

## Entrees

### Braised Short Rib - \$24.00

Braised beef short rib in a herb BBQ demi glaze, served with roasted potatoes and grilled vegetables

### Beef Bourguignon - \$19.50

Stewed Beef with bacon, pearl onions, mushrooms and carrots in a rich red wine sauce with a side of roasted potatoes

### Salmon - \$23.50 **G**

Grilled Salmon topped with lemon and dill pesto served with rice and grilled vegetables

### Thai Chili Chicken Bowl - \$19.00 **G**

Fresh mixed sauteed vegetables mixed with chicken in a Thai chili sauce on top of rice noodles

### Lamb Shank

1 Shank - \$23.00      2 Shank - \$32.00

Braised lamb shank served with herb gravy, roasted potatoes and sauteed vegetables

### BBQ Ribs

1/3 Rack - \$15.50    2/3 Rack - \$20.50    Full Rack - \$26.00

Slowly braised side ribs marinated in our own signature rub and finished on the grill with our house made caramelized BBQ sauce served with hand cut fries

### Chicken Parmesan - \$20.00

Hand breaded chicken topped with our house made tomato sauce and mixed cheese on a bed of linguine tossed in tomato sauce

### Stir Fry

Fresh mixed sauteed vegetables stir fried with teriyaki and soya sauce on a bed of steamed rice and garnished with pea sprouts

**Vegetarian - \$16.50**

**Chicken - \$18.50**

**Shrimp - \$20.50**

**Gluten free on request**

## Pasta

**All pastas except Mac and Cheese can be made with gluten free penne - add \$1.50**

### Grilled Vegetable Penne - \$17.50 **V**

Mixed grilled vegetables tossed with penne in a garlic pesto cream sauce

**Add: Spicy Italian Sausage \$6.00, Chicken \$6.00, or Black Tiger Shrimp \$9.50**

### Black Tiger Shrimp Linguine - \$20.00

Sauteed black tiger shrimp, fresh garlic, diced tomatoes and onions in a rose sauce tossed with linguine

### Jambalaya Pasta - \$20.00

Caramelized onions, grilled peppers, sausage, chicken and shrimp tossed with linguine in a smokey spicy tomato sauce

### Twisted Creamy Mac and Cheese - \$17.50 **V**

Topped with bread crumbs

**Add: Bacon \$3.00, Spicy Italian Sausage \$6.00, Chicken \$6.00, Baby Shrimp \$8.00 or Pulled Pork \$7.50**

### Creamy Chicken Penne - \$18.00

Sauteed onions, garlic and mushrooms with lightly seasoned sliced chicken breast tossed in a garlic cream sauce with penne

### Spicy Italian Penne - \$18.00

Sauteed Italian sausage, peppers, onions and chili flakes tossed with penne in a vodka tomato sauce

**V=vegetarian    G=gluten free**

December 2018

# TWISTED FORK



Restaurant & Catering