

# Griffin Track 2020

## Los Alamitos High School Track Schedule

Saturday	January 25	Winter Championship Qualifier @ Los Al	TBA
Tuesday	Feb 4	Mandatory Parent Meeting RM 153/154	6:30 PM
Saturday	Feb 8	Winter Champs @ Arcadia HS	TBA
Saturday	Feb 16	Redondo/Brea/Yorba Linda/Los Al Kick off	9 AM
Wednesday	March 4	Laguna Beach/Servite @ Los Al	2:45
Saturday	March 7	Griffin Relays	9:00 AM
Wednesday	March 11	Los Alamitos @ Edison ***	2:45 PM
Friday-Sat	March 13-14	Redondo/Nike Invitational	TBA
Saturday	March 14	Irvine Invitational @ Irvine HS	TBA
Wednesday	March 18	Los Alamitos @ Fountain Valley ***	2:45 PM
Friday-Sat	March 20-21	California Relays	
Saturday	March 21	Laguna Beach Trophy Invite	TBA
Wednesday	March 25	Corona Del Mar @ Los Alamitos ***	2:45 PM
Friday	March 27	Beach Cities Invite (Distance Carnival) HBHS	TBA
Saturday	March 28	Beach Cities Invitational @ HBHS	TBA
Saturday	March 28	Seal Beach 5/10K (VOLUNTEER Participation is Mandatory)	7:00 AM
Wednesday	April 1	Marina @ Los Al	2:45 PM
Friday-Sat	April 10-11	Arcadia Invitational	TBA
M-F	April 13-17	Spring Break	
Saturday	April 18	Orange Co. Championships @ Mission Viejo High School	8:00 AM
Thursday	April 24	Sunset Conference-Surf Division Prelims @ Los Alamitos HS	TBA
Friday	May 1	Sunset Conference (Surf and Wave) Finals @ Huntington Beach HS	TBA
Saturday	May 9	CIF Prelims @ Trabucco Hills HS	TBA
Saturday	May 16	CIF FINALS @ El Camino College	TBA
Saturday	May 23	Masters @ El Camino College	TBA
Fri./Sat.	May 29-30	STATE @ Fresno	TBA

### Contact Information:

Coach Howard (562) 799-4780 ext 82713 or LATF@losal.org

**Track and Field Home Meets for the 2020 Season (Volunteers needed)**  
**Weekday meets are MANDATORY**

## Driving Directions

1. Brea High School—605 North to 91 East to 57 North. Exit Lambert, right on Lambert East. Left on Wildcat Way.
2. Cerritos College—605 North. Exit Del Amo, right on Del Amo
3. Edison High School—School is located on SW corner of Magnolia and Hamilton in Huntington Beach. P.C.H. south, left on Magnolia. Or 405 south, exit Magnolia, turn right.
4. Esperanza High School—605 north to 91 east to Imperial Highway north. Exit Orangethorpe Ave. Left on Orangethorpe to Kellog Dr. School is on the right.
5. Fountain Valley High School—School is located on the east side of Bushard St. between Talbert and Slater in Fountain Valley. Take 405 south exit Warner Ave east. Take Warner to Bushard (1<sup>st</sup> light) turn right go one (1) mile to the school.
6. Gahr High School—605 North exit South Street. Left on South, right on Studebaker Ave, Right on Artesia Blvd.
7. Huntington Beach High—South on PCH to Main Street. Left on Main- 2 miles to school. School is located on the left side of Main just before Yorktown. If more convenient 405 souths exit Goldenwest south, left on Yorktown.
8. Long Beach City College (Vets Stadium)—405 north exit Lakewood Blvd. North to Conant, right on Conant. Left on Falculy Ave. If more convenient spring street to Clark Right on Clark. Stadium will be on your Left.
9. Marina High School- School is located on west side of Springdale between McFadden and Dinger in Huntington Beach. Take Los Al Blvd to Westminster, left on Westminster. Turn Right on Springdale.
10. Millikan High School—Spring St. Turn Left on Palo Verdes.
11. Servite High School- East on Cerritos towards Anaheim. Left on Brookhurst Right on La Palma Ave. School is located at 1952 West La Palma Ave. Anaheim.
12. Trabucco Hills High School- 405 south, exit El Toro Rd, Continue on El Toro to Santa Margarita Pkwy. Right on Santa Margarita Pkwy. Right on Los Alisos Blvd. Right on Mustang Way.