

## Speech and Debate Tournament Packing List

### Competition Materials

- 4 x 6 black hardback 3-ring binder containing a laminated/sheet protected, typed copy of your script. (You might want to bring an extra notebook with another copy of your piece as a back up.)
- Pen and paper
- Watch to stay on time (Do not depend on cell phone.)
- Money to cover snacks, meals and souvenirs
- Protein bar or similar snacks and water bottle in case you don't have time to go eat between rounds
- Ladies may want an extra set of comfortable shoes to wear between rounds.

### Competition Clothing:

**Two** suits or outfits of business attire for competition:

- Gentlemen: dress shirt, slacks, sports coat, dress shoes, dark socks, tie, watch
- Ladies: conservative blouse and skirt/ business dress, blazer, conservative jewelry and hair accessories, watch, conservative dress shoes

### Other Items

- Toiletries (shampoo/conditioner/misc. hair products/brush/comb, toothpaste/brush, deodorant, personal hygiene items, medications, contacts/solution, make-up, etc.)
- Casual, school-appropriate clothing for downtime - shorts/jeans, shirts/sweaters, comfortable shoes, underwear and socks, jacket (Pay attention to the weather.)
- PJs, robe, slippers
- Amusement or homework for the bus ride
- Umbrella (optional)
- Iron (optional - most hotels have them)