



# MBCA LUNCH MENU

# NOV

<b>MON</b> <b>\$550</b>	<b>TUE</b> <b>\$250 8oz</b> <b>\$450 16oz</b>	<b>WED</b> <b>\$300=1</b> <b>\$600=2</b> <b>\$150 BREAD</b>	<b>THU</b> <b>\$550</b>	<b>FRI</b> <b>\$250=1 \$450=2</b> <b>\$650=3</b>
<b>4</b> Brownstew CHICKEN WITH RICE & VEG	<b>5</b> Beef and Red Peas Soup	<b>6</b> BEEF OR CHICKEN PATTY OR COCO BREAD	<b>7</b> FRIED CHICKEN WITH RICE & PEAS & VEG	<b>8</b> CHEESE OR PEPPERONI PIZZA
<b>11</b> Curried CHICKEN WITH RICE & VEG	<b>12</b> CHICKEN and Pumpkin SOUP	<b>13</b> BEEF OR CHICKEN PATTY OR COCO BREAD	<b>14</b> FRIED CHICKEN WITH RICE & PEAS & VEG	<b>15</b> CHEESE OR PEPPERONI PIZZA
<b>18</b> Brownstew CHICKEN WITH RICE & VEG	<b>19</b> Beef and Red Peas Soup	<b>20</b> BEEF OR CHICKEN PATTY OR COCO BREAD	<b>21</b> FRIED CHICKEN WITH RICE & PEAS & VEG	<b>22</b> CHEESE OR PEPPERONI PIZZA
<b>25</b> Curried CHICKEN WITH RICE & VEG	<b>26</b> CHICKEN and Pumpkin SOUP	<b>27</b> BEEF OR CHICKEN PATTY OR COCO BREAD	<b>28</b> FRIED CHICKEN WITH RICE & PEAS & VEG	<b>29</b> CHEESE OR PEPPERONI PIZZA