



POST-TREATMENT INSTRUCTIONS FOR CLINICAL NEEDLING

Even though the outer layer of skin will heal and peel within 7 days or so, there will be healing that takes place on a deeper level that you cannot see.

It will take approximately 30 days for the complete process of healing to occur.

Depending on the area(s) being treated, you may require multiple treatments.

Be patient with the process!

- There will be a light pink-red color to your skin right after the treatment. This is normal.
- Keep a very thin layer of SNT Solution or pure Vitamin E oil on the area treated and reapply as it feels dry. You will need to do this until the initial healing process is complete. This may take up to 7 days.

Do not let the area dry out!

- The area treated will begin to lightly peel. This is part of the process and should occur. Once this occurs, you will no longer have to keep the SNT Solution or Vitamin E oil on the area.
- Do not use any make-up on or near the area treated until the initial healing and peeling is complete.
- For any initial swelling, you can use crushed ice or frozen peas in a ziploc bag. Make sure you wrap with a soft paper towel or kleenex. Apply for 20 minutes on/off as needed during your first 24 hours. Do not leave on longer than 20 minutes at a time.

Some clients have chosen to use Ibuprofen or Tylenol for mild discomfort and Arnica Montana for bruising and swelling.

Please check with your doctor before taking ANY medications over-the-counter or prescription.

****Please contact your doctor immediately if you have prolonged pain and redness around the area worked on or if you begin running a fever greater than 101 degrees****