 670 Fresh Fruit  
 750 Apple Juice

6

328 Chocolate Chip Muffin  
 696 Raisins  
 748 Grape Juice

7

327 Pillsbury Maple Mini Waffles  
 670 Fresh Fruit  
 753 Orange Juice

8

336 Pillsbury Strawberry Mini Pancakes  
 670 Fresh Fruit  
 752 Fruit Punch Juice

11

309 Apple Jammer Sticks  
 670 Fresh Fruit  
 749 Apple-Cherry Juice

12

337 Eggo Blueberry Mini Pancake  
 658 Dried Fruit Blend  
 753 Orange Juice

13

334 Cinnamon Toast Crunch Cereal  
 612 Bagged Apples & Grapes  
 750 Apple Juice

14

NO SCHOOL

15

NO SCHOOL

18

369 Pillsbury Berry Blast Mini French Toast  
 696 Raisins  
 752 Fruit Punch Juice

19

334 Cinnamon Toast Crunch Cereal  
 670 Fresh Fruit  
 750 Apple Juice

20

329 Trix Cereal Bar  
 670 Fresh Fruit  
 753 Orange Juice

21

323 Apple Cinnamon Muffin  
 684 Mixed Berry Applesauce  
 658 Dried Fruit Blend

22

327 Pillsbury Maple Mini Waffles  
 670 Fresh Fruit  
 752 Fruit Punch Juice

25

334 Cinnamon Toast Crunch Cereal  
 670 Fresh Fruit  
 749 Apple-Cherry Juice

26

328 Chocolate Chip Muffin  
 608 Dole Tropical Fruit Cup  
 750 Apple Juice

27

315 Apple Cinnamon Toast  
 670 Fresh Fruit  
 753 Orange Juice

28

350 Apple Cinnamon Cheerios Cereal  
 697 Bagged Sliced Apples  
 752 Fruit Punch Juice

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**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

