

**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, August 19, 2016 – 1:00pm to 2:00pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Anthony Pflaum, Frank Williams, and Adam Goldman

Guest: Patti Pettit, Sohail Eftekhazadeh, Claudia Onken, Pennie Mack, Heather Sullivan, and Olivia Rocha

I. Call to Order – 1:00pm

- a. Welcome – Everyone asked to briefly introduce themselves.
- b. Approval of Agenda – The agenda was approved by Anthony Pflaum, seconded by Adam Goldman.
- c. Approval of Minutes – No minutes were approved due to not having a meeting in July.

II. Reports

- a. Program Director Report – Patti Pettit
- b. President's Report – President to be determined
 - i. No president's report was given.
- c. Sub-Committee Reports:
 - Health and Wellness (Frank Williams) – No report given
 - Arts and Music (Anthony Pflaum) – Anthony will meet with the arts committee when they have their next meeting.
 - Data Outcomes (Heidi Sweeney) – No report given
 - Evaluations and Survey's (Need a Sub-committee head) – No report given
 - Special Events (Adam Goldman) – Adam will meet with Sohail to provide assistance with the Multi-Cultural Event and Fidencio to provide assistance with the Hispanic Heritage Event in September.
 - Membership Outreach (Kristen Pankratz) – MAB will have a table during the community meeting on Wednesday. Frank and Anthony will be at the table to provide information about the Member Advisory Board to members who are interested in becoming part of the MAB or sub-committees. Kristen visited St. Joseph's Hospital to provide information about Wellness Center Central.
 - Comments and Suggestions (Heidi Sweeney) – No report given.

III. Unfinished Business

- a. Vice President, Anthony Pflaum, is acting President until a MAB President can be voted in. Need to have a full Member Advisory Board before nominating and voting for the Executive Board.
- b. Pennie Mack is on the waiting list due to not having a full quorum present to vote her in.

- c. MAB members contact information list will be updated.
- d. Suggestion Box is now being reviewed by Vice President, Anthony Pflaum and Secretary, Heidi Sweeney .
- e. Ideas and Goals:
 - MAB need to start exploring ideas for the holiday events.
 - Educate and inform members about MAB.
 - Motivate and recruit members to become part of MAB.

IV. New Business

- a. Chat with MAB – Frank Williams
 - Members requested that the social dance instructor teach line dancing for Friday afternoons.
 - Members suggested adding an art class on Fridays.
- b. Discussed maybe shortening the term of MAB members to one year.
- c. Discussed encouraging and recruiting new members to be involved in MAB and/or sub-committees.
 - Talk about MAB during community meetings.
 - Speak to members who attend Wellness Center Central on a regular basis. Inform them about what MAB is all about.
 - Help members recognize their own strengths and talents, then inform them how they can use their strengths and talents as a MAB member.

V. Announcements (MAB Members)

- a. Reach out to all MAB members to attend next meeting on Friday, September 23, 2016.

VI. Open Forum (Visitors)

- a. Suggestion to have the acting and drama class perform a skit that informs members about MAB.
- b. Suggestion to have individual MAB pictures on the walls with the member names under it.

VII. Upcoming Calendar

- a. Multi-Cultural Celebration – Thursday, August 25, 2016, 1:00pm to 4:00pm
- b. Hispanic Heritage Celebration – Friday, September 16, 2016, 1:00pm to 4:00pm
- c. Next Meeting – Friday, September 23, 2016, 1:00pm to 2:00pm
- d. Job Fair – Wednesday, October 26, 2016, 12:00pm to 3:00pm

VIII. Adjournment

- a. Anthony Pflaum adjourned the meeting at 2:00pm