



# January 2021

Mon	Tue	Wed	Thu	Fri
<p style="text-align: right;">4</p> <p><b>Breakfast:</b> Rice Krispies, Bananas &amp; Milk</p> <p><b>Lunch:</b> Swedish Meatballs w/ Egg Noodles, Sweet Peas, Mixed Greens Salad &amp; Milk</p> <p><b>PM Snack:</b> Teddy Grahams, Tropical Fruit &amp; Water</p>	<p style="text-align: right;">5</p> <p><b>Breakfast:</b> Vanilla Greek Yogurt, Strawberries &amp; Milk</p> <p><b>Lunch:</b> Cheese Quesadillas, Black Beans, Corn &amp; Milk</p> <p><b>PM Snack:</b> Cheez-Its, Bananas, &amp; Water</p>	<p style="text-align: right;">6</p> <p><b>Breakfast:</b> Waffles, Peaches &amp; Milk</p> <p><b>Lunch:</b> Vegetable Beef Soup, Saltine Crackers, Apple Slices &amp; Milk</p> <p><b>PM Snack:</b> Animal Crackers, Raisins &amp; Water</p>	<p style="text-align: right;">7</p> <p><b>Breakfast:</b> Biscuits w/ Turkey Bacon &amp; Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Green Beans &amp; Milk</p> <p><b>PM Snack:</b> Chex Mix, Craisins &amp; Water</p>	<p style="text-align: right;">8</p> <p><b>Breakfast:</b> Toast w/ Grape Jelly, Pears &amp; Milk</p> <p><b>Lunch:</b> Turkey &amp; Cheese Wraps, Veggie Straws, Pineapple &amp; Milk</p> <p><b>PM Snack:</b> Fruit Bars &amp; Water</p>
<p style="text-align: right;">11</p> <p><b>Breakfast:</b> Cornflakes, Bananas &amp; Milk</p> <p><b>Lunch:</b> Teriyaki Chicken, Broccoli, Rice, Pineapple &amp; Milk</p> <p><b>PM Snack:</b> Graham Crackers, Sun butter &amp; Water</p>	<p style="text-align: right;">12</p> <p><b>Breakfast:</b> Pancakes, Applesauce &amp; Milk</p> <p><b>Lunch:</b> Baked Ziti w/ Ground Turkey, Sweet Peas, Mixed Greens Salad &amp; Milk</p> <p><b>PM Snack:</b> Goldfish, Raisins &amp; Water</p>	<p style="text-align: right;">13</p> <p><b>Breakfast:</b> Oatmeal, Pears &amp; Milk</p> <p><b>Lunch:</b> Meatloaf, Mixed Vegetables, Mashed Potatoes, Wheat Rolls, &amp; Milk</p> <p><b>PM Snack:</b> Saltines, Cheese Slices &amp; Water</p>	<p style="text-align: right;">14</p> <p><b>Breakfast:</b> English Muffins w/ Cheese, Peaches &amp; Milk</p> <p><b>Lunch:</b> BBQ Chicken, Coleslaw, Baked Beans, Cornbread &amp; Milk</p> <p><b>PM Snack:</b> Veggie Straws, Craisins &amp; Water</p>	<p style="text-align: right;">15</p> <p><b>Breakfast:</b> Cinnamon Toast, Mandarin Oranges &amp; Milk</p> <p><b>Lunch:</b> Sun Butter &amp; Jelly Wheat Roll-Ups, Green Beans, Apple Slices, &amp; Milk</p> <p><b>PM Snack:</b> Chex Mix, Pears &amp; Water</p>
<p style="text-align: right;">18</p> <p><b>Breakfast:</b> Cheerios, Bananas &amp; Milk</p> <p><b>Lunch:</b> Spaghetti w/ Meat Sauce, Sweet Peas, Tossed Salad &amp; Milk</p> <p><b>PM Snack:</b> Chex Mix, Apple Slices &amp; Water</p>	<p style="text-align: right;">19</p> <p><b>Breakfast:</b> Biscuits, Mandarin Oranges &amp; Milk</p> <p><b>Lunch:</b> Chicken Enchilada Bake with Tomatoes, Rice, Black Beans, Corn &amp; Milk</p> <p><b>PM Snack:</b> Wheat Thins, Pepperoni Slices, &amp; Water</p>	<p style="text-align: right;">20</p> <p><b>Breakfast:</b> Oatmeal, Blueberries &amp; Milk</p> <p><b>Lunch:</b> Ground Turkey Chili w/ Beans, Saltine Crackers, Orange Slices, &amp; Milk</p> <p><b>PM Snack:</b> Graham Crackers, Sun Butter, &amp; Water</p>	<p style="text-align: right;">21</p> <p><b>Breakfast:</b> Waffles, Peaches, &amp; Milk</p> <p><b>Lunch:</b> Chicken &amp; Rice Casserole, Lima Beans, Carrots &amp; Milk</p> <p><b>PM Snack:</b> Vanilla Wafers, Mixed Fruit &amp; Water</p>	<p style="text-align: right;">22</p> <p><b>Breakfast:</b> Cheese Toast, Pineapple, &amp; Milk</p> <p><b>Lunch:</b> Hamburger, Baked Fries, Cole Slaw &amp; Milk</p> <p><b>PM Snack:</b> Gold Fish, Craisins &amp; Water</p>
<p style="text-align: right;">25</p> <p><b>Breakfast:</b> Rice Krispy Cereal, Bananas &amp; Milk</p> <p><b>Lunch:</b> Macaroni &amp; Cheese w/ Diced Ham, Broccoli, Mixed Greens Salad &amp; Milk</p> <p><b>PM Snack:</b> Veggie Straws, Raisins, &amp; Water</p>	<p style="text-align: right;">26</p> <p><b>Breakfast:</b> Grits, Turkey Bacon, &amp; Milk</p> <p><b>Lunch:</b> Chicken Noodle Soup, Apple Slices, Saltine Crackers, &amp; Milk</p> <p><b>PM Snack:</b> Animal Crackers, Pineapple &amp; Water</p>	<p style="text-align: right;">27</p> <p><b>Breakfast:</b> Muffins, Strawberries &amp; Milk</p> <p><b>Lunch:</b> Beef Tacos, Shredded Lettuce, Cheese, Refried Beans, Corn &amp; Milk</p> <p><b>PM Snack:</b> Fruit Bars &amp; Water</p>	<p style="text-align: right;">28</p> <p><b>Breakfast:</b> Pancakes, Applesauce &amp; Milk</p> <p><b>Lunch:</b> Cheese Pizza, Carrots, Pears &amp; Milk</p> <p><b>PM Snack:</b> Cheese Its, Craisins &amp; Water</p>	<p style="text-align: right;">29</p> <p><b>Breakfast:</b> Toast w/ Grape Jelly, Mandarin Oranges, &amp; Milk</p> <p><b>Lunch:</b> Sloppy Joe Sandwiches, Baked French Fries, Green Beans &amp; Milk</p> <p><b>PM Snack:</b> Cereal Bars &amp; Water</p>
<p>The following alternate fruits and/or vegetables will be served to children in our Seedlings, Sprouts, and Little Buds classrooms:</p> <ul style="list-style-type: none"> <li>*Applesauce instead of sliced apples</li> <li>*Mixed vegetables instead of tossed salad</li> <li>*All children under the age of 3 will be served diced carrots instead of raw baby carrots.</li> </ul> <p>&gt;Water will be offered throughout the school day</p> <p>&gt;While we try to adhere to this menu, sometimes there are some unforeseen circumstances that occur that result in changes.</p>				