

18th Sunday in Ordinary Time - Year B

4th August - 5th August 2018

First Reading: Exodus 16:2-4, 12-15

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" 'And so it came about quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord.

Responsorial Psalm: Ps 77:3-4,23-25,54

R/ The Lord gave them bread from heaven.

Second Reading: Ephesians 4:17, 20-24

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, the goodness and holiness of the truth.

The Word of the Lord.

Gospel Acclamation: Mt 4:4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. **Alleluia!**

Gospel: John 6:24-35

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat, Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life, he who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.



Sacred Heart Parish Preston

322 Bell St, Preston 3072

Parish Contacts: Phone: (03) 9480 3398 Or (03) 9484 2124

Email: preston@cam.org.au Website: www.sacredheartpreston.com.au



18TH SUNDAY IN ORDINARY TIME - YEAR B 4th August - 5th August 2018

You Are A God –send!

A young woman was diagnosed with cancer. Alone in a new country and abandoned by her partner who she'd met via the 'net', she delayed treatment until her mother could join her and be her support during the intensive treatment to follow. She came through chemo but not without some debilitating side effects. Her mother stayed with her, through depression, physical struggle, outbursts of frustration and expressed helplessness. Living on a single income with huge rent to pay, theirs was a day to day struggle. Mother was ever by her side quietly saying "Trust in God"

Some local people heard of her situation and began to give support in small and different ways. Living frugally, they never expected more than what day to day survival required; they were assisted with food, bills, driven to medical appointments etc. gradually connecting with the community. The daughter became more confident in her ability to manage their daily affairs and they looked for ways of sharing their experience and the little they had with others. When a visitor came one day, the mother in tears said, "I told my daughter, "Trust in God!" - And to the visitor she said, "You are a God-send!" Mum saw beyond the obvious.

John's gospel today tells what takes place after the crowds ate the multiplied bread Jesus had fed them, because they were hungry. But Jesus reminds them that even though their immediate hunger is satisfied, they must look beyond their immediate physical comforts and put their efforts into deepening their relationship with their God. When Jesus calls himself the 'Living Bread' sent from heaven and parallels it to God raining manna upon His people wandering in the desert, His message to them is that He, through in His life, teaching, healing and selfless giving is the presence of the Love of God in their world now: He is the food that enriches – 'the God send' - that channels the Father's God's love and peace to reconnect each person with their God within and beyond the trials, suffering, losses and struggles that life brings.

Jesus challenged those who sought Him out to look beyond the obvious of perceiving Him as a miracle worker, satisfying their physical needs. He challenged them to see their lives, their neighbours and our world with eyes of faith and He challenges us in the very same way. In the past we may have been caught up with concerns about doing deeds to win God's favour, or doing enough to get into 'heaven'.

As we gather to share the Eucharist today, let us be aware that we who gather as one body are giving thanks for the life of God's love made present to us through Jesus, that we may be 'God-sends' of this Love to others.



Office Hours:

Tuesday to Friday
10.00am - 12.30pm

Acting Parish Priest:

Fr Elmer Ibarra, SVD

Priests in Residence:

Fr Ennio Mantovani SVD

Fr Phuong Vu SVD, La Trobe

University Chaplain

Parish Office: Cristina Agius

School Principal: Mark Tierney

School Phone: 9484 3514

Sacrament Co-ordinator:

Judeline Wadhvani

Child Safety Officer:

Judeline Wadhvani

Contact: 0490660787

judeline.wadhvani@gmail.com

Parish Council Members:

Catherine Zanatta (chairperson),

Kay Dufty (secretary), Gerard

Grant, Ophelia Swai, Anisasio

(Pauline) Veamatahau, Mark

Tierney, Timothy Nolan,

Fr Jan Szweda SVD

Parish Mass Schedule

WEEKEND MASSES:

Saturday: 6:00pm

Sunday: 9:00am (Italian),
10:30 am, 6:00 pm

WEEKDAY MASSES:

Monday to Friday: 9.10am

Healing Mass: 1st Thursday of
the month at 1.30pm

DEVOTIONAL PRACTICES:

Adoration of the Blessed

Sacrament: Wednesday after
9.10am Mass

Holy Rosary:

Thursday
(English) & Friday (Italian) after
9.10am Mass

Legion of Mary:

Thursday
7.30pm, in the Presbytery

Reconciliation:

Weekdays: 30 minutes before
Mass or by appointment

Baptisms & Weddings:

By appointment only

Our Church - A Safe Community
A Shared Commitment

Child Safety Documents

At Sacred Heart Parish, we launched our Child Safety Policy and Code of Conduct documents and ensure that Child Safety is on the agenda for every Parish Council meeting.

Documents available on our website at:
www.sacredheartpreston.com.au

Today's Reflection

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." EXODUS 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

SACRED HEART PRIMARY SCHOOL

Dear Parishioners and Visitors to Sacred Heart Parish

I would like to introduce you to our parish school, Sacred Heart Primary School.

Our school population is as vibrant and diverse as the suburb it is situated in, and we honour that rich diversity by providing a learning environment that is inclusive, proactive and innovative. Our school mantra, "Our students are at the heart of everything we do", is the foundation upon which every decision is made.

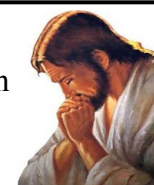
For more information visit:

<http://www.shpreston.catholic.edu.au>

MEDITATION ON JESUS

John 15:4; "Remain in me, and I remain in you..."

Galatians 2:20; "No longer I who live, but Christ lives in me..."



One Day Retreat: 9.30am - 4pm
Saturday 29th September

5 day Retreat:
August 20th-24th, 2018 (Mon. 9.30am - Fri.4pm)

Meditation on Jesus through breathing exercises and gentle postures, cleanses and heals...

Body, mind and soul.

Guided by Fr. Gilbert Carlo, SVD

At: Janssen Spirituality Centre, 22 Woodvale Rd, Boronia, Victoria 3155.

RSVP Tel: 03 9762 6625 or

Email: enquiries@janssencentre.org or gilbertcarlo@gmail.com
www.janssencentre.org



Communion Commitment Mass

Sunday 5th August - 10.30am

Prayer for Children



Dear Lord, we pray for these young children in our parish community as they prepare to receive the Sacrament of the Eucharist. Help us to show a good example to them as they learn more about you and our church through our community. Amen.

WE PRAY FOR:

The elderly and the sick and those recommended to our prayers

Sebastiano Addamo, Rosetta Chiodo, Concetta Coniglione, Rosario Coniglione, Salvatore Coniglione, Angela Giarrusso, Michelle Lareservee (18th Anni.), Angela Palermo, Gabriele Tamburrini & Rodeny Ward (2nd Anni.)

O Lord, may perpetual light shine upon them. May they rest in peace. Amen.

WORKSHOP:
MINISTRY OF COMMUNION TO THE SICK

Thursday 9th August, 11am-1.30pm (registration from 10.30am)
Cathedral Room, Cardinal Knox Centre, 383 Albert Street, East Melbourne

A MESSAGE FROM THE ARCHBISHOP'S OFFICE FOR EVANGELISATION: MINISTRY OF COMMUNION TO THE SICK WORKSHOP POSTPONED

Thank you to those who showed an interest in the Ministry of Communion to the Sick Workshop scheduled for Thursday 9 August. After much consultation, we have decided to postpone this event to another time in 2019. We apologise for any inconvenience this may cause and we will be in touch with attendees to organise a full refund. Please do not hesitate to contact Suzanne Hermon at our Office on 9926 5761 if you have any enquiries.

DATES TO REMEMBER

Wednesday 15th August:

Assumption of the Blessed Virgin Mary - 7.30pm

Thursday 6th September: Healing Mass - 1.30pm

Sunday 16th September:

Sacrament of First Holy Communion - 10.30am



NEW MASS TIMES PLANNER

A new website to find mass times and locations across the entire Archdiocese of Melbourne is available. You can find masses near you by location or language and read the latest news from *Melbourne Catholic*.

Details: <http://masstimes.melbournecatholic.org.au/>

VOLUNTEERS NEEDED

Can you spare an hour each week to visit a newly arrived refugee or migrant to help them learn English? There are isolated people across Melbourne who need your help to settle into their new communities in Australia. Melbourne Adult Migrant English Program (AMEP) is currently seeking volunteers. Tutors work one-on-one with students, or in small groups if you'd prefer to work as a team. Free training and support is provided and will commence in August.

Details: www.melbourneamep.com.au/volunteer/

Contact: 9269 1514 or

amepvts@melbournepolytechnic.com.au

Next weekend 12th August, there will be a special collection for:

CATHOLICCARE

Last Week's Collection: 29/07/18

1st Collection for our Church: \$1201.60

2nd Collection for support of clergy: \$603.10

Thank you for your kind generosity!



ST MARY OF THE CROSS MACKILLOP
FEAST DAY

Wednesday 8th August, 12.30pm

Mary MacKillop Heritage Centre, 362 Albert Street, East Melbourne

Join the Sisters of St Joseph of the Sacred Heart in feast day celebrations of St Mary Mackillop. Mass will be celebrated at 12.30pm with light refreshments to follow.

Cost: Free

Contact: admin.mmhc@sosj.org.au or 9926 9300

DOWNLOAD FLYER AT THIS LINK: <http://www.cam.org.au/portals/0/2018/ParishUpdateFlyers/PU28/FeastDayStMaryMacKillop.pdf>



Volunteer with Palms Australia
- Teachers always required!

Palms Australia East Timor needs Teachers - Ready to take your skills to new heights in the mountains of Timor? Contact Christine on 02 9560 5333.

The parish and school community of Hatubulico have requested two volunteers:

A secondary Teacher/Mentor and

A Community Development Mentor

For more opportunities, visit www.palms.org.au/volunteer

Can't commit just yet but would like a look? Try a short Encounter tour to Timor Leste or Samoa - Call us 02 9560 5333 or got to palms.org.au/encounters

Cleaning Roster: Saturday 11th August 2018



Rebecca/Belinda

Thank you for your time!

Roster for weekend of 11th - 12th August 2018

	Readers	Ministers
Sat 6.00pm	Peter Hudson Renato Tonini	Mary Harb Charlotte Bainy
Sun 9.00am (Italian)	Tamburrini M. Paiano T.	Recchia I. Roda G.
Sun 10.30am	Anne Stuart Judeline Wadhvani	Tony Eley George Mc Brien
Sun 6.00pm	Peter Constable Carolina Constable	Damian Casamento