


# ANTONINE SISTERS ADULT DAY CARE CALENDAR

# FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Bingo</b>  Exercise	<b>2 Ground Hog Day</b> - Early Spring??? Ground Hog Trivia  Exercise	<b>3 Valentine Scenes to color</b>	<b>4 Toss the Ball &amp; Talk</b>  Exercise	<b>5 MOVIE</b>  Exercise	
	<b>8 Valentine Craft</b>  Exercise	<b>9 Whiteboard Activities</b> (Valentine Trivia)  Exercise	<b>10 Bowling</b>  Exercise	<b>11 BINGO</b>  Exercise	<b>12 Valentine Cards</b>  Exercise	
	<b>15 50 Dig a Little Deeper Questions for Discussion</b>  Exercise	<b>16 BINGO</b>  Exercise	<b>17 Kick Ball</b>  Exercise	<b>18 Whiteboard Activities</b>  Exercise	<b>19 MOVIE</b>  Exercise	
	<b>22 Presidents' Day Trivia</b>  Exercise	<b>23 Parachute Activities</b> (Balance ball on chute)  Exercise	<b>24 BINGO</b>  Exercise	<b>25 MOVIE</b>  Exercise	<b>26 Joke Day</b>  Exercise	<b>27</b>
<b>28</b>						