



YLS Indoor Safety Guidelines

- Masks are required to be worn by players onto the field and **are not to be taken off until the coach starts the warm up**
- A [YLS Health Check](#) via this Google Form **will be required to be done prior to each YLS training** – please note that a separate form for each participant must be completed. If you are a registered FC Dynamo ROC player, your health check should be completed and submitted through your team's TeamSnap account.
 - Have you experienced a fever of 100.4 F or greater in the past 14 days?
 - Have you received a positive result from a COVID-19 test within the past 14 days?
 - In the past 14 days, have you been in close contact with anyone that has or had symptoms of COVID-19 that required to quarantine?
 - In the past 14 days, have you or someone you have been in close contact with traveled to an area that required quarantine upon return?
 - In the past 14 days, have you experienced any of the following new symptoms not attribute to another health condition?
 - Cough
 - Loss of smell or taste
 - Runny nose
 - Shortness of breath
 - Sore throat
- Our recommendation is that parents of players on the older age groups (U11 and older) just drop off and pick up at the door and not stay inside for indoor trainings. For younger players (U10 and younger) please follow the facilities restrictions of max one person per player staying at training. Players will not be allowed to enter the building any earlier than 5 minutes prior to their scheduled training time.
- If your player was not allowed to attend school due to health reasons, he/she will not be allowed at training.
- Please remember to clearly label water bottles and that training attire should be laundered after every training.