



A reminder about your yoga environment!

During every class you can feel air being exchanged by the heating/cooling system cleaning the air in the studio and killing germs.

We had a commercial Ultraviolet Air Purifier installed. Scientists have known for many years now that natural sunlight is the most effective way to purify air.

The ultraviolet rays that make up part of the sun's light spectrum accomplish this by destroying microorganisms by scrambling their DNA structure, which prohibits reproduction and renders them harmless.

The Sannvox Ultraviolet Air Purification system at the studio contains UV lamps that destroy microbes from communicable diseases such as influenza, common colds, measles, and TB. UV treatment also destroys molds viruses, and bacteria.

We had a second purification system installed that removes odors and cleans the air and fabrics in the bolsters, belts, mats and blocks.

The Air-Zone Air Purifier XT-6000 also removes any mold and sets proper ozone levels. This system operates a couple of times a week when no one is in the studio.

The combination of exterior/interior airflow also helps keep the studio comfortable and fresh as does the natural healthy qualities of the solid maple wood floor that is swept daily and mopped weekly.