

REIKI IS IDEAL FOR ANIMALS

Reiki is safe and comfortable for animals because it is gentle, non-invasive, painless and stress-free. Animals are highly sensitive to the energies of their environments, and they respond intuitively to Reiki's power to heal physical illnesses and injuries, and emotional and behavioral issues. With Reiki, animals can remain in their familiar surroundings, and do not have to be transported, confined, restrained, or subjected to human touch—which makes for a more comfortable and stress-free experience for the animals.

Respectfully, Reiki is only given with the permission and acceptance of the animal. And the animal determines how the treatment will be given (hands-on or at a distance), and under what circumstances, including how much Reiki will be received, if any at all. Therefore, the animal retains a large degree of control over the Reiki session, and becomes an active and willing partner in their own healing process.

Since Reiki is energetic in essence, it is not bound by time or space, and can be sent across a distance—across a room or across the world. Distant healing is very effective and can be preferable to hands-on treatments in some instances, depending upon the animal's location and circumstances. Because animal Reiki sessions are not dependent upon physical contact for success, they are ideal for use with shelter animals, sanctuary or zoo animals, and wildlife. Animals who are fearful, aggressive, abused or traumatized can be treated safely and comfortably with Reiki from a distance.

REIKI RESOURCES

Reiki research and clinical studies:

The National Institute for Health's (NIH) National Center for Complementary and Alternative Medicine at <http://nccam.nih.gov>

More information about Animal Reiki:

- **All Animal Reiki, LLC**
Read "An Introduction to Animal Reiki"
www.AllAnimalReiki.com
- **Animal Reiki Alliance**
www.AnimalReikiAlliance.com
- **Animal Reiki Source**
www.AnimalReikiSource.com
- **Shelter Animal Reiki Association**
www.ShelterAnimalReikiAssociation.org

All Animal Reiki, LLC

Offers Animal Reiki to ALL animals, in ALL situations and environments—*worldwide*.

- **In-Person Animal Reiki Sessions** are available within a 20 mile radius
- **Distant Animal Reiki Sessions** are available worldwide
- **Free Animal Reiki Sessions** are provided to non-profit animal shelters, animal rescues, wildlife centers and sanctuaries

www.AllAnimalReiki.com

Phone: +1.540.327.8471

(By appointment only)



"Reiki is love and compassion"



The Healing and
Transformative
POWER of REIKI
For ALL Animals

(NOTE: Reiki should never be used exclusively as a substitute for quality, professional veterinary care.)

WHAT IS REIKI?

Reiki is a gentle, non-invasive, stress-free, holistic, complementary and alternative healing practice which promotes overall health and well-being. The word “Reiki” translates to “Universal Life Force Energy.” It refers to the energy that makes up all things in the universe, and energizes and animates all living beings.

When our energy is out of balance, the result is often stress, illness or pain. Many animals’ ailments stem from their bodies (energy) being out of balance due to stress, injury, trauma, or emotional issues. A Reiki practitioner serves as a conduit for the flow of the Reiki energy to the animal, “rebalancing” the animal’s own energy and allowing the animal to facilitate his or her own healing response, and to self-heal.

Much research has been conducted regarding the efficacy of Reiki as part of the total healing process. The National Institute for Health’s National Center for Complementary and Alternative Medicine has conducted research, finding that Reiki is associated with: reduced pain and inflammation, reduced tumor sizes, improved immune indicators, decreased heart rate and improved blood pressure, reduced anxiety, and increased well-being.

Reiki for humans is successfully utilized as a supportive healing modality in many hospitals, cancer clinics, and other medical settings within the U.S., and several parts of the world. As knowledge of human Reiki’s successes and benefits spreads, more and more animal caregivers are seeking out Reiki as a healing support system for their beloved animals.

BENEFITS OF ANIMAL REIKI

- Maintains health and well-being on the physical, mental and emotional levels
- Induces deep relaxation and stress-relief
- Accelerates healing in sick or injured animals, or animals recovering from surgery
- Helps reduce pain and inflammation
- Helps reduce behavior issues, fear and trust issues, anxiety and aggression
- Helps abused animals heal from past mental/emotional and physical trauma
- Complements and enhances conventional and alternative therapies
- Lessens the side-effects of medications and medical treatments
- Increases the bond between human and animal, and eases the transition to a new home or enhances training
- Brings peace and comfort to a dying animal, easing the transition into death



WHAT TO EXPECT DURING A REIKI SESSION

Reiki sessions can be conducted “in-person” or from a distance. Distant Reiki Sessions are just as effective, and may be preferable. Since the essence of Reiki is energetic harmony and balance, it always goes directly to those issues most in need of healing, even those issues unknown to the practitioner.

During an In-person Session, Reiki may be offered to an animal from several feet away. The animal is allowed to come forward to receive “hands-on” treatment if he or she is open to it. Some animals will place certain body parts into the hands of the practitioner to show where healing is needed most. Other animals will lie down and fall into a deep “Reiki nap.” The most common (temporary) healing responses to an In-person or Distant Reiki Session are drowsiness or induced sleep, increased water consumption, and increased elimination. It is best to schedule Reiki sessions appropriately to accommodate the potential healing responses, especially for performance and service/working animals.

For more information, and scheduling, visit:
www.AllAnimalReiki.com

* Reiki should never be used exclusively as a substitute for quality, professional veterinary care. Animal Reiki practitioners do not diagnose conditions, prescribe or perform medical treatments, or interfere with the treatment of a licensed medical professional. Animal Reiki practitioners work in partnership with animal healthcare providers, animal welfare organizations, and practitioners of other healing disciplines.