

# Work Ethic

*Consistent hard fought effort*

## LIFE THEME

### Question

What do you want to accomplish as a man  
say 20 years down the road...

Relationships, Job, Home, Car, Toys

What will it take to get there?

EDUCATION, Time, Sacrifices

How much competition do you anticipate?

Do you expect to excel? Why?

### Truth

All men have a desire to succeed but few men  
have the **Work Ethic** to realize that SUCCESS!!

### Execution

Fill out the attached Goal Sheet ...Then are  
you Ready? FOLLOW THROUGH!!!

## FOOTBALL THEME

### Question

What do you want to accomplish as a Player  
this Year and next... Personally & for the  
Team

What will it take to get there?

Weight room, summer commitment??

How much competition do you anticipate?

What is mediocrity & is it acceptable to you?

### Truth

All men have the will to win few men have the  
will to prepare to win!!

### Execution

Fill out the attached Goal Sheet ...Then are  
you Ready? FOLLOW THROUGH!!!

**Go to: [www.coachmertz.com](http://www.coachmertz.com)**

Watch *Week 4 Video*.....Write thoughts on Back

**“TRUE SUCCESS IS BUILT ON A FOUNDATION OF CHARACTER”**

**Success** is peace of mind which is a direct result of self satisfaction in knowing you did your best to become the best that your are capable of becoming.

JOHN WOODEN