

VVHOA 853 Granada Dr Greenwood, IN 46143

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December 2020 Newsletter

With positive thinking, extremely knowledgeable scientists, and a workforce that is endless, the year of 2021 is going to be a year to remember as the most remarkable advancement in mankind. We will be grateful for so many things, big and small. As we venture into the unknown future, thankfulness is a necessity to our mental survival.

HAPPY NEW YEAR! A special "Thank You" to so many loyal Valle Vista homeowners that have been members of the VVHOA for several years. Thanks to your dedication to the VVHOA, Valle Vista has remained a very desirable neighborhood and has increased its value. With your membership dues payment, the voluntary board is able to sponsor different functions with advertisements and entrance signs, and mail newsletters throughout the year. Because of your support year after year, the VVHOA board is able to continue offering activities for the neighborhood. Thank you for being an important part of Valle Vista!

WINTER TIPS FOR YOU & YOUR HOME

- 1. Change your filters including your furnace, fridge, vacuum, water, humidifier, etc.
- 2. Change the batteries in your smoke and carbon monoxide detectors, as well as checking your flashlights.
- 3. Increase your light exposure with daily walks or 10-15 minutes of being outside to get your Vitamin D and keep up your mood. You can also supplement with light therapy lamps if the dreary weather affects you.
- 4. Practice better sleep habits. Keep your room cool and dark. Consider calming activities prior to bedtime.
- 5. Find mood boosters. Snack on nutrient-rich food like pumpkin seeds or dark chocolate.
- 6. Boost your feel-good neurotransmitters with a daily exercise routine.
- 7. Restock first aid kits and dispose expired medicines. Is your first aid kit out of bandages? Do you need to replenish any over the counter medicines? Be sure to dispose of all expired medication properly.
- 8. Flip your mattresses. Make sure no one is on it first!
- 9. Plan healthy meals. Consider using seasonal foods like squash and cranberries to add variety.
- 10. Take care of yourself! Find a primary care physician. Make sure you're up to date with vaccinations and have scheduled your preventative health screenings. Talk to a professional if you're feeling depressed, anxious, or for any other mental health concerns.

2021 DISCOUNT CARDS We have 22 fantastic businesses on our 2021 Discount Card for those who join the VVHOA. Here's a list of the businesses offering deals:

Anthony Outdoor Solutions Aqua Systems Ari's Pancake House Denny's Greenwood Ace Hardware Jack's Pizza Jiffy Lube Johnson's BBQ Shack Luca Pizza Main Street Grille Mrs. Curl Ice Cream Otte Golf Center Play It Again Sports Root2Rise Coffee Bar & Juicery Sassafras Smallcakes Sterling Cabaret Summers Plumbing Heating & Cooling Sunny's Chicken Swagat The Stacked Cookie Yokohama Japanese

ARE YOU CREATIVE? Do you enjoy planning events, coordinating activities for the neighborhood, writing, or have some ideas you would like to share with the VVHOA? The VVHOA board would love to add you to the group!!! Please let the VVHOA board know if you are interested by emailing us at info@vallevistahoa.org.

WHY JOIN THE VVHOA? Your annual dues are only \$25. The VVHOA coordinates and covers the cost for: Annual Garage Sale signage and advertising, Plant Swap, Annual Meeting (usually at the Valle Vista Golf and Conference Center) with informative and entertaining speakers, new homeowner Welcome Baskets, Green Thumb Awards, educational Seminars, Block Parties, Bike Rodeo (proposed), Scavenger Hunt, Discount Cards (2 per household), and enlightening Newsletters, including mailing and printing. VVHOA is a 38 year old voluntary association and does not impact the freedoms you have as a Valle Vista resident. All restrictions are put in place by the local and state governments, which impact all homes regardless of membership. See http://greenwood.in.gov for more information.

NEXTDOOR VALLE VISTA

Have you checked out Nextdoor? Get safety updates and stay in-the-know on what is happening in our area by joining. Various settings allow you to pick how often you receive notifications and which surrounding neighborhood posts you see. While not technically part of the VVHOA, we encourage the use of this free tool.

Sign up at https://vallevistain.nextdoor.com

NEW RESIDENTS If you are a new resident and this newsletter is addressed incorrectly, please let us know. Go to www.vallevistahoa.org and click on "Contact".

WEBMASTER The VVHOA board desperately needs a webmaster for the VVHOA website. The pay is very low, \$0, but the rewards of the position are great. You could become one of the socialized members of the VVHOA board. Please contact a board member for more information. **GARAGE SALE 2021** will be Friday and Saturday May 21 & 22. We are planning one annual garage sale in the spring of 2021.

REFLECT! It gets dark early, so please wear reflective clothing if you're on the streets at dusk or after dark. Stay safe! Members - contact Sherri for a free reflective vest.

VVHOA MONTHLY MEETINGS are currently the **FIRST TUESDAY of each month at 6 pm**.

Everyone is welcome to attend! With COVID-19, meetings may be held online or cancelled, so we recommend you contact the board to verify date and location if you would like to attend.

SLOW

SLLLOOOWWW DOOOWWWWNNNNN

Please remember that the speed limit in our neighborhood is 25 mph. Be considerate of those walking or riding on the streets and make your neighbors smile when you drive by. We want to keep everyone safe and avoid unnecessary accidents.

JOIN OR RENEW VVHOA MEMBERSHIP NOW FOR 2021

Join or renew now for 2021. The new green 2021 Discount Cards are printed and ready to be mailed or delivered to you once you join. **Membership forms are enclosed**. You can mail or drop off payment in person (or in the newspaper slot) at 853 Granada Dr, or join online and pay via PayPal. Please indicate how you'd like your discount cards delivered.

Winter Energy-Saving Tips

- 1. Switch your ceiling fan's blade rotation. Hot air rises, so reverse your fan's blades to a clockwise rotation to help push that warmth right back down to you.
- 2. Upgrade your wood-burning fireplace. Consider upgrading your fireplace to an EPA certified-model or more efficient insert you will conserve energy and might even receive a tax credit (s'mores not included).
- 3. Let the sunshine in. Naturally heat your home by opening the curtains of south-facing windows during the day; you'll save money on your heating bill and benefit from the wintery backdrop.
- 4. Weather-proof your windows. During the winter, up to 30% of your home's heat can be escaping through low-efficiency windows. For a budget-friendly alternative, cover windows and sliding doors with clear plastic film this simple trick can save you roughly 14% on your heating bill.
- 5. Get selective with a space heater. Why waste money heating every room in your home when you spend most of your time in the same few? Use a portable space heater in high-traffic areas like the living room and bedrooms to keep overall heating costs down throughout the season.
- 6. Rock your winter wardrobe indoors. You can save 5% for every degree you drop your thermostat between 60-70 degrees, so slip on some fuzzy socks and matching PJs to let your clothes do the warming.
- 7. Your bathroom fans and oven hoods are often-overlooked sources of heat loss in the winter. Use exhaust fans sparingly, and turn them off when not in use to ensure your home's warmth isn't being pulled away.
- 8. If you haven't switched out your home's light bulbs for LEDs, winter is the perfect time to do so. LED bulbs use 75% less energy than traditional incandescents, which can lead to huge savings on your electricity bills during the winter months especially if you opt for LED holiday lights as well.
- 9. Invest in a smarter thermostat. This easy home upgrade can cut heating costs by up to 12% and will continue to reduce AC costs in the upcoming spring and summer it's a no-brainer!
- 10. Do away with drafts. If you're not careful, the winter chill can seep in under doors and even through electrical outlets. Drafts not only make it harder to properly warm your home, they also can eat away at your heating budget; install weather stripping and proper insulation to help keep the cold at bay.

Vision Statement

We envision a community of neighbors dedicated to working together in public and private cooperation as members of a voluntary association. Together we hope to create a safe, caring, healthy, and prosperous community dedicated to enriching each other's quality of life while striving to increase property values. We envision a neighborhood that is considered by residents and non-residents alike to be a highly desirable place in which to live and enjoy the benefits of family, friends, and community.